

Pl	nr.	Navn	Tid															
D-12 (1)				1(73) Mål	3,1 km 0 Hm			14 K		6(112)	7(113)	8(114)	9(115)	10(126)	11(122)	12(116)	13(111)	14(100)
1	3	Katrine Krogh Mads OK Roskilde	46:52	2:10 2:10 46:52 0:46	2:56 0:46	5:34 2:38	15:38 10:04	17:23 1:45	20:05 2:42	22:38 2:33	32:27 9:49	35:20 2:53	36:57 1:37	38:34 1:37	40:17 1:43	42:36 2:19	46:06 3:30	
D-16 (2)				1(61) 15(45)	6,6 km 0 Hm			23 K		6(36)	7(39)	8(38)	9(65) 23(100)	10(74) Mål	11(41)	12(42)	13(107)	14(44)
1	5	Alberte Kaae-Nielse Søllerød OK	1:02:57	4:50 4:50 38:27 1:51	6:44 1:54 42:46 4:19	9:12 2:28 45:27 2:41	11:06 1:54 50:51 5:24	13:02 1:56 54:50 3:59	15:59 2:57 56:49 1:59	19:00 3:01 59:11 2:22	20:32 1:32 59:46 0:35	23:45 3:13 1:02:38 2:52	25:11 1:26 1:02:57 0:19	28:07 2:56	31:00 2:53	32:28 1:28	36:36 4:08	
2	1	Peter Sørensen PI-København	1:17:37	4:16 4:16 51:28 1:51	13:23 9:07 56:06 4:38	15:35 2:12 59:25 3:19	18:26 2:51 1:04:50 5:25	20:54 2:28 1:08:45 3:55	24:06 3:12 1:11:19 2:34	26:44 2:38 1:13:42 2:23	28:24 1:40 1:14:35 0:53	31:40 3:16 1:17:20 2:45	33:19 1:39 1:17:37 0:17	36:56 3:37	40:56 4:00	45:00 4:04	49:37 4:37	
D21- (6)				1(62) 15(125)	10,0 km 0 Hm			27 K		6(78)	7(94)	8(88)	9(79)	10(80)	11(92)	12(81)	13(90)	14(91) Mål
1	8	Vera Mullerova Amager OK	1:21:46	2:46 2:46 47:19 1:51	6:35 3:49 50:17 2:58	9:51 3:16 54:10 3:53	11:04 1:13 55:34 1:24	14:11 3:07 1:03:16 7:42	16:49 2:38 1:05:33 2:17	23:40 6:51 1:07:16 1:43	26:42 3:02 1:08:51 1:35	31:30 4:48 1:11:02 2:11	34:03 2:33 1:14:26 3:24	35:49 1:46 1:19:19 4:53	39:52 4:03 1:20:28 1:09	43:21 3:29 1:21:28 1:00	45:28 2:07 1:21:46 0:18	
2	6	Hanne Fogh OK Sorø	1:25:59	1:47 1:47 48:03 3:06	6:50 5:03 51:32 3:29	10:08 3:18 55:51 4:19	11:23 1:15 57:24 1:33	14:40 3:17 1:06:18 8:54	17:25 2:45 1:08:19 2:01	24:21 6:56 19:10 1:45	26:14 1:53 1:11:45 1:41	31:17 5:03 1:14:32 2:47	34:39 3:22 1:18:32 4:00	36:24 1:45 1:23:39 5:07	39:33 3:09 1:24:43 1:04	42:47 3:14 1:25:43 1:00	44:57 3:14 1:25:59 0:16	
3	10	Astrid Thomsen Holbæk OK	1:33:43	2:02 2:02 54:34 2:38	7:07 5:05 57:45 3:11	10:39 3:32 1:01:54 4:09	12:12 1:33 1:03:17 1:23	15:58 3:46 1:11:19 8:02	19:10 3:12 1:13:42 2:23	27:01 7:51 1:15:23 1:41	30:26 3:25 1:17:17 1:54	36:42 6:16 1:20:03 2:46	39:51 3:09 1:23:40 3:37	41:38 1:47 1:30:30 6:50	44:32 1:47 1:32:21 1:51	49:28 2:54 1:33:28 1:07	51:56 2:28 1:33:43 0:15	
