

# Resultater – OK Skærmen Efterårsløb 2021

2021-10-17

Bane 1		(8 / 8)	Tid	Efter	Tidstab	
1.	Jesper David Jensen	Tisvilde Hegn OK	1:18:08		00:00	
	2:20 (2:20)	2:23 (7:36)	3:04 (10:40)		2:49 (13:29)	0:58 (14:27)
	1:24 (15:51)	4:16 (20:07)	3:15 (27:33)		3:09 (30:42)	3:09 (33:51)
	4:09 (38:00)	2:14 (40:14)	2:34 (46:49)		3:02 (49:51)	1:15 (51:06)
	1:47 (52:53)	5:37 (58:30)	3:37 (1:03:15)		2:06 (1:05:21)	1:54 (1:07:15)
	2:41 (1:09:56)	2:44 (1:12:40)	1:11 (1:16:32)		0:53 (1:17:25)	0:43 (1:18:08)
2.	Emil Illemann Andreassen	Viking Atletik	1:35:40	+17:32	07:20	
	4:55 (4:55)	3:35 (8:30)	3:37 (14:33)		2:37 (17:10)	1:41 (18:51)
	1:13 (20:04)	5:04 (25:08)	4:41 (34:23)		3:59 (38:22)	6:45 (45:07)
	4:52 (49:59)	1:59 (51:58)	2:29 (59:09)		4:09 (1:03:18)	1:05 (1:04:23)
	1:41 (1:06:04)	6:37 (1:12:41)	3:38 (1:17:40)		2:35 (1:20:15)	2:08 (1:22:23)
	4:09 (1:26:32)	2:47 (1:29:19)	2:27 (1:34:31)		0:44 (1:35:15)	0:25 (1:35:40)
3.	Claus Cederberg	Ballerup OK	1:37:35	+19:27	07:29	
	2:18 (2:18)	4:38 (6:56)	3:15 (12:49)		3:46 (16:35)	1:28 (18:03)
	1:24 (19:27)	5:04 (24:31)	3:39 (34:00)		3:42 (37:42)	4:17 (41:59)
	4:33 (46:32)	2:01 (48:33)	3:07 (55:59)		3:31 (59:30)	1:21 (1:00:51)
	2:19 (1:03:10)	12:03 (1:15:13)	3:54 (1:20:25)		2:22 (1:22:47)	1:50 (1:24:37)
	4:11 (1:28:48)	2:48 (1:31:36)	1:30 (1:35:55)		1:14 (1:37:09)	0:26 (1:37:35)
4.	Jesper Kristiansen	OK Melfar	1:38:21	+20:13	04:38	
	2:59 (2:59)	3:53 (6:52)	3:46 (13:42)		5:13 (18:55)	1:11 (20:06)
	1:16 (21:22)	5:36 (26:58)	4:29 (36:02)		3:42 (39:44)	3:53 (43:37)
	5:03 (48:40)	2:27 (51:07)	3:07 (59:18)		3:15 (1:02:33)	0:49 (1:03:22)
	2:25 (1:05:47)	7:56 (1:13:43)	4:25 (1:19:29)		4:04 (1:23:33)	1:52 (1:25:25)
	3:28 (1:28:53)	2:59 (1:31:52)	1:32 (1:36:37)		1:17 (1:37:54)	0:27 (1:38:21)
5.	Morten Ploug	Ballerup OK	1:44:12	+26:04	04:13	
	2:51 (2:51)	3:36 (6:27)	3:42 (12:56)		3:42 (16:38)	1:14 (17:52)
	1:33 (19:25)	5:05 (24:30)	4:11 (33:39)		3:47 (37:26)	8:26 (45:52)
	5:41 (51:33)	2:32 (54:05)	3:24 (1:02:43)		3:53 (1:06:36)	1:39 (1:08:15)
	1:58 (1:10:13)	7:52 (1:18:05)	4:40 (1:24:24)		2:52 (1:27:16)	2:41 (1:29:57)
	3:25 (1:33:22)	3:16 (1:36:38)	2:19 (1:42:21)		1:06 (1:43:27)	0:45 (1:44:12)
6.	Joakim Ilsing Sørensen	Ballerup OK	1:50:36	+32:28	11:44	
	2:19 (2:19)	4:14 (6:33)	4:19 (14:01)		3:54 (17:55)	1:28 (19:23)
	1:31 (20:54)	5:04 (25:58)	4:18 (39:02)		4:19 (43:21)	4:12 (47:33)
	5:00 (52:33)	2:11 (54:44)	4:54 (1:05:14)		3:15 (1:08:29)	0:58 (1:09:27)
	2:19 (1:11:46)	6:23 (1:18:09)	6:36 (1:27:02)		2:32 (1:29:34)	2:45 (1:32:19)
	8:07 (1:40:26)	3:19 (1:43:45)	1:39 (1:48:39)		1:13 (1:49:52)	0:44 (1:50:36)
7.	Kasper Gabs Hansen	OK Stengården	2:11:10	+53:02	17:40	
	2:59 (2:59)	3:46 (6:45)	3:48 (17:16)		4:54 (22:10)	2:16 (24:26)
	2:40 (27:06)	5:09 (32:15)	6:33 (44:31)		5:34 (50:05)	4:33 (54:38)
	5:58 (1:00:36)	3:40 (1:04:16)	4:45 (1:15:34)		4:13 (1:19:47)	2:04 (1:21:51)
	4:13 (1:26:04)	7:55 (1:33:59)	3:55 (1:40:24)		3:28 (1:43:52)	3:35 (1:47:27)
	11:13 (1:58:40)	3:29 (2:02:09)	3:11 (2:09:00)		1:32 (2:10:32)	0:38 (2:11:10)
	Jan Frederiksen	OK Roskilde	Føjklip			
	5:04 (5:04)	3:44 (8:48)	4:05 (15:59)		4:09 (20:08)	5:49 (25:57)
	3:02 (28:59)	6:02 (35:01)	– (56:22)		4:30 (1:00:52)	11:14 (1:12:06)
	6:10 (1:18:16)	2:34 (1:20:50)	3:43 (1:32:21)		– (–)	– (–)
	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	6:36 (1:40:52)		– (–)	– (1:43:25)
Bane 2		(13 / 13)	Tid	Efter	Tidstab	
1.	Mathilde Smedegaard Madsen	Søllerød OK	1:01:30		00:00	
	2:21 (2:21)	2:16 (4:37)	2:06 (8:30)		0:55 (9:25)	2:29 (11:54)
	0:59 (12:53)	1:07 (14:00)	2:17 (24:23)		1:12 (25:35)	2:34 (28:09)
	2:03 (30:12)	2:09 (32:21)	2:16 (36:54)		1:29 (38:23)	2:29 (40:52)
	1:09 (42:01)	3:50 (45:51)	2:41 (49:53)		2:12 (52:05)	1:46 (53:51)
	2:32 (56:23)	2:23 (58:46)	1:01 (1:00:49)		0:41 (1:01:30)	
2.	Mogens Hagedorn	Søllerød OK	1:08:40	+7:10	00:44	
	2:29 (2:29)	3:16 (5:45)	2:31 (10:50)		1:03 (11:53)	2:40 (14:33)
	1:33 (16:06)	1:40 (17:46)	3:01 (29:23)		1:29 (30:52)	2:46 (33:38)
	2:38 (36:16)	2:31 (38:47)	2:23 (44:04)		1:26 (45:30)	2:13 (47:43)
	1:24 (49:07)	3:57 (53:04)	3:08 (57:33)		1:44 (59:17)	1:39 (1:00:56)
	2:32 (1:03:28)	2:28 (1:05:56)	1:05 (1:07:59)		0:41 (1:08:40)	
3.	Jonas Isaksen	Lyngby OK	1:20:07	+18:37	09:17	
	2:06 (2:06)	2:40 (4:46)	2:23 (9:30)		0:59 (10:29)	2:38 (13:07)
	1:49 (14:56)	1:24 (16:20)	2:48 (32:30)		1:25 (33:55)	3:05 (37:00)
	2:37 (39:37)	2:25 (42:02)	2:41 (47:35)		1:55 (49:30)	2:13 (51:43)
	1:50 (53:33)	4:13 (57:46)	3:05 (1:02:30)		1:58 (1:04:28)	2:11 (1:06:39)
	2:36 (1:09:15)	2:56 (1:12:11)	1:13 (1:19:26)		0:41 (1:20:07)	
4.	Erik Melbye	Søllerød OK	1:21:29	+19:59	11:23	
	2:27 (2:27)	2:21 (4:48)	2:38 (11:37)		1:54 (13:31)	2:51 (16:22)
	4:37 (20:59)	1:52 (22:51)	2:45 (33:35)		1:35 (35:10)	2:39 (37:49)
	2:34 (40:23)	2:13 (42:36)	2:38 (47:56)		1:49 (49:45)	3:34 (53:19)
	2:15 (55:34)	3:57 (59:31)	3:05 (1:04:04)		2:39 (1:06:43)	2:19 (1:09:02)
	2:50 (1:11:52)	2:44 (1:14:36)	1:13 (1:20:51)		0:38 (1:21:29)	

5.	Jakub Jirasek	2:22 (2:22) 7:23 (21:40) 2:37 (47:21) 1:23 (1:03:07) 2:56 (1:22:15)	2:45 (5:07) 3:05 (24:45) 2:50 (50:11) 4:31 (1:07:38) 3:08 (1:25:23)	AMOK	1:29:26 +27:56	10:58	2:22 (7:29) 10:23 (35:08) 3:52 (54:03) 1:50 (1:09:28) 1:52 (1:27:15)	2:40 (10:09) 3:02 (38:10) 2:58 (57:01) 3:21 (1:12:49) 1:28 (1:28:43)	1:11 (11:20) 3:05 (41:15) 2:26 (59:27) 4:01 (1:16:50) 0:43 (1:29:26)	2:57 (14:17) 3:29 (44:44) 2:17 (1:01:44) 2:29 (1:19:19)
6.	Kenn Basse	2:55 (2:55) 3:07 (20:49) 3:32 (48:48) 1:25 (1:07:05) 4:23 (1:28:39)	3:39 (6:34) 1:34 (22:23) 3:42 (52:30) 5:25 (1:12:30) 3:09 (1:31:48)	Ballerup OK	1:37:48 +36:18	03:40	3:42 (10:16) 12:36 (34:59) 3:51 (56:21) 1:58 (1:14:28) 4:03 (1:35:51)	2:58 (13:14) 3:56 (38:55) 3:39 (1:00:00) 4:00 (1:18:28) 1:15 (1:37:06)	1:14 (14:28) 2:12 (41:07) 2:18 (1:02:18) 2:34 (1:21:02) 0:42 (1:37:48)	3:14 (17:42) 4:09 (45:16) 3:22 (1:05:40) 3:14 (1:24:16)
7.	Christian Clausen	3:29 (3:29) 1:57 (20:57) 4:09 (51:34) 2:12 (1:10:16) 3:19 (1:29:47)	3:12 (6:41) 3:31 (24:28) 3:37 (55:11) 5:08 (1:15:24) 3:56 (1:33:43)	Danske studenters roklub	1:38:14 +36:44	02:28	3:06 (9:47) 12:19 (36:47) 3:53 (59:04) 2:07 (1:17:31) 2:24 (1:36:07)	3:42 (13:29) 3:45 (40:32) 2:57 (1:02:01) 3:47 (1:21:18) 1:22 (1:37:29)	1:52 (15:21) 2:20 (42:52) 2:55 (1:04:56) 2:08 (1:23:26) 0:45 (1:38:14)	3:39 (19:00) 4:33 (47:25) 3:08 (1:08:04) 3:02 (1:26:28)
8.	Kim Hansen	2:30 (2:30) 2:01 (18:58) 6:18 (50:06) 1:32 (1:09:34) 3:35 (1:33:37)	3:06 (5:36) 1:55 (20:53) 4:37 (54:43) 4:42 (1:14:16) 4:25 (1:38:02)	Køge OK	1:41:57 +40:27	16:07	3:15 (8:51) 9:46 (30:39) 3:42 (58:25) 2:28 (1:16:44) 1:47 (1:39:49)	2:44 (11:35) 2:42 (33:21) 3:38 (1:02:03) 3:49 (1:20:33) 1:23 (1:41:12)	1:07 (12:42) 2:04 (35:25) 2:00 (1:04:03) 2:55 (1:23:28) 0:45 (1:41:57)	4:15 (16:57) 8:23 (43:48) 3:59 (1:08:02) 6:34 (1:30:02)
9.	Allan Grundsøe	3:25 (3:25) 2:07 (32:07) 3:06 (59:46) 3:28 (1:22:39) 3:30 (1:46:24)	6:32 (9:57) 2:40 (34:47) 3:20 (1:03:06) 5:01 (1:27:40) 3:49 (1:50:13)	Odense OK	1:54:07 +52:37	18:26	6:33 (16:30) 12:07 (46:54) 3:39 (1:06:45) 3:44 (1:31:24) 1:51 (1:52:04)	3:52 (20:22) 4:02 (50:56) 6:10 (1:12:55) 4:34 (1:35:58) 1:18 (1:53:22)	1:19 (21:41) 1:49 (52:45) 2:39 (1:15:34) 2:31 (1:38:29) 0:45 (1:54:07)	8:19 (30:00) 3:55 (56:40) 3:37 (1:19:11) 4:25 (1:42:54)
10.	Jan Frank Nielsen	3:15 (3:15) 6:08 (34:14) 4:03 (1:04:06) 1:44 (1:27:32) 3:57 (1:52:00)	4:39 (7:54) 1:50 (36:04) 4:10 (1:08:16) 5:56 (1:33:28) 4:14 (1:56:14)	FSK Orientering	2:01:20 +59:50	16:24	3:31 (11:25) 11:55 (47:59) 4:03 (1:12:19) 2:45 (1:36:13) 2:53 (1:59:07)	11:04 (22:29) 4:13 (52:12) 5:43 (1:18:02) 4:26 (1:40:39) 1:30 (2:00:37)	1:41 (24:10) 2:38 (54:50) 3:21 (1:21:23) 3:30 (1:44:09) 0:43 (2:01:20)	3:56 (28:06) 5:13 (1:00:03) 4:25 (1:25:48) 3:54 (1:48:03)
	Anna Zol	5:37 (5:37) 2:14 (29:49) 3:10 (59:50) 3:27 (1:23:32) - (-) - (-)	4:19 (9:56) 4:21 (34:10) 4:34 (1:04:24) 5:11 (1:28:43) - (-) - (-)	OK73			3:05 (13:01) 11:32 (45:42) 4:54 (1:09:18) 2:14 (1:30:57) - (-) - (-)	8:16 (21:17) 4:45 (50:27) 4:32 (1:13:50) 7:26 (1:38:23) - (-) - (-)	1:36 (22:53) 1:59 (52:26) 2:41 (1:16:31) - (-) - (1:43:45)	4:42 (27:35) 4:14 (56:40) 3:34 (1:20:05) - (-)
	Roland Dumong	5:07 (5:07) 7:45 (35:44) 4:18 (1:20:08) - (-) - (-)	4:22 (9:29) 2:01 (37:45) 6:58 (1:27:06) - (-) - (-)	OK ØST Birkerød			5:33 (15:02) 17:20 (55:05) - (-) - (-) - (-)	4:00 (19:02) 5:14 (1:00:19) - (-) - (-) - (-)	1:42 (20:44) 6:08 (1:06:27) - (-) - (-) - (1:39:41)	7:15 (27:59) 9:23 (1:15:50) - (-) - (-)
	Allan Grundsøe	- (-) - (-) - (-) - (-) - (-)	- (-) - (-) - (-) - (-) - (-)	Jernbanefritid			- (-) - (-) - (-) - (-) - (-)	- (-) - (-) - (-) - (-) - (-)	- (-) - (-) - (-) - (-)	- (-) - (-) - (-)
<b>Bane 3</b>										
1.	Jan Eg Pedersen	1:52 (1:52) 1:17 (14:07) 2:40 (32:09) 0:58 (42:47) 1:54 (52:54)	2:55 (4:47) 7:39 (21:46) 1:42 (33:51) 2:10 (44:57) 1:05 (53:59)	OK ØST Birkerød	25 / 25	Tid	Efter	Tidstab		
						55:44		00:00		
						1:38 (8:37) 0:57 (24:26) 2:28 (38:22) 1:03 (48:43) 0:40 (55:44)		2:38 (11:15) 3:30 (27:56) 2:13 (40:35) 1:08 (49:51)		1:35 (12:50) 1:33 (29:29) 1:14 (41:49) 1:09 (51:00)
2.	Vera Mullerova	2:09 (2:09) 1:05 (14:55) 2:56 (39:27) 1:07 (53:35) 2:05 (1:04:50)	3:30 (5:39) 13:31 (28:26) 1:56 (41:23) 2:27 (56:02) 1:03 (1:05:53)	Farum OK		1:07:44	+12:00	06:05		
						1:45 (9:25) 1:32 (31:52) 2:54 (46:25) 1:00 (59:55) 0:43 (1:07:44)		2:48 (12:13) 3:28 (35:20) 2:35 (49:00) 1:29 (1:01:24)		1:37 (13:50) 1:11 (36:31) 3:28 (52:28) 1:21 (1:02:45)
3.	Lars Lyngsø	2:13 (2:13) 1:12 (19:43) 2:50 (41:25) 1:19 (54:03) 2:01 (1:05:23)	3:39 (5:52) 11:07 (30:50) 1:55 (43:20) 2:26 (56:29) 1:26 (1:06:49)	Allerød OK		1:08:39	+12:55	05:46		
						4:56 (12:44) 1:12 (33:40) 3:03 (48:32) 1:04 (1:00:33) 0:41 (1:08:39)		3:00 (15:44) 3:36 (37:16) 2:40 (51:12) 1:33 (1:02:06)		2:47 (18:31) 1:19 (38:35) 1:32 (52:44) 1:16 (1:03:22)
4.	Christian Olsen	2:38 (2:38) 1:14 (21:03) 2:43 (40:17) 2:21 (54:38) 2:08 (1:06:30)	3:50 (6:28) 8:10 (29:13) 2:08 (42:25) 2:15 (56:53) 1:16 (1:07:46)	AMOK		1:09:36	+13:52	06:20		
						2:13 (10:38) 1:15 (32:14) 2:56 (47:45) 1:26 (1:01:57) 0:43 (1:09:36)		3:34 (14:12) 4:05 (36:19) 2:51 (50:36) 1:09 (1:03:06)		5:37 (19:49) 1:15 (37:34) 1:41 (52:17) 1:16 (1:04:22)