4	9	Marie Sofie Møller Lyngby OK	1:42:43	2:43 2:43 57:22 2:22	8:23 5:40 1:00:51 3:29	12:23 4:00 1:06:44 5:53	13:51 1:28 1:08:28 1:44	17:53 4:02 1:18:11 1:44	21:25 3:32 1:21:54 3:43	30:10 8:45 1:23:55 2:01	32:53 2:43 1:25:37 1:42	38:02 5:09 1:29:45 4:08	41:25 3:23 1:33:43 3:58	43:59 2:34 1:39:25 5:42	47:22 3:23 1:41:12 1:47	52:00 4:38 1:42:26 1:14	55:00 3:00 1:42:43 0:17	
5	7	Katrine Vangsgaard Lyngby OK	2:04:54	3:25 3:25 1:11:04 2:35	13:27 10:02 1:15:54 4:50	20:16 6:49 1:20:25 4:31	22:10 1:54 1:22:37 2:12	26:57 4:47 1:32:16 9:39	30:33 3:36 1:35:25 3:09	38:54 8:21 1:38:05 2:40	43:15 4:21 1:39:57 1:52	49:46 6:31 1:48:26 8:29	53:34 3:48 1:54:58 6:32	55:50 2:16 2:01:44 6:46	59:38 3:48 2:03:25 1:41	1:04:55 5:17 2:04:36 1:11	1:08:29 3:34 2:04:54 0:18	
6	11	Hana Uhlíkova Lyngby OK	2:05:08	3:21 3:21 1:16:00 3:34	11:38 8:17 1:20:09 4:09	16:57 5:19 1:24:42 4:33	18:47 1:50 1:26:31 1:49	23:53 5:06 1:36:00 9:29	28:16 4:23 1:38:59 2:59	38:21 10:05 1:41:19 2:20	42:06 3:45 1:43:47 2:28	49:22 7:16 1:47:35 3:48	53:50 4:28 1:53:12 5:37	58:28 4:38 2:01:11 7:59	1:03:49 5:21 2:03:31 2:20	1:08:40 4:51 2:04:50 1:19	1:12:26 3:46 2:05:08 0:18	
D40- (3)				1(61) 15(45)	6,6 km 0 Hm			23 K		6(36)	7(39)	8(38)	9(65) 23(100)	10(74) Mål	11(41)	12(42)	13(107)	14(44)
1	12	Anette Lindegård C Holbæk OK	1:35:22	5:05 5:05 57:39 2:30	12:44 7:39 1:03:08 5:29	14:50 2:06 1:07:29 4:21	22:01 7:11 1:14:54 7:25	25:09 3:08 1:21:07 6:13	28:26 3:17 1:27:35 6:28	31:35 3:09 1:30:43 3:08	33:21 1:46 1:31:31 0:48	37:06 3:45 1:35:03 3:32	39:05 1:59 1:35:22 0:19	44:33 5:28	47:56 3:23	49:59 2:03	55:09 5:10	
2	13	Mette Uhre Lang Amager OK	1:44:11	7:02 7:02 1:05:39 6:46	10:00 2:58 1:12:53 7:14	14:18 4:18 1:18:06 5:13	19:22 5:04 1:26:18 8:12	23:29 4:07 1:31:44 5:26	29:05 5:36 1:34:27 2:43	32:41 3:36 1:38:00 3:33	35:12 2:31 1:39:09 1:09	39:19 4:07 1:43:49 4:40	41:44 2:25 1:44:11 0:22	46:13 4:29	50:06 3:53	53:09 3:03	58:53 5:44	
	14	Dorthe Munktvad Allerød OK	Udgået	15:36 15:36 -----	19:38 4:02 -----	23:23 3:45 -----	27:49 4:26 -----	32:25 4:36 -----	39:35 7:10 -----	42:22 2:47 -----	43:57 1:35 -----	47:03 3:06 1:04:00 4:28	48:29 1:26 1:04:20 0:20	51:31 3:02	59:32 8:01	-----	-----	
D45- (3)				1(61) 15(45)	6,6 km 0 Hm			23 K		6(36)	7(39)	8(38)	9(65) 23(100)	10(74) Mål	11(41)	12(42)	13(107)	14(44)
1	16	Anne Kaae-Nielsen Søllerød OK	1:32:47	8:18 8:18 59:32 2:03	10:26 2:08 1:05:46 6:14	12:28 2:02 1:13:41 7:55	19:55 7:27 1:19:18 5:37	29:48 9:53 1:23:35 4:17	33:47 3:59 1:26:08 2:33	37:46 3:59 1:29:10 3:02	39:21 1:35 1:29:55 0:45	42:34 3:13 1:32:27 2:32	44:17 1:43 1:32:47 0:20	47:37 3:20	51:04 3:27 *75	52:48 1:44	57:29 4:41	
2	17	Lenette Schunk Sve Holbæk OK	1:35:26	5:05 5:05 58:34 2:48	10:02 4:57 1:04:33 5:59	12:42 2:40 1:11:10 6:37	16:18 3:36 1:18:04 6:54	19:11 2:53 1:23:57 5:53	27:34 8:23 1:27:03 3:06	31:37 4:03 1:30:19 3:16	33:40 2:03 1:31:30 1:11	37:39 3:59 1:35:07 3:37	39:51 2:12 1:35:26 0:19	43:28 3:37	46:04 2:36	49:28 3:24	55:46 6:18	
3	15	Sanne Lund Kolend Holbæk OK	1:52:00	5:36 5:36 1:07:04	15:02 9:26 1:18:21	17:53 2:51 1:24:13	20:30 2:37 1:33:06	23:34 3:04 1:38:18	29:32 5:58 1:43:10	33:04 3:32 1:46:50	35:42 2:38 1:48:07	40:05 4:23 1:51:38	42:41 2:36 1:52:00	46:46 4:05	51:28 4:42	56:07 4:39	1:03:38 7:31	

Pl	nr.	Navn	Tid														
D45- (3)				6,6 km 0 Hm			23 K		<i>(skrifttyper)</i>								
				1(61) 15(45)	2(83) 16(56)	3(33) 17(70)	4(34) 18(72)	5(63) 19(105)	6(36) 20(51)	7(39) 21(53)	8(38) 22(54)	9(65) 23(100)	10(74) Mål	11(41)	12(42)	13(107)	14(44)
				3:26	11:17	5:52	8:53	5:12	4:52	3:40	1:17	3:31	0:22				
D50- (5)				6,2 km 0 Hm			21 K										
				1(61) 15(69)	2(83) 16(56)	3(33) 17(70)	4(34) 18(71)	5(35) 19(50)	6(60) 20(52)	7(37) 21(100)	8(38) Mål	9(40)	10(106)	11(116)	12(107)	13(43)	14(97)
1	20	Annette Bonde Ballerup OK	1:04:21	3:57 3:57 2:29	6:26 2:29 1:40	8:06 1:40 1:59	10:05 1:59 2:54	12:59 2:54 3:28	16:27 3:28 3:12	19:39 3:12 3:30	23:09 3:30 4:52	28:01 4:06 1:49	32:07 4:06 1:19	33:56 1:49 2:43	35:15 1:19 2:43	37:58 2:43 4:45	42:43 4:45 4:45
1	22	Britt-Mari Bengtsso Lunds OK	1:04:21	45:12 2:29 4:26	46:57 1:45 2:29	50:16 3:19 3:11	53:45 3:29 2:18	58:11 4:26 2:43	1:02:28 4:17 2:57	1:04:02 1:34 2:53	1:04:21 0:19 2:56	28:46 4:53	32:39 3:53	34:20 1:41	35:38 1:18	38:11 2:33	42:09 3:58
3	19	Gitte Krogh Madsen OK Roskilde	1:38:36	2:34 7:27 1:11:43 4:21	1:39 5:03 1:13:54 2:11	3:55 20:30 1:20:23 6:29	3:17 8:00 1:24:33 4:10	4:14 2:47 1:29:44 5:11	4:20 33:15 1:36:18 6:34	1:52 37:48 1:38:16 1:58	0:21 41:58 1:38:36 0:20	48:00 6:02	52:31 4:31	55:02 2:31	57:04 2:02	1:01:54 4:50	1:07:22 5:28