5.	Hanne Fogh		FSK Orientering	1:13:03	+17:19	05:24		
	2:28 (2:28)	3:20 (5:48)	4:17 (10:05)	1:59 (12:04)		3:01 (15:05)	2:06 (17:11)	
	1:22 (18:33)	11:34 (30:07)	2:09 (32:16)	1:08 (33:24)		3:35 (36:59)	1:29 (38:28)	
	3:02 (41:30)	2:12 (43:42)	2:32 (46:14)	2:51 (49:05)		2:44 (51:49)	1:48 (53:37)	
	1:44 (55:21)	3:28 (58:49)	4:00 (1:02:49)	1:22 (1:04:11)		1:29 (1:05:40)	1:29 (1:07:09)	
	2:33 (1:09:42)	1:34 (1:11:16)	1:21 (1:12:37)	0:26 (1:13:03)				
6.	Henrik Albahn		Lyngby OK	1:13:18	+17:34	06:11		
	2:45 (2:45)	3:44 (6:29)	2:14 (8:43)	2:37 (11:20)		6:26 (17:46)	1:53 (19:39)	
	1:40 (21:19)	9:12 (30:31)	1:50 (32:21)	1:18 (33:39)		5:08 (38:47)	1:14 (40:01)	
	2:52 (42:53)	2:05 (44:58)	2:31 (47:29)	2:57 (50:26)		3:22 (53:48)	1:49 (55:37)	
	1:09 (56:46)	2:42 (59:28)	3:04 (1:02:32)	1:14 (1:03:46)		2:57 (1:06:43)	1:22 (1:08:05)	
	2:01 (1:10:06)	1:32 (1:11:38)	1:11 (1:12:49)	0:29 (1:13:18)				
7.	Kaj Isaksen		OK Snab	1:20:53	+25:09	08:20		
	2:26 (2:26)	3:26 (5:52)	1:56 (7:48)	2:04 (9:52)		3:12 (13:04)	4:25 (17:29)	
	1:26 (18:55)	13:37 (32:32)	2:34 (35:06)	1:32 (36:38)		4:28 (41:06)	1:42 (42:48)	
	2:57 (45:45)	2:28 (48:13)	3:29 (51:42)	3:20 (55:02)		2:53 (57:55)	3:00 (1:00:55)	
	1:13 (1:02:08)	2:58 (1:05:06)	3:38 (1:08:44)	1:50 (1:10:34)		1:37 (1:12:11)	1:33 (1:13:44)	
	2:33 (1:16:17)	1:23 (1:17:40)	2:32 (1:20:12)	0:41 (1:20:53)				
8.	Martin Schwartz		Jernbanefritid	1:23:28	+27:44	06:41		
	3:22 (3:22)	3:50 (7:12)	2:05 (9:17)	2:03 (11:20)		3:36 (14:56)	1:55 (16:51)	
	2:03 (18:54)	12:41 (31:35)	2:09 (33:44)	1:10 (34:54)		4:44 (39:38)	3:04 (42:42)	
	3:36 (46:18)	3:22 (49:40)	2:44 (52:24)	3:22 (55:46)		5:03 (1:00:49)	3:13 (1:04:02)	
	1:25 (1:05:27)	2:44 (1:08:11)	4:18 (1:12:29)	1:05 (1:13:34)		1:16 (1:14:50)	1:50 (1:16:40)	
	2:48 (1:19:28)	1:40 (1:21:08)	1:35 (1:22:43)	0:45 (1:23:28)				
9.	Michael Nygaard Møller		Ballerup OK	1:24:09	+28:25	10:29		
	3:00 (3:00)	4:21 (7:21)	2:46 (10:07)	2:23 (12:30)		3:52 (16:22)	2:07 (18:29)	
	1:27 (19:56)	10:24 (30:20)	2:25 (32:45)	1:12 (33:57)		4:29 (38:26)	1:34 (40:00)	
	3:04 (43:04)	2:23 (45:27)	2:35 (48:02)	2:56 (50:58)		2:46 (53:44)	3:41 (57:25)	
	1:45 (59:10)	8:55 (1:08:05)	4:27 (1:12:32)	3:08 (1:15:40)		1:34 (1:17:14)	1:27 (1:18:41)	
	2:14 (1:20:55)	1:22 (1:22:17)	1:13 (1:23:30)	0:39 (1:24:09)				
10.	Kathrine Dyrsting Sandvang		FIF Hillerød	1:27:32	+31:48	06:30		
	4:35 (4:35)	4:11 (8:46)	2:28 (11:14)	2:42 (13:56)		3:51 (17:47)	2:11 (19:58)	
	2:13 (22:11)	11:51 (34:02)	3:05 (37:07)	1:52 (38:59)		5:06 (44:05)	2:11 (46:16)	
	3:22 (49:38)	2:23 (52:01)	3:07 (55:08)	3:27 (58:35)		3:02 (1:01:37)	2:02 (1:03:39)	
	1:23 (1:05:02)	3:14 (1:08:16)	6:01 (1:14:17)	1:21 (1:15:38)		3:29 (1:19:07)	1:55 (1:21:02)	
	3:05 (1:24:07)	1:26 (1:25:33)	1:28 (1:27:01)	0:31 (1:27:32)				
11.	Finn Lindstrøm		Lyngby OK	1:27:40	+31:56	13:49		
	2:23 (2:23)	3:40 (6:03)	1:58 (8:01)	4:33 (12:34)		3:26 (16:00)	6:22 (22:22)	
	0:44 (23:06)	13:54 (37:00)	2:20 (39:20)	1:52 (41:12)		4:19 (45:31)	1:37 (47:08)	
	4:03 (51:11)	2:25 (53:36)	3:15 (56:51)	2:56 (59:47)		4:55 (1:04:42)	1:45 (1:06:27)	
	1:30 (1:07:57)	4:42 (1:12:39)	2:57 (1:15:36)	1:41 (1:17:17)		1:45 (1:19:02)	2:27 (1:21:29)	
	2:31 (1:24:00)	1:49 (1:25:49)	1:22 (1:27:11)	0:29 (1:27:40)				
12.	Frank Rasmussen		Ballerup OK	1:28:20	+32:36	02:11		
	3:10 (3:10)	4:27 (7:37)	2:17 (9:54)	3:00 (12:54)		4:20 (17:14)	1:32 (18:46)	
	1:52 (20:38)	13:25 (34:03)	2:27 (36:30)	1:37 (38:07)		6:07 (44:14)	1:54 (46:08)	
	4:16 (50:24)	2:46 (53:10)	3:14 (56:24)	3:35 (59:59)		3:48 (1:03:47)	1:58 (1:05:45)	
	2:11 (1:07:56)	3:17 (1:11:13)	4:36 (1:15:49)	1:44 (1:17:33)		1:47 (1:19:20)	1:45 (1:21:05)	
	2:47 (1:23:52)	2:13 (1:26:05)	1:37 (1:27:42)	0:38 (1:28:20)				
13.	Gregers Jørgensen		Ballerup OK	1:30:09	+34:25	11:42		
	3:48 (3:48)	4:41 (8:29)	2:32 (11:01)	2:31 (13:32)		3:28 (17:00)	3:23 (20:23)	
	2:28 (22:51)	10:57 (33:48)	2:14 (36:02)	1:25 (37:27)		6:00 (43:27)	1:57 (45:24)	
	3:21 (48:45)	2:27 (51:12)	3:20 (54:32)	3:40 (58:12)		2:46 (1:00:58)	4:45 (1:05:43)	
	1:34 (1:07:17)	5:29 (1:12:46)	3:32 (1:16:18)	1:42 (1:18:00)		1:31 (1:19:31)	3:41 (1:23:12)	
	3:14 (1:26:26)	1:23 (1:27:49)	1:31 (1:29:20)	0:49 (1:30:09)				
14.	Klaus Nielsen		Farum OK	1:32:36	+36:52	11:45		
	3:32 (3:32)	4:17 (7:49)	2:51 (10:40)	2:51 (13:31)		7:53 (21:24)	3:04 (24:28)	
	2:42 (27:10)	10:10 (37:20)	2:18 (39:38)	1:31 (41:09)		6:05 (47:14)	2:46 (50:00)	
	3:28 (53:28)	2:46 (56:14)	3:01 (59:15)	3:57 (1:03:12)		4:43 (1:07:55)	3:10 (1:11:05)	
	1:57 (1:13:02)	3:15 (1:16:17)	4:52 (1:21:09)	1:28 (1:22:37)		1:44 (1:24:21)	1:35 (1:25:56)	
	2:28 (1:28:24)	1:53 (1:30:17)	1:29 (1:31:46)	0:50 (1:32:36)				
15.	Jes Rossen Johansen		FIF Hillerød	1:33:02	+37:18	09:24		
	2:58 (2:58)	3:46 (6:44)	2:29 (9:13)	2:35 (11:48)		4:13 (16:01)	1:58 (17:59)	
	1:56 (19:55)	11:56 (31:51)	2:26 (34:17)	1:27 (35:44)		6:00 (41:44)	1:32 (43:16)	
	3:35 (46:51)	2:35 (49:26)	3:19 (52:45)	4:39 (57:24)		4:29 (1:01:53)	2:38 (1:04:31)	
	1:51 (1:06:22)	4:59 (1:11:21)	9:35 (1:20:56)	1:13 (1:22:09)		1:48 (1:23:57)	1:51 (1:25:48)	
	2:55 (1:28:43)	2:22 (1:31:05)	1:18 (1:32:23)	0:39 (1:33:02)				
16.	Carsten Mogensen		Køge OK	1:34:31	+38:47	16:17		
	3:04 (3:04)	4:08 (7:12)	11:39 (18:51)	3:08 (21:59)		3:36 (25:35)	4:08 (29:43)	
	1:33 (31:16)	11:45 (43:01)	2:05 (45:06)	1:19 (46:25)		5:02 (51:27)	1:22 (52:49)	
	3:06 (55:55)	2:17 (58:12)	3:00 (1:01:12)	3:48 (1:05:00)		3:12 (1:08:12)	2:12 (1:10:24)	
	1:32 (1:11:56)	3:15 (1:15:11)	8:53 (1:24:04)	1:21 (1:25:25)		1:35 (1:27:00)	1:26 (1:28:26)	
	2:20 (1:30:46)	1:25 (1:32:11)	1:35 (1:33:46)	0:45 (1:34:31)				
17.	Leif Pedersen		FSK Orientering	1:37:38	+41:54	21:10		
	2:47 (2:47)	5:14 (8:01)	2:21 (10:22)	2:17 (12:39)		3:16 (15:55)	5:22 (21:17)	
	0:59 (22:16)	11:07 (33:23)	2:07 (35:30)	1:37 (37:07)		4:35 (41:42)	3:50 (45:32)	
	3:27 (48:59)	2:23 (51:22)	2:38 (54:00)	3:52 (57:52)		3:01 (1:00:53)	1:50 (1:02:43)	
	2:22 (1:05:05)	6:03 (1:11:08)	14:47 (1:25:55)	1:20 (1:27:15)		2:16 (1:29:31)	1:34 (1:31:05)	
	2:40 (1:33:45)	1:33 (1:35:18)	1:32 (1:36:50)	0:48 (1:37:38)				
18.	Ernst Poulsen		AMOK	1:41:03	+45:19	09:37		