	21	Maria Iben Sell-Pete Allerød OK	Fejlkl.	----- 51:38 2:34	8:13 53:17 1:39	12:51 56:28 3:11	14:37 59:49 3:21	17:16 1:04:46 4:57	21:49 1:09:27 4:41	24:54 1:11:04 1:37	28:16 3:22 0:17	33:31 5:15	37:40 4:09 6:01 *32	39:30 1:50 55:38 *46	41:42 2:12	44:49 3:07	49:04 4:15
	18	Gitte Grauert Ballerup OK	Udgået	10:05 10:05 -----	14:45 4:40 -----	18:43 3:58 -----	22:46 4:03 -----	29:06 6:20 -----	35:21 6:15 1:07:51 5:16	39:38 4:17 1:11:00 3:09	44:26 4:48 1:11:32 0:32	53:15 8:49	1:00:04 6:49	1:02:35 2:31	-----	-----	-----
D55- (5)				5,1 km 0 Hm			17 K										
				1(62) 15(96)	2(32) 16(105)	3(75) 17(100)	4(65) Mål	5(67)	6(106)	7(42)	8(107)	9(44)	10(45)	11(56)	12(58)	13(71)	14(59)
1	23	Siri Klausen Ballerup OK	1:05:04	3:34 3:34 1:00:51 2:54	11:09 7:35 1:03:26 2:35	16:21 5:12 1:04:43 1:17	20:04 3:43 1:05:04 0:21	24:06 4:02	26:32 2:26	29:31 2:59	32:36 3:05	37:30 4:54	40:34 3:04	46:45 6:11	47:56 1:11	53:40 5:44	57:57 4:17
2	25	Helle M. Frederikse Ballerup OK	1:18:31	2:29 2:29 1:14:37 7:58	15:34 13:05 1:17:10 2:33	20:45 5:11 1:18:15 1:05	24:42 3:57 1:18:31 0:16	28:02 3:20 1:03:43 *48	32:00 3:58	39:30 7:30	41:21 1:51	46:09 4:48	48:36 2:27	54:53 6:17	56:41 1:48	1:01:51 5:10	1:06:39 4:48
3	26	Birgitte Krüger Helsingør SOK	1:20:42	3:37 3:37 1:12:42 3:10	8:53 5:16 1:19:00 6:18	14:13 5:20 1:20:16 1:16	17:58 3:45 1:20:42 0:26	21:25 3:27	23:43 2:18	26:49 3:06	29:38 2:49	40:21 10:43	46:28 6:07	57:26 10:58	59:01 1:35	1:04:27 5:26	1:09:32 5:05
4	27	Hanne Frost Ballerup OK	1:30:09	3:38 3:38 1:22:27 5:05	11:59 8:21 1:27:59 5:32	17:36 5:37 1:29:46 1:47	22:13 4:37 1:30:09 0:23	27:04 4:51	31:35 4:31	33:28 1:53	36:21 2:53	43:06 6:45	47:03 3:57	54:52 7:49	56:27 1:35	1:04:08 7:41	1:17:22 13:14
5	24	Jette Kreiberg OK Roskilde	1:44:14	3:35 3:35 1:37:58 4:03	12:07 8:32 1:42:25 4:27	38:18 26:11 1:43:50 1:25	43:46 5:28 1:44:14 0:24	49:22 5:36	52:52 3:30 27:06 *63	56:21 3:29	1:00:05 3:44	1:07:07 7:02	1:11:18 4:11	1:19:36 8:18	1:22:20 2:44	1:29:56 7:36	1:33:55 3:59
D60- (4)				5,1 km 0 Hm			17 K										
				1(62) 15(96)	2(32) 16(105)	3(75) 17(100)	4(65) Mål	5(67)	6(106)	7(42)	8(107)	9(44)	10(45)	11(56)	12(58)	13(71)	14(59)
1	31	Eva Konring Olesen FIF Hillerød Oriente	1:08:14	6:47 6:47 1:03:26 2:56	14:56 8:09 1:06:39 3:13	22:43 7:47 1:07:55 1:16	26:24 3:41 1:08:14 0:19	30:32 4:08	32:51 2:19	34:42 1:51	37:43 3:01	42:46 5:03	45:05 2:19	50:43 5:38	51:58 1:15	57:09 5:11	1:00:30 3:21