3:44 (3:44)	5:13 (8:57)	2:56 (11:53)	2:37 (14:30)	5:44 (20:14)	6:00 (26:14)
1:51 (28:05)	12:24 (40:29)	3:20 (43:49)	2:43 (46:32)	5:00 (51:32)	2:52 (54:24)
5:07 (59:31)	2:49 (1:02:20)	3:30 (1:05:50)	3:55 (1:09:45)	3:45 (1:13:30)	4:01 (1:17:31)
1:54 (1:19:25)	3:22 (1:22:47)	4:43 (1:27:30)	1:32 (1:29:02)	2:13 (1:31:15)	1:45 (1:33:00)
3:52 (1:36:52)	1:41 (1:38:33)	1:47 (1:40:20)	0:43 (1:41:03)		
<b>19. Anders Jonsson</b>		<b>Søllerød OK</b>	<b>1:44:09 +48:25</b>	<b>20:52</b>	
3:55 (3:55)	4:40 (8:35)	3:32 (12:07)	2:30 (14:37)	3:31 (18:08)	9:01 (27:09)
2:11 (29:20)	10:57 (40:17)	2:25 (42:42)	1:22 (44:04)	11:27 (55:31)	3:44 (59:15)
3:55 (1:03:10)	7:24 (1:10:34)	3:19 (1:13:53)	3:42 (1:17:35)	3:24 (1:20:59)	2:14 (1:23:13)
1:23 (1:24:36)	3:10 (1:27:46)	4:15 (1:32:01)	1:18 (1:33:19)	1:42 (1:35:01)	2:14 (1:37:15)
2:41 (1:39:56)	1:47 (1:41:43)	1:34 (1:43:17)	0:52 (1:44:09)		
<b>20. Peter Dyrsting</b>		<b>FIF Hillerød</b>	<b>1:47:34 +51:50</b>	<b>07:56</b>	
4:19 (4:19)	5:23 (9:42)	3:14 (12:56)	4:02 (16:58)	8:58 (25:56)	2:19 (28:15)
1:28 (29:43)	12:44 (42:27)	2:33 (45:00)	1:44 (46:44)	7:55 (54:39)	1:51 (56:30)
4:32 (1:01:02)	3:57 (1:04:59)	3:51 (1:08:50)	4:27 (1:13:17)	3:41 (1:16:58)	3:15 (1:20:13)
1:45 (1:21:58)	4:01 (1:25:59)	5:21 (1:31:20)	2:13 (1:33:33)	2:14 (1:35:47)	2:48 (1:38:35)
3:54 (1:42:29)	2:08 (1:44:37)	2:03 (1:46:40)	0:54 (1:47:34)		
<b>21. Morten Banke</b>		<b>AMOK</b>	<b>2:03:36 +67:52</b>	<b>40:13</b>	
10:54 (10:54)	4:23 (15:17)	4:02 (19:19)	4:12 (23:31)	2:50 (26:21)	3:19 (29:40)
2:18 (31:58)	10:15 (42:13)	4:29 (46:42)	2:22 (49:04)	28:16 (1:17:20)	4:35 (1:21:55)
3:13 (1:25:08)	2:40 (1:27:48)	4:24 (1:32:12)	3:36 (1:35:48)	3:51 (1:39:39)	2:18 (1:41:57)
1:47 (1:43:44)	3:41 (1:47:25)	4:35 (1:52:00)	1:23 (1:53:23)	2:11 (1:55:34)	1:43 (1:57:17)
2:33 (1:59:50)	1:32 (2:01:22)	1:27 (2:02:49)	0:47 (2:03:36)		
<b>22. Jens Balslev</b>		<b>OK73</b>	<b>2:08:37 +72:53</b>	<b>40:09</b>	
3:32 (3:32)	4:15 (7:47)	3:00 (10:47)	6:56 (17:43)	6:29 (24:12)	7:32 (31:44)
1:56 (33:40)	10:51 (44:31)	2:31 (47:02)	1:34 (48:36)	21:57 (1:10:33)	3:18 (1:13:51)
3:49 (1:17:40)	2:52 (1:20:32)	3:06 (1:23:38)	3:45 (1:27:23)	3:42 (1:31:05)	2:54 (1:33:59)
5:56 (1:39:55)	3:58 (1:43:53)	9:12 (1:53:05)	1:44 (1:54:49)	4:19 (1:59:08)	2:28 (2:01:36)
2:52 (2:04:28)	1:48 (2:06:16)	1:37 (2:07:53)	0:44 (2:08:37)		
<b>23. Michael Galthen Ibsen</b>		<b>FSK Orientering</b>	<b>2:29:24 +93:40</b>	<b>54:16</b>	
3:18 (3:18)	4:42 (8:00)	3:44 (11:44)	4:52 (16:36)	9:15 (25:51)	2:55 (28:46)
1:53 (30:39)	12:05 (42:44)	8:51 (51:35)	1:41 (53:16)	5:42 (58:58)	17:42 (1:16:40)
3:56 (1:20:36)	4:45 (1:25:21)	3:01 (1:28:22)	3:47 (1:32:09)	4:22 (1:36:31)	4:33 (1:41:04)
1:22 (1:42:26)	3:34 (1:46:00)	9:10 (1:55:10)	1:37 (1:56:47)	11:57 (2:08:44)	9:44 (2:18:28)
3:39 (2:22:07)	4:08 (2:26:15)	2:24 (2:28:39)	0:45 (2:29:24)		
<b>Claus Odgaard</b>		<b>OK73</b>	<b>Ej startet</b>		
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
<b>Irina Kupiyanova</b>		<b>Jernbanefritid</b>	<b>Ej startet</b>		
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)

<b>Bane 4</b>		<b>(17 / 17)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>	
<b>1. Tore Linde</b>		<b>Søllerød OK</b>	<b>53:38</b>		<b>00:37</b>	
3:22 (3:22)	1:16 (4:38)	2:20 (6:58)	2:46 (9:44)		1:46 (11:30)	2:44 (14:14)
1:23 (15:37)	4:45 (20:22)	1:13 (21:35)	3:05 (24:40)		1:07 (25:47)	2:55 (28:42)
1:14 (29:56)	4:31 (34:27)	1:23 (35:50)	1:57 (37:47)		3:03 (40:50)	2:27 (43:17)
3:06 (46:23)	1:18 (47:41)	3:09 (50:50)	1:12 (52:02)		1:09 (53:11)	0:27 (53:38)
<b>2. Søren Sloth</b>		<b>FIF Hillerød</b>	<b>1:08:58 +15:20</b>		<b>02:31</b>	
3:53 (3:53)	1:36 (5:29)	2:40 (8:09)	4:57 (13:06)		2:09 (15:15)	3:00 (18:15)
1:28 (19:43)	6:17 (26:00)	1:26 (27:26)	4:25 (31:51)		1:59 (33:50)	3:43 (37:33)
1:29 (39:02)	4:51 (43:53)	2:58 (46:51)	2:12 (49:03)		3:47 (52:50)	2:50 (55:40)
3:32 (59:12)	1:41 (1:00:53)	3:58 (1:04:51)	1:26 (1:06:17)		1:58 (1:08:15)	0:43 (1:08:58)
<b>3. Kurt Thuesen</b>		<b>FSK Orientering</b>	<b>1:11:33 +17:55</b>		<b>07:53</b>	
3:45 (3:45)	1:48 (5:33)	5:12 (10:45)	3:38 (14:23)		2:31 (16:54)	2:44 (19:38)
1:34 (21:12)	5:52 (27:04)	2:17 (29:21)	3:38 (32:59)		3:30 (36:29)	3:36 (40:05)
2:44 (42:49)	4:32 (47:21)	3:21 (50:42)	2:24 (53:06)		4:07 (57:13)	2:26 (59:39)
2:58 (1:02:37)	1:27 (1:04:04)	4:00 (1:08:04)	1:39 (1:09:43)		1:21 (1:11:04)	0:29 (1:11:33)
<b>4. Diana Cederberg</b>		<b>Ballerup OK</b>	<b>1:15:17 +21:39</b>		<b>01:08</b>	
4:20 (4:20)	1:45 (6:05)	3:55 (10:00)	4:26 (14:26)		2:52 (17:18)	3:20 (20:38)
2:19 (22:57)	6:54 (29:51)	1:29 (31:20)	4:31 (35:51)		1:28 (37:19)	4:16 (41:35)
2:00 (43:35)	5:07 (48:42)	2:19 (51:01)	2:32 (53:33)		4:07 (57:40)	3:32 (1:01:12)
3:34 (1:04:46)	1:48 (1:06:34)	4:38 (1:11:12)	1:47 (1:12:59)		1:29 (1:14:28)	0:49 (1:15:17)
<b>5. Niels la Cour Bentzon</b>		<b>Søllerød OK</b>	<b>1:23:35 +29:57</b>		<b>10:28</b>	
4:31 (4:31)	1:48 (6:19)	2:36 (8:55)	3:59 (12:54)		2:30 (15:24)	3:14 (18:38)
3:39 (22:17)	6:24 (28:41)	5:35 (34:16)	4:52 (39:08)		2:01 (41:09)	5:07 (46:16)
3:11 (49:27)	4:59 (54:26)	3:15 (57:41)	3:19 (1:01:00)		4:20 (1:05:20)	4:25 (1:09:45)
3:24 (1:13:09)	1:35 (1:14:44)	4:33 (1:19:17)	2:12 (1:21:29)		1:17 (1:22:46)	0:49 (1:23:35)
<b>6. Michael Hjorth</b>		<b>Ballerup OK</b>	<b>1:25:24 +31:46</b>		<b>10:23</b>	
4:12 (4:12)	1:53 (6:05)	2:46 (8:51)	4:05 (12:56)		2:53 (15:49)	8:56 (24:45)
2:11 (26:56)	6:52 (33:48)	1:41 (35:29)	4:23 (39:52)		1:55 (41:47)	6:16 (48:03)
2:32 (50:35)	5:01 (55:36)	2:05 (57:41)	2:42 (1:00:23)		4:32 (1:04:55)	4:33 (1:09:28)
3:40 (1:13:08)	2:00 (1:15:08)	5:32 (1:20:40)	1:44 (1:22:24)		2:03 (1:24:27)	0:57 (1:25:24)

7.	Martin Hjorth		Ballerup OK	1:26:29 +32:51	04:25	
	5:20 (5:20)	2:31 (7:51)	2:24 (10:15)	6:07 (16:22)	3:19 (19:41)	4:24 (24:05)
	2:25 (26:30)	6:33 (33:03)	2:00 (35:03)	5:32 (40:35)	1:36 (42:11)	4:10 (46:21)
	1:58 (48:19)	5:45 (54:04)	2:59 (57:03)	2:49 (59:52)	5:10 (1:05:02)	5:12 (1:10:14)
	4:36 (1:14:50)	2:11 (1:17:01)	5:08 (1:22:09)	2:17 (1:24:26)	1:21 (1:25:47)	0:42 (1:26:29)
8.	Lucrezia Biasutti		AMOK	1:29:44 +36:06	08:33	
	4:29 (4:29)	1:45 (6:14)	5:06 (11:20)	4:11 (15:31)	2:55 (18:26)	3:34 (22:00)
	2:18 (24:18)	7:43 (32:01)	1:40 (33:41)	7:33 (41:14)	1:35 (42:49)	4:50 (47:39)
	2:11 (49:50)	8:14 (58:04)	2:22 (1:00:26)	2:59 (1:03:25)	6:40 (1:10:05)	3:30 (1:13:35)
	4:26 (1:18:01)	1:55 (1:19:56)	5:41 (1:25:37)	1:41 (1:27:18)	1:36 (1:28:54)	0:50 (1:29:44)
9.	Michael Leth Jess		OK Roskilde	1:31:52 +38:14	07:16	
	4:35 (4:35)	2:06 (6:41)	3:55 (10:36)	5:08 (15:44)	3:09 (18:53)	3:30 (22:23)
	2:02 (24:25)	7:37 (32:02)	1:51 (33:53)	5:01 (38:54)	1:54 (40:48)	7:56 (48:44)
	2:49 (51:33)	6:58 (58:31)	2:42 (1:01:13)	2:46 (1:03:59)	4:39 (1:08:38)	5:15 (1:13:53)
	4:13 (1:18:06)	2:00 (1:20:06)	5:54 (1:26:00)	2:01 (1:28:01)	3:00 (1:31:01)	0:51 (1:31:52)
10.	Ove Jakobsen		Farum OK	1:39:22 +45:44	17:50	
	4:24 (4:24)	2:19 (6:43)	3:19 (10:02)	6:26 (16:28)	2:37 (19:05)	3:26 (22:31)
	2:14 (24:45)	6:51 (31:36)	2:26 (34:02)	16:01 (50:03)	1:54 (51:57)	8:20 (1:00:17)
	2:36 (1:02:53)	6:05 (1:08:58)	2:31 (1:11:29)	3:08 (1:14:37)	4:14 (1:18:51)	3:34 (1:22:25)
	3:58 (1:26:23)	2:17 (1:28:40)	4:57 (1:33:37)	1:51 (1:35:28)	3:20 (1:38:48)	0:34 (1:39:22)
11.	Jan Jakobsen		OK Øst Birkerød	1:51:43 +58:05	16:15	
	8:02 (8:02)	2:52 (10:54)	3:16 (14:10)	5:04 (19:14)	5:21 (24:35)	4:20 (28:55)
	2:39 (31:34)	9:47 (41:21)	2:07 (43:28)	10:29 (53:57)	5:57 (59:54)	6:58 (1:06:52)
	3:48 (1:10:40)	8:09 (1:18:49)	2:22 (1:21:11)	2:58 (1:24:09)	5:30 (1:29:39)	4:33 (1:34:12)
	4:12 (1:38:24)	2:36 (1:41:00)	5:35 (1:46:35)	2:05 (1:48:40)	2:07 (1:50:47)	0:56 (1:51:43)
12.	Mikkel Merkelsen		AMOK	1:58:06 +64:28	37:41	
	7:06 (7:06)	2:09 (9:15)	3:05 (12:20)	7:48 (20:08)	3:03 (23:11)	2:36 (25:47)
	2:11 (27:58)	7:49 (35:47)	2:19 (38:06)	4:39 (42:45)	3:36 (46:21)	22:01 (1:08:22)
	1:45 (1:10:07)	5:06 (1:15:13)	11:45 (1:26:58)	2:46 (1:29:44)	4:07 (1:33:51)	5:48 (1:39:39)
	7:50 (1:47:29)	1:36 (1:49:05)	4:34 (1:53:39)	1:56 (1:55:35)	1:47 (1:57:22)	0:44 (1:58:06)
13.	Christian Mikkelsen		Uden klub	2:06:22 +72:44	36:09	
	4:30 (4:30)	2:11 (6:41)	2:42 (9:23)	4:13 (13:36)	3:26 (17:02)	12:21 (29:23)
	3:03 (32:26)	10:01 (42:27)	18:29 (1:00:56)	5:51 (1:06:47)	1:35 (1:08:22)	8:04 (1:16:26)
	3:23 (1:19:49)	7:13 (1:27:02)	3:54 (1:30:56)	8:06 (1:39:02)	5:22 (1:44:24)	3:58 (1:48:22)
	5:17 (1:53:39)	3:35 (1:57:14)	4:27 (2:01:41)	2:45 (2:04:26)	1:14 (2:05:40)	0:42 (2:06:22)
14.	Roar Bang		AMOK	2:11:15 +77:37	42:08	
	5:23 (5:23)	7:08 (12:31)	2:46 (15:17)	18:42 (33:59)	3:08 (37:07)	3:35 (40:42)
	2:38 (43:20)	6:31 (49:51)	8:22 (58:13)	7:42 (1:05:55)	2:12 (1:08:07)	7:05 (1:15:12)
	2:23 (1:17:35)	6:26 (1:24:01)	2:42 (1:26:43)	3:53 (1:30:36)	4:51 (1:35:27)	4:13 (1:39:40)
	3:55 (1:43:35)	3:38 (1:47:13)	5:46 (1:52:59)	15:25 (2:08:24)	1:49 (2:10:13)	1:02 (2:11:15)
	Kamma Aglund Andersen		OK ØST Birkerød	Ej startet		
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	Lars Basballe		FSK Orientering	Ej startet		
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	Ronnie Hjorth		Ballerup OK	Ej startet		
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)