2	29	Yvonne Toven Stora Tuna OK	1:09:09	2:43 2:43 1:03:17 3:06	8:58 6:15 1:07:47 4:30	14:54 5:56 1:08:50 1:03	19:01 4:07 1:09:09 0:19	23:46 4:45	26:09 2:23	28:07 1:58	31:12 3:05	36:20 5:08	43:21 7:01	47:44 4:23	49:01 1:17	56:02 7:01	1:00:11 4:09
3	28	Bodil M. Mortensen Ballerup OK	1:19:14	3:26 3:26 1:13:29 3:52	10:55 1:17:07 1:18:50 3:38	19:25 1:19:14 1:43 1:43	24:27 1:19:14 0:24	29:22 4:55	32:04 2:42	34:39 2:35	37:50 3:11	44:42 6:52	47:25 2:43	55:00 7:35	56:34 1:34	1:03:06 6:32	1:09:37 6:31
4	30	Liselotte Andersen Ballerup OK	1:56:29	4:00 4:00 1:50:09 4:25	32:41 28:41 1:54:30 4:21	40:08 7:27 1:55:59 1:29	45:32 5:24 1:56:29 0:30	50:51 5:19	53:58 3:07	1:01:35 7:37	1:05:19 3:44	1:13:50 8:31	1:23:48 9:58	1:32:41 8:53	1:34:42 2:01	1:41:46 7:04	1:45:44 3:58

Pl	nr.	Navn	Tid														
D65- (9)					3,8 km 0 Hm	15 K											
				1(61) 15(100)	2(41) Mål	3(106)	4(42)	5(43)	6(55)	7(45)	8(97)	9(57)	10(71)	11(72)	12(96)	13(52)	14(85)
1	34	Elsa Bratholm OK73	50:04	3:55 3:55 49:45 1:17	8:20 4:25 50:04 0:19	10:00 1:40	13:18 3:18	19:07 5:49	20:09 1:02	22:29 2:20	24:58 2:29	28:13 3:15	33:15 5:02	37:12 3:57	39:19 2:07	43:36 4:17	48:28 4:52
2	35	Inge Jørgensen OK Roskilde	51:50	4:08 4:08 51:31 1:16	9:26 5:18 51:50 0:19	13:17 3:51	17:37 4:20	22:31 4:54	23:20 0:49	27:11 3:51	28:42 1:31	33:12 4:30	36:57 3:45	40:30 3:33	42:39 2:09	46:29 3:50	50:15 3:46
3	39	Gerda Marie Christi Køge OK	57:44	10:55 10:55 57:25 1:23	19:42 8:47 57:44 0:19	21:17 1:35	23:19 2:02	29:24 6:05	30:37 1:13	33:24 2:47	36:05 2:41	39:33 3:28	43:18 3:45	46:25 3:07	48:39 2:14	53:46 5:07	56:02 2:16
4	32	Ane Veierskov OK Roskilde	58:42	5:39 5:39 58:20 1:39	11:42 6:03 58:42 0:22	13:54 2:12	16:53 2:59	22:03 5:10	23:16 1:13	26:27 3:11	28:39 2:12	32:28 3:49	41:25 8:57	46:07 4:42	48:46 2:39	54:11 5:25	56:41 2:30
5	38	Annie Bøving Micha Tisvilde Hegn OK	1:03:17	5:58 5:58 1:02:54 1:38	21:09 15:11 1:03:17 0:23	23:15 2:06	25:42 2:27	31:50 6:08	33:14 1:24	36:30 3:16	38:32 2:02	42:53 4:21	47:29 4:36	51:33 4:04	54:19 2:46	59:20 5:01	1:01:16 1:56
6	36	Birgit Berner Køge OK	1:03:55	6:49 6:49 1:03:35 1:30	18:27 11:38 1:03:55 0:20	21:54 3:27	25:07 3:13	31:10 6:03	32:34 1:24	35:46 3:12	37:59 2:13	42:19 4:20	48:02 5:43	52:11 4:09	54:44 2:33	59:54 5:10	1:02:05 2:11