**Bane 5**

			(30 / 30)	Tid	Efter	Tidstab	
1.	Jørgen Skaarup		Ballerup OK	50:44		01:48	
	2:09 (2:09)	2:17 (4:26)	2:23 (6:49)	1:38 (8:27)		2:27 (10:54)	0:55 (11:49)
	1:52 (13:41)	3:56 (17:37)	2:02 (19:39)	3:50 (23:29)		1:35 (25:04)	1:44 (26:48)
	5:23 (32:11)	1:59 (34:10)	2:31 (36:41)	1:47 (38:28)		2:14 (40:42)	2:45 (43:27)
	3:05 (46:32)	2:25 (48:57)	1:00 (49:57)	0:47 (50:44)			
2.	Marianne Lynge Krogh		Kolding OK	50:48	+0:04	00:44	
	2:14 (2:14)	2:25 (4:39)	2:11 (6:50)	1:24 (8:14)		2:14 (10:28)	1:25 (11:53)
	2:02 (13:55)	3:07 (17:02)	1:29 (18:31)	3:35 (22:06)		1:34 (23:40)	2:08 (25:48)
	5:37 (31:25)	2:05 (33:30)	2:27 (35:57)	2:44 (38:41)		2:20 (41:01)	2:30 (43:31)
	3:08 (46:39)	2:49 (49:28)	0:52 (50:20)	0:28 (50:48)			
3.	Bjarne B. Jensen		Jernbanefritid	54:45	+4:01	00:00	
	2:26 (2:26)	2:20 (4:46)	2:35 (7:21)	1:44 (9:05)		2:21 (11:26)	1:08 (12:34)
	2:02 (14:36)	3:12 (17:48)	1:22 (19:10)	4:31 (23:41)		2:05 (25:46)	1:50 (27:36)
	6:13 (33:49)	2:07 (35:56)	3:13 (39:09)	2:02 (41:11)		2:43 (43:54)	2:52 (46:46)
	3:12 (49:58)	2:59 (52:57)	1:01 (53:58)	0:47 (54:45)			
4.	Anne Maarup		FIF Hillerød	57:05	+6:21	03:50	
	2:25 (2:25)	2:23 (4:48)	2:19 (7:07)	1:31 (8:38)		2:14 (10:52)	1:27 (12:19)
	1:50 (14:09)	3:37 (17:46)	1:17 (19:03)	7:49 (26:52)		1:54 (28:46)	2:01 (30:47)
	6:11 (36:58)	2:02 (39:00)	2:41 (41:41)	2:07 (43:48)		2:28 (46:16)	2:37 (48:53)
	3:34 (52:27)	2:38 (55:05)	1:10 (56:15)	0:50 (57:05)			
5.	Jens Peter Gundorf		OK ØST Birkerød	58:14	+7:30	01:17	
	2:50 (2:50)	2:32 (5:22)	2:21 (7:43)	3:01 (10:44)		2:38 (13:22)	1:36 (14:58)
	1:56 (16:54)	3:41 (20:35)	1:25 (22:00)	4:20 (26:20)		1:44 (28:04)	1:54 (29:58)
	6:06 (36:04)	2:14 (38:18)	3:18 (41:36)	2:41 (44:17)		3:03 (47:20)	2:56 (50:16)
	3:17 (53:33)	2:39 (56:12)	1:06 (57:18)	0:56 (58:14)			

6.	<b>Claus Børsting</b>		<b>Herlufsholm OK</b>	<b>58:55 +8:11</b>	<b>05:58</b>	
	2:17 (2:17)	2:11 (4:28)	2:16 (6:44)	1:44 (8:28)	2:54 (11:22)	1:00 (12:22)
	2:04 (14:26)	3:06 (17:32)	1:28 (19:00)	3:38 (22:38)	1:25 (24:03)	1:54 (25:57)
	5:53 (31:50)	2:11 (34:01)	4:30 (38:31)	6:35 (45:06)	2:37 (47:43)	2:51 (50:34)
	3:10 (53:44)	2:54 (56:38)	1:27 (58:05)	0:50 (58:55)		
7.	<b>Henrik Nielsen</b>		<b>Holbæk OK</b>	<b>1:00:37 +9:53</b>	<b>04:20</b>	
	2:33 (2:33)	2:32 (5:05)	2:29 (7:34)	1:28 (9:02)	2:30 (11:32)	1:11 (12:43)
	2:01 (14:44)	3:04 (17:48)	1:20 (19:08)	4:32 (23:40)	1:47 (25:27)	1:47 (27:14)
	9:21 (36:35)	2:04 (38:39)	3:39 (42:18)	3:06 (45:24)	3:32 (48:56)	2:51 (51:47)
	3:29 (55:16)	3:17 (58:33)	1:15 (59:48)	0:49 (1:00:37)		
8.	<b>Annette Bonde</b>		<b>Ballerup OK</b>	<b>1:01:39 +10:55</b>	<b>00:00</b>	
	2:40 (2:40)	2:54 (5:34)	2:47 (8:21)	2:13 (10:34)	2:48 (13:22)	1:07 (14:29)
	2:21 (16:50)	3:42 (20:32)	1:37 (22:09)	4:40 (26:49)	1:44 (28:33)	2:27 (31:00)
	6:55 (37:55)	2:24 (40:19)	3:29 (43:48)	2:12 (46:00)	3:15 (49:15)	3:23 (52:38)
	4:09 (56:47)	2:57 (59:44)	1:07 (1:00:51)	0:48 (1:01:39)		
9.	<b>Mikkel Frese</b>		<b>Farum OK</b>	<b>1:02:43 +11:59</b>	<b>07:30</b>	
	3:47 (3:47)	2:48 (6:35)	2:25 (9:00)	1:46 (10:46)	3:38 (14:24)	1:10 (15:34)
	2:05 (17:39)	3:06 (20:45)	1:29 (22:14)	3:59 (26:13)	1:27 (27:40)	1:53 (29:33)
	9:01 (38:34)	2:05 (40:39)	4:07 (44:46)	2:09 (46:55)	3:00 (49:55)	2:38 (52:33)
	3:35 (56:08)	4:52 (1:01:00)	1:05 (1:02:05)	0:38 (1:02:43)		
10.	<b>Malene Løkke</b>		<b>Jernbanefritid</b>	<b>1:02:44 +12:00</b>	<b>11:24</b>	
	2:01 (2:01)	1:59 (4:00)	2:12 (6:12)	1:50 (8:02)	2:06 (10:08)	0:57 (11:05)
	1:58 (13:03)	7:07 (20:10)	0:58 (21:08)	3:59 (25:07)	1:38 (26:45)	2:02 (28:47)
	5:59 (34:46)	2:18 (37:04)	5:50 (42:54)	6:40 (49:34)	2:54 (52:28)	2:24 (54:52)
	2:56 (57:48)	3:14 (1:01:02)	1:11 (1:02:13)	0:31 (1:02:44)		
11.	<b>Lars Bech Jensen</b>		<b>Ballerup OK</b>	<b>1:04:52 +14:08</b>	<b>04:43</b>	
	3:06 (3:06)	2:23 (5:29)	2:33 (8:02)	2:01 (10:03)	2:30 (12:33)	1:14 (13:47)
	2:20 (16:07)	4:29 (20:36)	2:02 (22:38)	4:34 (27:12)	2:07 (29:19)	3:09 (32:28)
	6:52 (39:20)	2:10 (41:30)	3:23 (44:53)	2:04 (46:57)	3:07 (50:04)	3:23 (53:27)
	6:29 (59:56)	2:55 (1:02:51)	1:15 (1:04:06)	0:46 (1:04:52)		
12.	<b>Anne Kaae-Nielsen</b>		<b>Søllerød OK</b>	<b>1:05:47 +15:03</b>	<b>07:12</b>	
	2:23 (2:23)	2:20 (4:43)	2:54 (7:37)	1:53 (9:30)	2:51 (12:21)	1:28 (13:49)
	1:50 (15:39)	3:02 (18:41)	1:18 (19:59)	5:25 (25:24)	2:00 (27:24)	3:29 (30:53)
	6:15 (37:08)	2:21 (39:29)	3:14 (42:43)	2:40 (45:23)	5:34 (50:57)	3:19 (54:16)
	3:44 (58:00)	5:26 (1:03:26)	1:45 (1:05:11)	0:36 (1:05:47)		
13.	<b>Erik Sørensen</b>		<b>Allerød OK</b>	<b>1:05:53 +15:09</b>	<b>07:43</b>	
	2:34 (2:34)	3:45 (6:19)	2:28 (8:47)	3:00 (11:47)	2:45 (14:32)	1:09 (15:41)
	1:49 (17:30)	3:36 (21:06)	1:34 (22:40)	4:47 (27:27)	3:14 (30:41)	4:47 (35:28)
	7:34 (43:02)	2:08 (45:10)	3:16 (48:26)	3:02 (51:28)	3:06 (54:34)	2:59 (57:33)
	3:19 (1:00:52)	2:44 (1:03:36)	1:31 (1:05:07)	0:46 (1:05:53)		
14.	<b>Karina Isaksen</b>		<b>Lyngby OK</b>	<b>1:06:43 +15:59</b>	<b>00:55</b>	
	3:10 (3:10)	2:41 (5:51)	2:48 (8:39)	2:23 (11:02)	2:51 (13:53)	1:16 (15:09)
	2:39 (17:48)	3:46 (21:34)	1:34 (23:08)	4:38 (27:46)	2:33 (30:19)	3:11 (33:30)
	7:34 (41:04)	2:39 (43:43)	3:53 (47:36)	2:40 (50:16)	3:17 (53:33)	3:43 (57:16)
	3:45 (1:01:01)	3:45 (1:04:46)	1:12 (1:05:58)	0:45 (1:06:43)		
15.	<b>Henrik Kleffel</b>		<b>Søllerød OK</b>	<b>1:11:26 +20:42</b>	<b>11:55</b>	
	2:24 (2:24)	2:40 (5:04)	2:33 (7:37)	2:52 (10:29)	2:55 (13:24)	1:15 (14:39)
	2:12 (16:51)	6:17 (23:08)	3:19 (26:27)	4:01 (30:28)	2:26 (32:54)	2:20 (35:14)
	6:49 (42:03)	3:28 (44:31)	3:25 (47:56)	7:44 (55:40)	2:56 (58:36)	2:52 (1:01:28)
	4:59 (1:06:27)	2:53 (1:09:20)	1:23 (1:10:43)	0:43 (1:11:26)		
16.	<b>Niels Aaby</b>		<b>Jernbanefritid</b>	<b>1:12:22 +21:38</b>	<b>07:36</b>	
	4:03 (4:03)	3:02 (7:05)	2:57 (10:02)	2:01 (12:03)	3:37 (15:40)	1:15 (16:55)
	2:14 (19:09)	5:22 (24:31)	1:21 (25:52)	4:40 (30:32)	3:08 (33:40)	2:07 (35:47)
	7:25 (43:12)	2:37 (45:49)	3:41 (49:30)	2:19 (51:49)	7:08 (58:57)	3:32 (1:02:29)
	3:56 (1:06:25)	3:58 (1:10:23)	1:30 (1:11:53)	0:29 (1:12:22)		
17.	<b>Jimmy Hoen</b>		<b>Ballerup OK</b>	<b>1:17:32 +26:48</b>	<b>14:13</b>	
	2:36 (2:36)	2:38 (5:14)	3:26 (8:40)	2:50 (11:30)	2:55 (14:25)	1:09 (15:34)
	2:31 (18:05)	3:29 (21:34)	2:25 (23:59)	4:17 (28:16)	2:27 (30:43)	3:29 (34:12)
	8:13 (42:25)	2:15 (44:40)	3:28 (48:08)	7:42 (55:50)	2:42 (58:32)	3:11 (1:01:43)
	5:56 (1:07:39)	8:03 (1:15:42)	1:04 (1:16:46)	0:46 (1:17:32)		
18.	<b>Niels Raagaard</b>		<b>Søllerød OK</b>	<b>1:17:50 +27:06</b>	<b>08:56</b>	
	2:47 (2:47)	2:51 (5:38)	4:41 (10:19)	3:23 (13:42)	3:12 (16:54)	1:39 (18:33)
	2:37 (21:10)	4:22 (25:32)	2:44 (28:16)	5:22 (33:38)	2:11 (35:49)	2:20 (38:09)
	7:27 (45:36)	2:49 (48:25)	3:46 (52:11)	6:25 (58:36)	3:26 (1:02:02)	4:07 (1:06:09)
	4:03 (1:10:12)	5:21 (1:15:33)	1:36 (1:17:09)	0:41 (1:17:50)		
19.	<b>Jan Kristoffersen</b>		<b>Ballerup OK</b>	<b>1:18:52 +28:08</b>	<b>09:43</b>	
	2:38 (2:38)	3:46 (6:24)	5:02 (11:26)	3:04 (14:30)	3:34 (18:04)	2:27 (20:31)
	2:39 (23:10)	4:03 (27:13)	1:52 (29:05)	5:48 (34:53)	3:07 (38:00)	6:17 (44:17)
	8:07 (52:24)	2:40 (55:04)	3:06 (58:10)	2:22 (1:00:32)	3:40 (1:04:12)	3:26 (1:07:38)
	4:26 (1:12:04)	3:20 (1:15:24)	2:34 (1:17:58)	0:54 (1:18:52)		
20.	<b>Søren Sønberg Kristensen</b>		<b>Køge OK</b>	<b>1:27:55 +37:11</b>	<b>24:16</b>	
	2:56 (2:56)	2:28 (5:24)	3:28 (8:52)	3:03 (11:55)	3:43 (15:38)	2:25 (18:03)
	2:07 (20:10)	6:34 (26:44)	1:11 (27:55)	9:15 (37:10)	2:20 (39:30)	2:18 (41:48)
	6:46 (48:34)	2:17 (50:51)	6:53 (57:44)	15:44 (1:13:28)	3:14 (1:16:42)	3:16 (1:19:58)
	3:08 (1:23:06)	3:06 (1:26:12)	1:06 (1:27:18)	0:37 (1:27:55)		
21.	<b>Hugo Frederiksen</b>		<b>OK73</b>	<b>1:42:38 +51:54</b>	<b>18:17</b>	
	4:52 (4:52)	5:13 (10:05)	3:08 (13:13)	3:00 (16:13)	3:29 (19:42)	1:41 (21:23)
	3:22 (24:45)	5:00 (29:45)	1:40 (31:25)	7:22 (38:47)	2:33 (41:20)	2:44 (44:04)
	9:50 (53:54)	2:53 (56:47)	5:35 (1:02:22)	5:25 (1:07:47)	3:33 (1:11:20)	4:44 (1:16:04)
	5:29 (1:21:33)	18:50 (1:40:23)	1:19 (1:41:42)	0:56 (1:42:38)		

22.	Lise Nørgaard	4:05 (4:05) 3:43 (37:51) 9:25 (1:10:21) 5:17 (1:39:18)	3:48 (7:53) 5:56 (43:47) 3:15 (1:13:36) 6:37 (1:45:55)	OK Roskilde	1:49:01 +58:17	18:31	4:15 (12:08) 4:08 (47:55) 7:01 (1:20:37) 2:05 (1:48:00)	3:19 (15:27) 6:36 (54:31) 3:49 (1:24:26) 1:01 (1:49:01)	16:16 (31:43) 3:06 (57:37) 3:58 (1:28:24)	2:25 (34:08) 3:19 (1:00:56) 5:37 (1:34:01)
23.	Ida Marie Lyng Landsperg	3:52 (3:52) 3:33 (24:53) 9:19 (57:07) 4:53 (1:29:39)	2:51 (6:43) 4:41 (29:34) 4:03 (1:01:10) 5:18 (1:34:57)	Tisvilde Hegn OK	1:50:25 +59:41	21:56	3:36 (10:19) 3:06 (32:40) 4:55 (1:06:05) 10:41 (1:45:38)	3:28 (13:47) 6:02 (38:42) 3:33 (1:09:38) 4:47 (1:50:25)	4:42 (18:29) 3:13 (41:55) 10:03 (1:19:41)	2:51 (21:20) 5:53 (47:48) 5:05 (1:24:46)
23.	Nina Sloth Nielsen	3:52 (3:52) 3:33 (24:53) 9:19 (57:07) 4:53 (1:29:39)	2:51 (6:43) 4:41 (29:34) 4:03 (1:01:10) 5:18 (1:34:57)	Uden klub	1:50:25 +59:41	21:56	3:36 (10:19) 3:06 (32:40) 4:55 (1:06:05) 10:41 (1:45:38)	3:28 (13:47) 6:02 (38:42) 3:33 (1:09:38) 4:47 (1:50:25)	4:42 (18:29) 3:13 (41:55) 10:03 (1:19:41)	2:51 (21:20) 5:53 (47:48) 5:05 (1:24:46)
25.	Preben Kristensen	4:13 (4:13) 4:23 (28:36) 10:23 (1:03:02) 5:40 (1:48:09)	4:04 (8:17) 8:28 (37:04) 3:59 (1:07:01) 7:24 (1:55:33)	OK Roskilde	2:00:59 +70:15	21:17	4:57 (13:14) 2:11 (39:15) 5:49 (1:12:50) 4:06 (1:59:39)	3:25 (16:39) 6:43 (45:58) 10:27 (1:23:17) 1:20 (2:00:59)	5:44 (22:23) 3:21 (49:19) 8:26 (1:31:43)	1:50 (24:13) 3:20 (52:39) 10:46 (1:42:29)
26.	Viggo Hansen	5:38 (5:38) 2:21 (39:11) 18:24 (1:24:14) 3:38 (1:56:01)	3:09 (8:47) 6:29 (45:40) 3:18 (1:27:32) 5:03 (2:01:04)	Ballerup OK	2:04:17 +73:33	32:25	9:36 (18:23) 6:26 (52:06) 7:28 (1:35:00) 2:07 (2:03:11)	4:29 (22:52) 7:16 (59:22) 2:38 (1:37:38) 1:06 (2:04:17)	11:21 (34:13) 2:11 (1:01:33) 9:35 (1:47:13)	2:37 (36:50) 4:17 (1:05:50) 5:10 (1:52:23)
	Ida Marie Hansen	– (–) – (–) – (–) – (–)	– (–) – (–) – (–) – (–)	Uden klub	Fejlklip		– (–) – (–) – (–) – (0:58)	– (–) – (–) – (–)	– (–) – (–) – (–)	– (–) 0:40 (0:14) – (–)
	Jonas Blomqvist	2:23 (2:23) 1:36 (14:56) – (–) 2:48 (59:24)	2:12 (4:35) 9:36 (24:32) – (45:34) 3:08 (1:02:32)	Helsingør SOK	Fejlklip		3:05 (7:40) 3:27 (27:59) 3:07 (48:41) 0:58 (1:03:30)	1:54 (9:34) 4:49 (32:48) 2:04 (50:45) 0:51 (1:04:21)	2:44 (12:18) 1:40 (34:28) 3:03 (53:48)	1:02 (13:20) 2:50 (37:18) 2:48 (56:36)
	Jørn Mouritzen	2:31 (2:31) 2:19 (15:54) – (–) 3:13 (50:43)	2:32 (5:03) 2:54 (18:48) – (34:44) 2:57 (53:40)	Fredensborg OK	Fejlklip		2:55 (7:58) 1:34 (20:22) 5:12 (39:56) 1:12 (54:52)	1:56 (9:54) 4:20 (24:42) 2:14 (42:10) 0:31 (55:23)	2:31 (12:25) 1:55 (26:37) 2:46 (44:56)	1:10 (13:35) 2:10 (28:47) 2:34 (47:30)
	Mette Hvne Rasmussen	7:01 (7:01) 3:55 (29:46) – (–) – (–)	3:49 (10:50) 8:37 (38:23) – (–) – (–)	Ballerup OK	Fejlklip		4:06 (14:56) 5:23 (43:46) – (–) – (–)	3:59 (18:55) – (–) – (–) – (1:04:26)	4:53 (23:48) – (–) – (–)	2:03 (25:51) – (–) – (–)
<b>Bane 6</b>										
1.	Line Søderlund	2:55 (2:55) 3:57 (18:40) 2:13 (39:18)	1:05 (4:00) 3:08 (21:48) 1:54 (41:12)	Farum OK	44:03	00:58	2:49 (6:49) 1:55 (23:43) 0:59 (42:11)	2:51 (9:40) 3:03 (26:46) 1:00 (43:11)	1:08 (10:48) 4:08 (30:54) 0:52 (44:03)	3:55 (14:43) 6:11 (37:05)
2.	Birgitte Erskov Halland	3:11 (3:11) 5:20 (23:40) 2:08 (46:43)	1:25 (4:36) 4:08 (27:48) 2:03 (48:46)	OK Øst Birkerød	52:27 +8:24	03:20	3:28 (8:04) 2:01 (29:49) 1:35 (50:21)	4:47 (12:51) 4:43 (34:32) 1:19 (51:40)	1:20 (14:11) 4:50 (39:22) 0:47 (52:27)	4:09 (18:20) 5:13 (44:35)
3.	Søren A. Nielsen	3:12 (3:12) 4:50 (22:15) 2:12 (46:14)	1:32 (4:44) 5:26 (27:41) 2:09 (48:23)	Helsingør SOK	52:41 +8:38	03:30	2:58 (7:42) 2:15 (29:56) 2:17 (50:40)	3:31 (11:13) 3:30 (33:26) 1:10 (51:50)	2:07 (13:20) 4:59 (38:25) 0:51 (52:41)	4:05 (17:25) 5:37 (44:02)
4.	Birgitte Birck	3:44 (3:44) 5:12 (25:35) 2:25 (48:55)	2:23 (6:07) 3:41 (29:16) 2:12 (51:07)	Allerød OK	54:44 +10:41	02:31	4:17 (10:24) 2:49 (32:05) 1:26 (52:33)	3:27 (13:51) 3:37 (35:42) 1:19 (53:52)	1:40 (15:31) 4:54 (40:36) 0:52 (54:44)	4:52 (20:23) 5:54 (46:30)
5.	Erik Krogh	3:36 (3:36) 5:03 (23:57) 2:39 (50:31)	1:23 (4:59) 3:53 (27:50) 2:32 (53:03)	Kolding OK	56:48 +12:45	01:21	3:49 (8:48) 2:23 (30:13) 1:39 (54:42)	3:27 (12:15) 4:17 (34:30) 1:26 (56:08)	1:37 (13:52) 6:50 (41:20) 0:40 (56:48)	5:02 (18:54) 6:32 (47:52)
6.	Tine Rønn Østergaard	3:13 (3:13) 4:53 (25:05) 2:18 (51:49)	1:15 (4:28) 3:52 (28:57) 2:16 (54:05)	Kildeholm OK	57:56 +13:53	07:49	3:38 (8:06) 2:20 (31:17) 1:22 (55:27)	2:46 (10:52) 3:18 (34:35) 1:36 (57:03)	1:16 (12:08) 9:11 (43:46) 0:53 (57:56)	8:04 (20:12) 5:45 (49:31)
7.	Anne Skovbaek	3:17 (3:17) 5:19 (22:39) 2:55 (51:17)	1:20 (4:37) 3:32 (26:11) 2:28 (53:45)	Søllerød OK	58:05 +14:02	04:45	3:05 (7:42) 2:23 (28:34) 1:57 (55:42)	3:19 (11:01) 3:23 (31:57) 1:27 (57:09)	1:29 (12:30) 8:18 (40:15) 0:56 (58:05)	4:50 (17:20) 8:07 (48:22)
8.	Rolf Andersen	3:39 (3:39) 5:13 (25:43) 3:24 (52:13)	1:27 (5:06) 5:01 (30:44) 2:34 (54:47)	AMOK	58:53 +14:50	03:20	5:00 (10:06) 2:31 (33:15) 1:33 (56:20)	3:35 (13:41) 3:44 (36:59) 1:40 (58:00)	1:50 (15:31) 5:11 (42:10) 0:53 (58:53)	4:59 (20:30) 6:39 (48:49)