7	37	Anne Bülow-Olsen Lyngby OK	1:04:14	9:15 9:15 1:03:52 1:35	16:02 6:47 1:04:14 0:22	18:21 2:19	20:51 2:30	29:33 8:42	30:53 1:20	33:37 2:44	35:41 2:04	40:11 4:30	45:44 5:33	50:05 4:21	54:01 3:56	59:58 5:57	1:02:17 2:19
8	33	Britt Bülow Malmö OK	1:20:59	6:09 6:09 1:20:32 2:36	14:09 8:00 1:20:59 0:27	30:36 16:27	35:02 4:26	41:34 6:32	43:04 1:30	46:42 3:38	49:07 2:25	54:11 5:04	59:35 5:24	1:04:59 5:24	1:08:28 3:29	1:15:05 6:37	1:17:56 2:51
	40	Anne Sørensen Helsingør SOK	e startet														

D70- (7)					3,5 km 0 Hm	11 K											
				1(62)	2(83)	3(42)	4(43)	5(44)	6(45)	7(57)	8(48)	9(50)	10(105)	11(100)	Mål		
1	45	Marianne Lykking OK73	49:18	3:40 3:40	11:30 7:50	16:20 4:50	22:24 6:04	25:48 3:24	29:04 3:16	34:48 5:44	39:13 4:25	43:19 4:06	47:30 4:11	48:56 1:26	49:18 0:22		
2	46	Kirsten Olsen Søllerød OK	53:43	3:23 3:23	14:58 11:35	20:01 5:03	25:18 5:17	29:23 4:05	32:06 2:43	39:04 6:58	43:00 3:56	48:06 5:06	52:11 4:05	53:21 1:10	53:43 0:22		
3	42	Lisbeth G. Larsen FIF Hillerød Oriente	55:10	5:31 5:31	14:11 8:40	19:13 5:02	25:42 6:29	28:50 3:08	33:40 4:50	41:08 7:28	45:10 4:02	49:33 4:23	53:24 3:51	54:51 1:27	55:10 0:19		
4	44	Ellen Thisted Søllerød OK	59:59	3:55 3:55	13:13 9:18	18:19 5:06	24:55 6:36	28:38 3:43	32:13 3:35	38:36 6:23	47:41 9:05	52:30 4:49	57:31 5:01	59:40 2:09	59:59 0:19		
5	41	Inge Madsen OK73	1:03:36	4:30 4:30	18:51 14:21	23:43 4:52	32:38 8:55	35:48 3:10	38:20 2:32	43:47 5:27	46:59 3:12	51:08 4:09	55:10 4:02	1:03:14 8:04	1:03:36 0:22		
6	43	Henny Rosenberg OK73	1:19:06	4:47 4:47	16:10 11:23	22:31 6:21	30:54 8:23	40:14 9:20	45:18 5:04	54:59 9:41	1:01:59 7:00	1:08:47 6:48	1:16:35 7:48	1:18:34 1:59	1:19:06 0:32		
7	47	Ulla Valnert OK73	1:24:49	4:23 4:23	16:41 12:18	25:48 9:07	32:35 6:47	36:52 4:17	40:19 3:27	50:38 10:19	1:07:07 16:29	1:16:13 9:06	1:22:52 6:39	1:24:20 1:28	1:24:49 0:29		

D75- (2)					3,5 km 0 Hm	11 K											
				1(62)	2(83)	3(42)	4(43)	5(44)	6(45)	7(57)	8(48)	9(50)	10(105)	11(100)	Mål		
1	49	Grethe Tetens Søllerød OK	2:31:08	7:08 7:08	25:18 18:10	42:27 17:09	53:55 11:28	1:01:23 7:28	1:08:45 7:22	1:35:22 26:37	1:50:49 15:27	2:18:45 27:56	2:27:23 8:38	2:30:22 2:59	2:31:08 0:46		
	48	Kirsten Truelsen Ballerup OK	Fejlkl.	4:32 4:32	-----	-----	-----	-----	-----	-----	-----	-----	-----	36:27 31:55	37:15 0:48		