9.	John Hørlyk	2:50 (2:50) 7:10 (25:44) 2:10 (53:45)	1:38 (4:28) 3:04 (28:48) 1:58 (55:43)	Farum OK	59:39 +15:36	11:44	3:12 (7:40) 1:48 (30:36) 2:21 (58:04)	5:48 (13:28) 5:57 (36:33) 0:49 (58:53)	1:33 (15:01) 8:48 (45:21) 0:46 (59:39)	3:33 (18:34) 6:14 (51:35)
10.	Charlotte Grauert	3:27 (3:27) 5:41 (26:54) 2:59 (54:36)	1:36 (5:03) 5:10 (32:04) 2:35 (57:11)	Ballerup OK	1:00:54 +16:51	04:00	3:46 (8:49) 3:33 (35:37) 1:13 (58:24)	5:38 (14:27) 4:11 (39:48) 1:32 (59:56)	1:37 (16:04) 5:15 (45:03) 0:58 (1:00:54)	5:09 (21:13) 6:34 (51:37)
11.	Steen Fladberg	4:25 (4:25) 4:35 (29:45) 2:20 (56:13)	1:37 (6:02) 4:42 (34:27) 2:10 (58:23)	Køge OK	1:02:00 +17:57	09:58	6:09 (12:11) 4:12 (38:39) 1:35 (59:58)	7:06 (19:17) 4:16 (42:55) 1:12 (1:01:10)	1:23 (20:40) 5:02 (47:57) 0:50 (1:02:00)	4:30 (25:10) 5:56 (53:53)
12.	Jørgen Luxhøj	3:56 (3:56) 5:59 (27:44) 3:07 (56:01)	2:33 (6:29) 4:37 (32:21) 3:02 (59:03)	Søllerød OK	1:05:27 +21:24	02:43	4:29 (10:58) 3:06 (35:27) 3:33 (1:02:36)	3:14 (14:12) 4:48 (40:15) 1:32 (1:04:08)	1:53 (16:05) 5:55 (46:10) 1:19 (1:05:27)	5:40 (21:45) 6:44 (52:54)
13.	Kirsten Nymann Petersen	3:44 (3:44) 6:52 (28:15) 4:16 (59:01)	1:45 (5:29) 4:15 (32:30) 2:44 (1:01:45)	OK ØST Birkerød	1:06:41 +22:38	06:15	4:05 (9:34) 5:56 (38:26) 1:44 (1:03:29)	4:36 (14:10) 3:56 (42:22) 2:12 (1:05:41)	1:41 (15:51) 5:19 (47:41) 1:00 (1:06:41)	5:32 (21:23) 7:04 (54:45)
14.	Knud Lykking	5:23 (5:23) 5:34 (32:30) 2:53 (1:00:41)	4:14 (9:37) 4:25 (36:55) 2:42 (1:03:23)	OK73	1:07:16 +23:13	06:32	4:48 (14:25) 3:07 (40:02) 1:26 (1:04:49)	3:58 (18:23) 4:21 (44:23) 1:31 (1:06:20)	2:29 (20:52) 6:12 (50:35) 0:56 (1:07:16)	6:04 (26:56) 7:13 (57:48)
15.	Jannie Nielsen	5:02 (5:02) 6:05 (29:36) 2:56 (1:00:41)	2:09 (7:11) 4:44 (34:20) 2:43 (1:03:24)	Holbæk OK	1:07:51 +23:48	03:10	4:19 (11:30) 2:51 (37:11) 2:04 (1:05:28)	4:02 (15:32) 5:23 (42:34) 1:28 (1:06:56)	1:44 (17:16) 6:36 (49:10) 0:55 (1:07:51)	6:15 (23:31) 8:35 (57:45)
16.	Ellen Kühn Jensen	4:42 (4:42) 6:41 (30:02) 3:38 (59:18)	2:01 (6:43) 4:33 (34:35) 2:56 (1:02:14)	Ballerup OK	1:07:53 +23:50	02:53	4:00 (10:43) 3:22 (37:57) 2:16 (1:04:30)	4:26 (15:09) 4:43 (42:40) 2:44 (1:07:14)	2:43 (17:52) 6:08 (48:48) 0:39 (1:07:53)	5:29 (23:21) 6:52 (55:40)
17.	Mette Hørlyk Friis	3:40 (3:40) 6:08 (35:51) 3:56 (1:02:25)	2:00 (5:40) 4:11 (40:02) 2:31 (1:04:56)	Farum OK	1:09:12 +25:09	11:53	3:11 (8:51) 2:53 (42:55) 1:38 (1:06:34)	14:18 (23:09) 4:23 (47:18) 1:47 (1:08:21)	1:21 (24:30) 4:52 (52:10) 0:51 (1:09:12)	5:13 (29:43) 6:19 (58:29)
18.	Kaj Rostvad	3:21 (3:21) 9:17 (33:16) 2:41 (1:01:59)	1:42 (5:03) 4:58 (38:14) 2:32 (1:04:31)	Søllerød OK	1:09:40 +25:37	09:34	4:08 (9:11) 2:17 (40:31) 2:26 (1:06:57)	8:02 (17:13) 4:27 (44:58) 1:49 (1:08:46)	1:39 (18:52) 7:45 (52:43) 0:54 (1:09:40)	5:07 (23:59) 6:35 (59:18)
19.	Gunner Jørgensen	3:36 (3:36) 5:51 (28:35) 2:56 (59:50)	1:55 (5:31) 4:27 (33:02) 4:58 (1:04:48)	OK73	1:12:10 +28:07	10:25	4:03 (9:34) 2:47 (35:49) 4:37 (1:09:25)	3:47 (13:21) 3:56 (39:45) 1:50 (1:11:15)	4:02 (17:23) 9:19 (49:04) 0:55 (1:12:10)	5:21 (22:44) 7:50 (56:54)
20.	Karin Lomholt Finnemann	3:36 (3:36) 5:45 (34:08) 3:16 (1:05:15)	2:21 (5:57) 4:15 (38:23) 2:45 (1:08:00)	Farum OK	1:12:58 +28:55	13:20	4:21 (10:18) 5:16 (43:39) 2:34 (1:10:34)	11:48 (22:06) 5:00 (48:39) 1:46 (1:12:20)	1:34 (23:40) 5:22 (54:01) 0:38 (1:12:58)	4:43 (28:23) 7:58 (1:01:59)
21.	Kristen Bonnen	4:38 (4:38) 6:23 (33:36) 4:07 (1:05:34)	4:52 (9:30) 5:41 (39:17) 3:11 (1:08:45)	Ballerup OK	1:13:33 +29:30	06:05	5:37 (15:07) 2:27 (41:44) 2:02 (1:10:47)	4:26 (19:33) 4:39 (46:23) 1:50 (1:12:37)	1:48 (21:21) 6:40 (53:03) 0:56 (1:13:33)	5:52 (27:13) 8:24 (1:01:27)
22.	Jørgen Jensen	4:29 (4:29) 14:33 (41:40) 3:07 (1:08:04)	7:46 (12:15) 4:50 (46:30) 2:32 (1:10:36)	Helsingør SOK	1:14:48 +30:45	15:20	3:44 (15:59) 3:01 (49:31) 1:23 (1:11:59)	3:43 (19:42) 3:54 (53:25) 1:29 (1:13:28)	2:05 (21:47) 5:19 (58:44) 1:20 (1:14:48)	5:20 (27:07) 6:13 (1:04:57)
23.	Erik Roslyng	3:46 (3:46) 7:19 (35:27) 3:01 (1:07:41)	4:27 (8:13) 5:33 (41:00) 2:39 (1:10:20)	FSK Orientering	1:14:52 +30:49	10:23	4:30 (12:43) 3:36 (44:36) 2:04 (1:12:24)	6:50 (19:33) 7:38 (52:14) 1:33 (1:13:57)	2:27 (22:00) 5:49 (58:03) 0:55 (1:14:52)	6:08 (28:08) 6:37 (1:04:40)
24.	Gitte Grauert	4:23 (4:23) 7:34 (36:54) 3:23 (1:09:13)	2:35 (6:58) 4:58 (41:52) 3:21 (1:12:34)	Ballerup OK	1:17:33 +33:30	04:29	4:38 (11:36) 2:56 (44:48) 1:56 (1:14:30)	9:10 (20:46) 5:42 (50:30) 2:14 (1:16:44)	2:12 (22:58) 7:30 (58:00) 0:49 (1:17:33)	6:22 (29:20) 7:50 (1:05:50)
25.	Marek Mir-Mackiewicz	4:41 (4:41) 6:43 (34:12) 3:09 (1:09:01)	2:05 (6:46) 4:37 (38:49) 3:06 (1:12:07)	Ballerup OK	1:20:26 +36:23	10:16	6:04 (12:50) 3:41 (42:30) 4:46 (1:16:53)	4:05 (16:55) 5:13 (47:43) 2:48 (1:19:41)	2:00 (18:55) 9:48 (57:31) 0:45 (1:20:26)	8:34 (27:29) 8:21 (1:05:52)
26.	Hanne Frost	5:07 (5:07) 8:17 (36:26) 3:18 (1:12:25)	2:17 (7:24) 5:45 (42:11) 3:25 (1:15:50)	Ballerup OK	1:22:06 +38:03	05:21	7:17 (14:41) 5:25 (47:36) 2:58 (1:18:48)	5:21 (20:02) 5:30 (53:06) 2:07 (1:20:55)	2:28 (22:30) 8:01 (1:01:07) 1:11 (1:22:06)	5:39 (28:09) 8:00 (1:09:07)
27.	Bodil M. Mortensen	4:59 (4:59) 7:51 (33:19) 3:28 (1:10:29)	3:04 (8:03) 7:17 (40:36) 4:14 (1:14:43)	Ballerup OK	1:25:04 +41:01	12:47	4:23 (12:26) 6:24 (47:00) 7:48 (1:22:31)	4:44 (17:10) 5:19 (52:19) 1:45 (1:24:16)	2:11 (19:21) 6:50 (59:09) 0:48 (1:25:04)	6:07 (25:28) 7:52 (1:07:01)
28.	Sven Wodschow	5:05 (5:05) 7:19 (38:41) 3:29 (1:20:26)	2:00 (7:05) 4:45 (43:26) 4:02 (1:24:28)	OK West	1:29:42 +45:39	16:33	7:05 (14:10) 8:01 (51:27) 2:37 (1:27:05)	4:42 (18:52) 5:42 (57:09) 1:51 (1:28:56)	6:51 (25:43) 11:28 (1:08:37) 0:46 (1:29:42)	5:39 (31:22) 8:20 (1:16:57)



Ulla Baden		OK73	Fejlklip		
24:18 (24:18)	4:18 (28:36)	8:32 (37:08)	4:32 (41:40)	21:51 (1:03:31)	6:33 (1:10:04)
8:14 (1:18:18)	5:42 (1:24:00)	4:15 (1:28:15)	15:59 (1:44:14)	10:07 (1:54:21)	7:06 (2:01:27)
– (–)	– (–)	– (–)	– (–)	– (2:11:43)	
Anne Andersen		AMOK	Ej startet		
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	
Carl-Johan Rosenberg		FIF Hillerød	Ej startet		
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	
<b>Bane 7</b>		<b>(18 / 18)</b>	<b>Tid Efter Tidstab</b>		
1. Karl Aage Hald		FSK Orientering	1:01:15	03:31	
3:43 (3:43)	2:42 (6:25)	7:31 (13:56)	3:03 (16:59)	5:56 (22:55)	4:06 (27:01)
2:50 (29:51)	3:00 (32:51)	7:29 (40:20)	3:02 (43:22)	5:16 (48:38)	2:41 (51:19)
5:21 (56:40)	2:02 (58:42)	1:37 (1:00:19)	0:56 (1:01:15)		
2. Jørgen Christian Nielsen		FIF Hillerød	1:04:29 +3:14	05:53	
4:11 (4:11)	2:54 (7:05)	5:32 (12:37)	3:31 (16:08)	5:55 (22:03)	4:32 (26:35)
1:57 (28:32)	4:00 (32:32)	7:35 (40:07)	3:46 (43:53)	5:04 (48:57)	6:52 (55:49)
4:00 (59:49)	1:51 (1:01:40)	1:44 (1:03:24)	1:05 (1:04:29)		
3. Mogens Jørgensen		Søllerød OK	1:08:08 +6:53	08:19	
4:35 (4:35)	2:52 (7:27)	5:56 (13:23)	4:29 (17:52)	5:46 (23:38)	4:19 (27:57)
5:05 (33:02)	2:42 (35:44)	7:41 (43:25)	2:43 (46:08)	4:47 (50:55)	5:36 (56:31)
3:58 (1:00:29)	4:56 (1:05:25)	1:38 (1:07:03)	1:05 (1:08:08)		
4. Mette Seir Hansen		Helsingør SOK	1:08:31 +7:16	08:07	
4:18 (4:18)	3:57 (8:15)	6:42 (14:57)	4:10 (19:07)	6:56 (26:03)	8:51 (34:54)
2:43 (37:37)	2:56 (40:33)	7:07 (47:40)	2:34 (50:14)	6:13 (56:27)	2:35 (59:02)
4:29 (1:03:31)	2:48 (1:06:19)	1:17 (1:07:36)	0:55 (1:08:31)		
5. Ulrik Danneskiold-Samsøe		Farum OK	1:11:06 +9:51	08:09	
4:48 (4:48)	3:26 (8:14)	5:13 (13:27)	3:31 (16:58)	5:31 (22:29)	4:15 (26:44)
3:19 (30:03)	3:47 (33:50)	12:06 (45:56)	3:15 (49:11)	6:30 (55:41)	3:17 (58:58)
4:39 (1:03:37)	3:49 (1:07:26)	3:09 (1:10:35)	0:31 (1:11:06)		
6. Line Bisgaard		Ballerup OK	1:11:32 +10:17	05:34	
6:28 (6:28)	3:32 (10:00)	5:43 (15:43)	3:53 (19:36)	7:46 (27:22)	4:56 (32:18)
2:42 (35:00)	3:07 (38:07)	8:56 (47:03)	2:59 (50:02)	5:37 (55:39)	4:21 (1:00:00)
4:27 (1:04:27)	4:15 (1:08:42)	1:48 (1:10:30)	1:02 (1:11:32)		
7. Henning Løwenstein		FIF Hillerød	1:11:41 +10:26	05:43	
4:51 (4:51)	2:44 (7:35)	5:37 (13:12)	4:01 (17:13)	6:01 (23:14)	4:51 (28:05)
3:06 (31:11)	3:18 (34:29)	10:05 (44:34)	3:16 (47:50)	5:48 (53:38)	4:08 (57:46)
4:48 (1:02:34)	6:10 (1:08:44)	1:49 (1:10:33)	1:08 (1:11:41)		
8. Karsten Funder		FIF Hillerød	1:16:06 +14:51	15:07	
3:33 (3:33)	2:57 (6:30)	5:03 (11:33)	3:57 (15:30)	8:09 (23:39)	9:51 (33:30)
2:20 (35:50)	3:07 (38:57)	7:35 (46:32)	4:28 (51:00)	4:58 (55:58)	3:19 (59:17)
7:40 (1:06:57)	5:33 (1:12:30)	2:30 (1:15:00)	1:06 (1:16:06)		
9. Kristine Bihmann		OK73	1:21:48 +20:33	07:34	
4:50 (4:50)	3:44 (8:34)	6:37 (15:11)	4:49 (20:00)	6:43 (26:43)	5:18 (32:01)
5:15 (37:16)	4:09 (41:25)	9:30 (50:55)	3:42 (54:37)	10:38 (1:05:15)	3:51 (1:09:06)
6:39 (1:15:45)	2:42 (1:18:27)	2:12 (1:20:39)	1:09 (1:21:48)		
10. Kurt Jespersen		Jernbanefritid	1:37:15 +36:00	19:26	
6:24 (6:24)	3:44 (10:08)	15:09 (25:17)	4:42 (29:59)	6:44 (36:43)	4:25 (41:08)
3:20 (44:28)	3:28 (47:56)	13:12 (1:01:08)	3:13 (1:04:21)	11:13 (1:15:34)	4:20 (1:19:54)
6:47 (1:26:41)	7:08 (1:33:49)	2:12 (1:36:01)	1:14 (1:37:15)		
11. Louise Hornstrup		Uden klub	1:44:53 +43:38	24:15	
5:08 (5:08)	7:35 (12:43)	5:35 (18:18)	7:04 (25:22)	7:11 (32:33)	10:56 (43:29)
5:54 (49:23)	3:37 (53:00)	10:53 (1:03:53)	8:51 (1:12:44)	9:01 (1:21:45)	9:44 (1:31:29)
6:09 (1:37:38)	3:31 (1:41:09)	2:10 (1:43:19)	1:34 (1:44:53)		
12. Per Christoffersen		Ballerup OK	1:47:24 +46:09	22:11	
5:15 (5:15)	4:15 (9:30)	16:59 (26:29)	7:01 (33:30)	8:31 (42:01)	5:37 (47:38)
10:38 (58:16)	3:44 (1:02:00)	10:25 (1:12:25)	4:10 (1:16:35)	7:50 (1:24:25)	6:19 (1:30:44)
6:41 (1:37:25)	6:29 (1:43:54)	2:28 (1:46:22)	1:02 (1:47:24)		
13. Poul Gregersen		Ballerup OK	1:51:17 +50:02	12:25	
6:57 (6:57)	5:27 (12:24)	12:30 (24:54)	11:49 (36:43)	11:35 (48:18)	7:23 (55:41)
5:53 (1:01:34)	4:38 (1:06:12)	12:23 (1:18:35)	4:09 (1:22:44)	8:47 (1:31:31)	4:32 (1:36:03)
7:52 (1:43:55)	3:40 (1:47:35)	2:30 (1:50:05)	1:12 (1:51:17)		
14. Kaare Vindfeld		Jernbanefritid	1:54:32 +53:17	43:14	
4:57 (4:57)	2:44 (7:41)	22:04 (29:45)	8:30 (38:15)	6:51 (45:06)	4:22 (49:28)
2:59 (52:27)	2:35 (55:02)	10:00 (1:05:02)	3:35 (1:08:37)	27:12 (1:35:49)	6:16 (1:42:05)
4:55 (1:47:00)	3:31 (1:50:31)	3:12 (1:53:43)	0:49 (1:54:32)		
15. Marianne Krowicki		Helsingør SOK	2:16:09 +74:54	50:25	
15:51 (15:51)	5:20 (21:11)	9:28 (30:39)	22:20 (52:59)	6:17 (59:16)	10:37 (1:09:53)
2:43 (1:12:36)	6:18 (1:18:54)	8:58 (1:27:52)	3:45 (1:31:37)	23:14 (1:54:51)	6:31 (2:01:22)
6:25 (2:07:47)	5:30 (2:13:17)	1:51 (2:15:08)	1:01 (2:16:09)		
Flemming Larsen		Fejlklip			
7:46 (7:46)	3:49 (11:35)	6:57 (18:32)	4:49 (23:21)	7:46 (31:07)	15:20 (46:27)
2:34 (49:01)	3:07 (52:08)	9:29 (1:01:37)	6:28 (1:08:05)	– (–)	– (–)
– (–)	– (–)	– (–)	– (1:28:52)		

Inge Christiansen		AMOK		Fejlklip			
6:12 (6:12)	4:51 (11:03)	25:10 (36:13)		5:32 (41:45)	10:42 (52:27)	6:18 (58:45)	
6:31 (1:05:16)	6:10 (1:11:26)	– (–)		– (1:23:02)	7:24 (1:30:26)	9:15 (1:39:41)	
6:34 (1:46:15)	5:25 (1:51:40)	2:48 (1:54:28)		0:54 (1:55:22)			
Johanne Lind		Ballerup OK		Fejlklip			
7:04 (7:04)	3:51 (10:55)	– (–)		– (–)	– (40:18)	6:21 (46:39)	
5:18 (51:57)	4:29 (56:26)	12:41 (1:09:07)		3:50 (1:12:57)	8:16 (1:21:13)	5:06 (1:26:19)	
7:51 (1:34:10)	4:07 (1:38:17)	1:47 (1:40:04)		0:51 (1:40:55)			
<b>Bane 8</b>		<b>(25 / 25)</b>		<b>Tid Efter Tidstab</b>			
1. Elsa Bratholm		OK73		49:49		04:10	
2:39 (2:39)	3:44 (6:23)	3:34 (9:57)		2:30 (12:27)	2:31 (14:58)	3:02 (18:00)	
4:34 (22:34)	5:05 (27:39)	3:56 (31:35)		1:44 (33:19)	3:26 (36:45)	5:40 (42:25)	
1:55 (44:20)	2:07 (46:27)	2:16 (48:43)		1:06 (49:49)			
2. Kirsten Olsen		Søllerød OK		58:57 +9:08		04:03	
3:06 (3:06)	5:37 (8:43)	3:21 (12:04)		3:39 (15:43)	3:02 (18:45)	2:26 (21:11)	
5:08 (26:19)	5:06 (31:25)	5:28 (36:53)		2:37 (39:30)	4:14 (43:44)	5:55 (49:39)	
2:34 (52:13)	2:14 (54:27)	3:22 (57:49)		1:08 (58:57)			
3. Marianne Lykking		OK73		1:02:29 +12:40		01:46	
3:25 (3:25)	4:24 (7:49)	4:27 (12:16)		4:15 (16:31)	3:33 (20:04)	3:37 (23:41)	
5:43 (29:24)	3:42 (33:06)	6:39 (39:45)		2:35 (42:20)	5:42 (48:02)	5:58 (54:00)	
2:49 (56:49)	1:57 (58:46)	2:30 (1:01:16)		1:13 (1:02:29)			
4. Bent Mortensen		OK73		1:06:31 +16:42		04:34	
3:39 (3:39)	4:47 (8:26)	4:01 (12:27)		6:45 (19:12)	3:06 (22:18)	3:57 (26:15)	
5:18 (31:33)	3:05 (34:38)	5:52 (40:30)		3:10 (43:40)	5:52 (49:32)	7:00 (56:32)	
2:45 (59:17)	2:30 (1:01:47)	3:15 (1:05:02)		1:29 (1:06:31)			
5. Frank Sandgren		Jernbanefritid		1:07:07 +17:18		08:14	
2:36 (2:36)	5:06 (7:42)	4:48 (12:30)		5:34 (18:04)	3:27 (21:31)	2:54 (24:25)	
5:10 (29:35)	3:06 (32:41)	8:53 (41:34)		5:02 (46:36)	4:48 (51:24)	6:32 (57:56)	
2:06 (1:00:02)	2:13 (1:02:15)	3:46 (1:06:01)		1:06 (1:07:07)			
6. Bernt Myrvold		Sarpsborg OL		1:08:32 +18:43		04:16	
2:59 (2:59)	4:58 (7:57)	5:56 (13:53)		3:47 (17:40)	3:47 (21:27)	3:01 (24:28)	
6:26 (30:54)	6:19 (37:13)	6:05 (43:18)		3:02 (46:20)	5:24 (51:44)	6:37 (58:21)	
2:54 (1:01:15)	2:45 (1:04:00)	3:28 (1:07:28)		1:04 (1:08:32)			
7. Annelise Hansen		FIF Hillerød		1:10:23 +20:34		14:14	
3:30 (3:30)	3:56 (7:26)	5:28 (12:54)		3:23 (16:17)	2:59 (19:16)	2:31 (21:47)	
4:39 (26:26)	5:16 (31:42)	4:55 (36:37)		6:42 (43:19)	8:59 (52:18)	8:02 (1:00:20)	
4:17 (1:04:37)	2:05 (1:06:42)	2:28 (1:09:10)		1:13 (1:10:23)			
8. Leo Mathiesen		Jernbanefritid		1:12:40 +22:51		06:15	
4:08 (4:08)	6:26 (10:34)	4:43 (15:17)		4:44 (20:01)	4:27 (24:28)	3:19 (27:47)	
5:40 (33:27)	3:40 (37:07)	6:22 (43:29)		4:31 (48:00)	5:38 (53:38)	8:55 (1:02:33)	
2:39 (1:05:12)	3:17 (1:08:29)	3:02 (1:11:31)		1:09 (1:12:40)			
9. Jørn Andreassen		OK73		1:13:30 +23:41		07:03	
4:10 (4:10)	5:20 (9:30)	10:13 (19:43)		4:18 (24:01)	3:46 (27:47)	2:43 (30:30)	
5:59 (36:29)	3:48 (40:17)	5:47 (46:04)		2:50 (48:54)	6:09 (55:03)	8:55 (1:03:58)	
2:34 (1:06:32)	2:14 (1:08:46)	3:29 (1:12:15)		1:15 (1:13:30)			
10. Inge Madsen		OK73		1:13:54 +24:05		12:26	
4:42 (4:42)	4:35 (9:17)	7:24 (16:41)		3:48 (20:29)	3:05 (23:34)	2:51 (26:25)	
8:19 (34:44)	3:30 (38:14)	6:22 (44:36)		2:07 (46:43)	8:21 (55:04)	7:52 (1:02:56)	
2:36 (1:05:32)	4:38 (1:10:10)	3:03 (1:13:13)		0:41 (1:13:54)			
11. Marie Krogsgaard		Helsingør SOK		1:14:04 +24:15		08:01	
4:06 (4:06)	5:43 (9:49)	4:42 (14:31)		3:49 (18:20)	7:44 (26:04)	2:54 (28:58)	
5:59 (34:57)	3:54 (38:51)	6:06 (44:57)		2:32 (47:29)	8:38 (56:07)	8:09 (1:04:16)	
2:51 (1:07:07)	2:34 (1:09:41)	2:57 (1:12:38)		1:26 (1:14:04)			
12. Svend Fladberg		Køge OK		1:21:16 +31:27		18:21	
5:10 (5:10)	6:11 (11:21)	7:17 (18:38)		6:33 (25:11)	14:59 (40:10)	2:19 (42:29)	
5:20 (47:49)	3:42 (51:31)	6:52 (58:23)		2:33 (1:00:56)	5:40 (1:06:36)	5:59 (1:12:35)	
2:46 (1:15:21)	2:01 (1:17:22)	2:35 (1:19:57)		1:19 (1:21:16)			
13. Lise Bertram		Helsingør SOK		1:25:46 +35:57		19:45	
12:50 (12:50)	4:10 (17:00)	7:16 (24:16)		5:12 (29:28)	8:09 (37:37)	3:04 (40:41)	
6:10 (46:51)	3:37 (50:28)	6:22 (56:50)		2:25 (59:15)	8:36 (1:07:51)	8:09 (1:16:00)	
3:08 (1:19:08)	2:37 (1:21:45)	3:00 (1:24:45)		1:01 (1:25:46)			
14. Lise Kolte		FSK Orientering		1:28:02 +38:13		12:39	
4:19 (4:19)	5:25 (9:44)	10:55 (20:39)		4:41 (25:20)	4:29 (29:49)	4:00 (33:49)	
11:10 (44:59)	4:42 (49:41)	7:03 (56:44)		2:35 (59:19)	6:39 (1:05:58)	8:56 (1:14:54)	
2:40 (1:17:34)	2:34 (1:20:08)	6:38 (1:26:46)		1:16 (1:28:02)			
15. Kirsten Truelsen		Ballerup OK		1:32:51 +43:02		12:36	
4:57 (4:57)	6:46 (11:43)	6:12 (17:55)		4:54 (22:49)	4:38 (27:27)	3:22 (30:49)	
8:09 (38:58)	3:52 (42:50)	6:10 (49:00)		3:25 (52:25)	14:03 (1:06:28)	11:58 (1:18:26)	
5:03 (1:23:29)	3:23 (1:26:52)	4:27 (1:31:19)		1:32 (1:32:51)			
16. Govert Heede		Ballerup OK		1:33:27 +43:38		14:49	
5:33 (5:33)	6:03 (11:36)	7:00 (18:36)		5:14 (23:50)	4:37 (28:27)	3:11 (31:38)	
8:13 (39:51)	4:17 (44:08)	5:50 (49:58)		3:24 (53:22)	16:11 (1:09:33)	9:44 (1:19:17)	
5:22 (1:24:39)	3:14 (1:27:53)	4:19 (1:32:12)		1:15 (1:33:27)			
17. Finn Olsen		OK Roskilde		1:45:33 +55:44		09:17	
4:45 (4:45)	8:32 (13:17)	7:00 (20:17)		6:40 (26:57)	8:31 (35:28)	4:59 (40:27)	
8:20 (48:47)	5:06 (53:53)	12:00 (1:05:53)		4:25 (1:10:18)	8:33 (1:18:51)	11:25 (1:30:16)	
4:00 (1:34:16)	3:46 (1:38:02)	5:54 (1:43:56)		1:37 (1:45:33)			

18. Finn Hultengren		<b>Ballerup OK</b>	1:50:52 +61:03	21:10	
4:28 (4:28)	7:05 (11:33)	11:28 (23:01)	9:14 (32:15)	11:58 (44:13)	3:52 (48:05)
7:38 (55:43)	8:32 (1:04:15)	9:36 (1:13:51)	3:12 (1:17:03)	6:22 (1:23:25)	10:44 (1:34:09)
5:08 (1:39:17)	4:40 (1:43:57)	5:37 (1:49:34)	1:18 (1:50:52)		
19. Steffen Nilsson		<b>Køge OK</b>	1:56:59 +67:10	15:03	
8:45 (8:45)	9:14 (17:59)	8:44 (26:43)	6:29 (33:12)	5:28 (38:40)	9:40 (48:20)
9:58 (58:18)	6:24 (1:04:42)	8:57 (1:13:39)	9:01 (1:22:40)	7:47 (1:30:27)	12:15 (1:42:42)
4:05 (1:46:47)	4:00 (1:50:47)	4:51 (1:55:38)	1:21 (1:56:59)		
20. Jørgen Poulsen		<b>OK73</b>	2:17:41 +87:52	24:20	
11:39 (11:39)	14:15 (25:54)	7:24 (33:18)	6:34 (39:52)	6:04 (45:56)	6:51 (52:47)
17:05 (1:09:52)	8:09 (1:18:01)	11:21 (1:29:22)	4:48 (1:34:10)	7:54 (1:42:04)	14:25 (1:56:29)
5:02 (2:01:31)	8:03 (2:09:34)	6:08 (2:15:42)	1:59 (2:17:41)		
Hanne Møller Jensen		<b>OK Roskilde</b>	<b>Fejlklip</b>		
3:34 (3:34)	18:10 (21:44)	13:19 (35:03)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (56:24)		
Kurt Dose		<b>Køge OK</b>	<b>Fejlklip</b>		
4:08 (4:08)	5:54 (10:02)	6:39 (16:41)	8:48 (25:29)	– (–)	– (35:15)
5:58 (41:13)	7:51 (49:04)	6:05 (55:09)	2:35 (57:44)	8:48 (1:06:32)	10:05 (1:16:37)
2:49 (1:19:26)	4:44 (1:24:10)	3:46 (1:27:56)	1:23 (1:29:19)		
E'lisa Sørensen		<b>Jernbanefritid</b>	<b>Udgået</b>		
7:36 (7:36)	6:46 (14:22)	17:33 (31:55)	5:18 (37:13)	4:47 (42:00)	3:13 (45:13)
8:21 (53:34)	5:25 (58:59)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)		
Erich Petersen		<b>OK Roskilde</b>	<b>Udgået</b>		
4:34 (4:34)	6:04 (10:38)	8:33 (19:11)	7:29 (26:40)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)		
Ulla Valnert		<b>OK73</b>	<b>Udgået</b>		
4:32 (4:32)	6:04 (10:36)	5:50 (16:26)	8:00 (24:26)	20:40 (45:06)	4:24 (49:30)
6:59 (56:29)	4:42 (1:01:11)	7:24 (1:08:35)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)		

**Bane 9**

		<b>(8 / 8)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>
1. Rasmus Storm Lyngsø		<b>Allerød OK</b>	1:00:20		06:04
2:48 (2:48)	2:33 (5:21)	4:34 (9:55)	1:18 (11:13)		5:38 (16:51)
4:40 (25:27)	2:23 (27:50)	4:40 (32:30)	4:45 (37:15)		4:48 (42:03)
3:14 (47:32)	5:57 (53:29)	1:51 (55:20)	3:11 (58:31)		1:04 (59:35)
2. Jørgen Finnemann		<b>Farum OK</b>	1:02:19 +1:59	10:40	
2:36 (2:36)	3:13 (5:49)	3:42 (9:31)	1:42 (11:13)		5:13 (16:26)
3:49 (30:36)	1:59 (32:35)	3:43 (36:18)	3:52 (40:10)		3:30 (43:40)
5:08 (51:04)	2:47 (53:51)	1:36 (55:27)	4:53 (1:00:20)		1:13 (1:01:33)
3. Sebastian Hornstrup		<b>Uden klub</b>	1:07:10 +6:50	18:10	
2:21 (2:21)	2:42 (5:03)	3:02 (8:05)	1:47 (9:52)		17:26 (27:18)
3:27 (35:11)	1:29 (36:40)	3:34 (40:14)	3:18 (43:32)		4:47 (48:19)
2:15 (57:35)	4:00 (1:01:35)	1:28 (1:03:03)	2:11 (1:05:14)		1:07 (1:06:21)
4. Linus Kildegaard		<b>Uden klub</b>	1:15:14 +14:54	13:20	
4:56 (4:56)	7:28 (12:24)	4:47 (17:11)	1:50 (19:01)		7:18 (26:19)
6:28 (39:02)	3:43 (42:45)	5:41 (48:26)	6:23 (54:49)		3:59 (58:48)
2:39 (1:03:49)	3:30 (1:07:19)	2:48 (1:10:07)	2:48 (1:12:55)		1:33 (1:14:28)
5. Linda Rotovnik		<b>Søllerød OK</b>	1:21:41 +21:21	13:44	
3:42 (3:42)	2:55 (6:37)	5:05 (11:42)	2:32 (14:14)		17:24 (31:38)
4:38 (41:43)	3:59 (45:42)	4:42 (50:24)	4:30 (54:54)		5:06 (1:00:00)
3:00 (1:08:22)	4:14 (1:12:36)	2:36 (1:15:12)	3:45 (1:18:57)		1:48 (1:20:45)
6. August Kildegaard		<b>Uden klub</b>	1:39:46 +39:26	18:00	
4:44 (4:44)	8:44 (13:28)	6:06 (19:34)	2:24 (21:58)		20:20 (42:18)
5:24 (53:57)	4:00 (57:57)	5:52 (1:03:49)	7:15 (1:11:04)		6:44 (1:17:48)
4:22 (1:24:51)	5:50 (1:30:41)	3:05 (1:33:46)	3:45 (1:37:31)		1:27 (1:38:58)
Anton Kupriyanova		<b>Jernbanefritid</b>	<b>Ej startet</b>		
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
Trine Hershøj		<b>Ballerup OK</b>	<b>Ej startet</b>		
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)

**Bane 10**

		<b>(11 / 11)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>
1. Karen Marie Ørsted		<b>Odense OK</b>	41:46		03:19
2:26 (2:26)	3:04 (5:30)	3:14 (8:44)	6:19 (15:03)		3:48 (18:51)
3:41 (27:24)	1:58 (29:22)	4:22 (33:44)	1:04 (34:48)		1:55 (36:43)
1:05 (40:59)	0:47 (41:46)				
2. Alexander Johannes Mosbech Smith		<b>OK Øst Birkerød</b>	43:17 +1:31	06:27	
2:19 (2:19)	3:12 (5:31)	2:23 (7:54)	5:57 (13:51)		3:00 (16:51)
3:47 (24:38)	1:58 (26:36)	9:44 (36:20)	1:03 (37:23)		2:00 (39:23)
0:54 (42:35)	0:42 (43:17)				
3. Lisa Børsting		<b>Herlufsholm OK</b>	46:35 +4:49	07:56	
2:45 (2:45)	3:10 (5:55)	2:39 (8:34)	9:20 (17:54)		3:02 (20:56)
4:10 (32:34)	2:07 (34:41)	3:57 (38:38)	2:17 (40:55)		2:05 (43:00)
0:57 (46:03)	0:32 (46:35)				

4.	Frans Ørsted		Odense OK	1:02:58	+21:12	12:30	
	3:21 (3:21)	4:18 (7:39)	3:06 (10:45)	5:14 (15:59)		5:17 (21:16)	6:14 (27:30)
	5:10 (32:40)	5:33 (38:13)	8:52 (47:05)	1:31 (48:36)		2:47 (51:23)	8:20 (59:43)
	2:00 (1:01:43)	1:15 (1:02:58)					
5.	Niels Lund		Søllerød OK	1:03:47	+22:01	08:37	
	5:26 (5:26)	5:05 (10:31)	4:03 (14:34)	4:22 (18:56)		5:22 (24:18)	6:41 (30:59)
	6:11 (37:10)	3:13 (40:23)	10:52 (51:15)	1:44 (52:59)		3:52 (56:51)	3:30 (1:00:21)
	1:50 (1:02:11)	1:36 (1:03:47)					
6.	Anne Marie Jelsbak Jensen		Horsens OK	1:13:58	+32:12	08:59	
	4:43 (4:43)	6:01 (10:44)	6:50 (17:34)	5:50 (23:24)		7:04 (30:28)	7:47 (38:15)
	8:05 (46:20)	3:42 (50:02)	8:30 (58:32)	2:00 (1:00:32)		5:04 (1:05:36)	5:12 (1:10:48)
	1:52 (1:12:40)	1:18 (1:13:58)					
7.	Erik Nielsen		Horsens OK	1:14:00	+32:14	09:10	
	4:35 (4:35)	6:09 (10:44)	6:49 (17:33)	5:51 (23:24)		7:06 (30:30)	7:36 (38:06)
	8:12 (46:18)	3:47 (50:05)	8:26 (58:31)	1:59 (1:00:30)		5:05 (1:05:35)	5:14 (1:10:49)
	1:46 (1:12:35)	1:25 (1:14:00)					
	Mette Jeppsen		Uden klub	Fejlklip			
	15:16 (15:16)	7:29 (22:45)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (45:59)	5:43 (51:42)		9:13 (1:00:55)	3:59 (1:04:54)
	2:18 (1:07:12)	2:00 (1:09:12)					
	Nora Ødum		OK Øst Birkerød	Fejlklip			
	3:01 (3:01)	5:44 (8:45)	37:25 (46:10)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (1:36:21)					
	Hanne Bech		OK73	Ej startet			
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)					
	Ilisabe Børsting		Herlufsholm OK	Ej startet			
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)					

Bane 11		(7 / 7)		Tid	Efter	Tidstab	
1.	Rune Cederberg		Ballerup OK	24:41		01:47	
	0:58 (0:58)	0:38 (1:36)	1:12 (2:48)	1:21 (4:09)		1:44 (5:53)	1:39 (7:32)
	1:08 (8:40)	1:52 (10:32)	0:53 (11:25)	1:47 (13:12)		1:35 (14:47)	0:56 (15:43)
	2:15 (17:58)	2:42 (20:40)	0:42 (21:22)	1:07 (22:29)		1:06 (23:35)	0:16 (23:51)
	0:50 (24:41)						
2.	Kasper Thode		Nordvest OK	26:38	+1:57	02:10	
	1:44 (1:44)	0:38 (2:22)	1:12 (3:34)	1:17 (4:51)		1:52 (6:43)	1:28 (8:11)
	1:35 (9:46)	1:44 (11:30)	1:05 (12:35)	1:18 (13:53)		1:33 (15:26)	1:03 (16:29)
	2:26 (18:55)	1:11 (20:06)	1:02 (21:08)	1:32 (22:40)		1:31 (24:11)	0:19 (24:30)
	2:08 (26:38)						
3.	Malthe Thode		Nordvest OK	30:37	+5:56	01:10	
	1:17 (1:17)	0:51 (2:08)	1:31 (3:39)	1:36 (5:15)		2:16 (7:31)	1:47 (9:18)
	1:48 (11:06)	2:21 (13:27)	0:53 (14:20)	1:28 (15:48)		1:56 (17:44)	1:21 (19:05)
	2:57 (22:02)	1:43 (23:45)	1:44 (25:29)	2:05 (27:34)		1:45 (29:19)	0:23 (29:42)
	0:55 (30:37)						
4.	Inge K. Kristoffersen		Ballerup OK	36:03	+11:22	01:04	
	1:47 (1:47)	1:14 (3:01)	1:53 (4:54)	2:14 (7:08)		2:45 (9:53)	2:30 (12:23)
	1:22 (13:45)	2:53 (16:38)	1:13 (17:51)	2:11 (20:02)		2:12 (22:14)	1:11 (23:25)
	3:26 (26:51)	1:41 (28:32)	1:27 (29:59)	1:56 (31:55)		1:58 (33:53)	0:37 (34:30)
	1:33 (36:03)						
5.	Helgard Olsen		AMOK	39:30	+14:49	04:36	
	1:59 (1:59)	1:02 (3:01)	1:52 (4:53)	2:07 (7:00)		2:48 (9:48)	2:34 (12:22)
	1:33 (13:55)	2:46 (16:41)	1:13 (17:54)	6:16 (24:10)		1:59 (26:09)	1:24 (27:33)
	2:56 (30:29)	1:40 (32:09)	1:15 (33:24)	2:06 (35:30)		1:56 (37:26)	0:33 (37:59)
	1:31 (39:30)						
6.	Anna Luna Halmøe		Søllerød OK	52:37	+27:56	08:17	
	2:12 (2:12)	1:21 (3:33)	2:31 (6:04)	4:35 (10:39)		7:30 (18:09)	3:45 (21:54)
	2:19 (24:13)	3:21 (27:34)	1:34 (29:08)	2:36 (31:44)		3:02 (34:46)	1:27 (36:13)
	3:56 (40:09)	2:06 (42:15)	1:54 (44:09)	2:20 (46:29)		2:30 (48:59)	0:46 (49:45)
	2:52 (52:37)						
	Marco Costa		FSK Orientering	Ej startet			
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)					

Bane 12		(7 / 7)		Tid	Efter	Tidstab	
1.	Othelia Tibian		OK West	21:20		00:20	
	0:52 (0:52)	0:39 (1:31)	1:11 (2:42)	1:02 (3:44)		1:33 (5:17)	1:35 (6:52)
	0:53 (7:45)	1:27 (9:12)	1:01 (10:13)	1:34 (11:47)		1:40 (13:27)	0:56 (14:23)
	1:33 (15:56)	1:00 (16:56)	0:59 (17:55)	0:27 (18:22)		0:51 (19:13)	1:08 (20:21)
	0:19 (20:40)	0:40 (21:20)					
2.	Villads Posch		OK West	27:51	+6:31	04:04	
	0:56 (0:56)	0:36 (1:32)	1:05 (2:37)	1:04 (3:41)		1:38 (5:19)	2:12 (7:31)
	0:59 (8:30)	1:35 (10:05)	0:58 (11:03)	1:53 (12:56)		1:17 (14:13)	1:00 (15:13)
	1:55 (17:08)	1:10 (18:18)	1:05 (19:23)	0:43 (20:06)		1:28 (21:34)	3:46 (25:20)
	0:20 (25:40)	2:11 (27:51)					

3.	<b>Isak Ødum</b>		<b>OK Øst Birkerød</b>	<b>34:33</b>	<b>+13:13</b>	<b>03:37</b>	
	1:33 (1:33)	1:01 (2:34)	2:09 (4:43)	1:15 (5:58)		2:28 (8:26)	2:23 (10:49)
	2:07 (12:56)	2:01 (14:57)	1:18 (16:15)	2:31 (18:46)		1:35 (20:21)	1:35 (21:56)
	2:51 (24:47)	1:42 (26:29)	1:17 (27:46)	1:03 (28:49)		2:16 (31:05)	1:45 (32:50)
	0:58 (33:48)	0:45 (34:33)					
4.	<b>Ida Mosbech Smith</b>		<b>OK ØST Birkerød</b>	<b>42:36</b>	<b>+21:16</b>	<b>09:03</b>	
	0:50 (0:50)	1:02 (1:52)	2:21 (4:13)	3:04 (7:17)		4:05 (11:22)	4:37 (15:59)
	1:49 (17:48)	2:03 (19:51)	1:19 (21:10)	3:18 (24:28)		2:22 (26:50)	1:24 (28:14)
	3:05 (31:19)	3:21 (34:40)	2:26 (37:06)	1:21 (38:27)		1:19 (39:46)	1:32 (41:18)
	0:32 (41:50)	0:46 (42:36)					
5.	<b>Freja Bæk Staugaard</b>		<b>Uden klub</b>	<b>44:00</b>	<b>+22:40</b>	<b>05:10</b>	
	1:49 (1:49)	0:43 (2:32)	1:48 (4:20)	2:01 (6:21)		3:32 (9:53)	3:18 (13:11)
	1:57 (15:08)	2:46 (17:54)	1:16 (19:10)	4:50 (24:00)		2:40 (26:40)	1:32 (28:12)
	2:33 (30:45)	2:00 (32:45)	1:33 (34:18)	1:17 (35:35)		3:30 (39:05)	2:49 (41:54)
	0:58 (42:52)	1:08 (44:00)					
	<b>Savannah Mosbech Smith</b>		<b>OK Øst Birkerød</b>	<b>Udgået</b>			
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (1:40:56)	1:11 (1:42:07)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)					
	<b>Mads Storm Lyngsø</b>		<b>Allerød OK</b>	<b>Ej startet</b>			
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)					