

Resultater – OK Skærmen Efterårsløbet

2023-10-15

bane 1		(13 / 13)	Tid	Efter	Tidstab
1.	Janus Helbo	Lyngby OK	1:12:12		2:48
	2:39 (2:39)	1:33 (4:12)	5:27 (9:39)	3:07 (12:46)	1:57 (14:43)
	1:22 (16:05)	4:54 (20:59)	1:26 (22:25)	2:38 (25:03)	1:01 (26:04)
	3:52 (29:56)	1:09 (31:05)	3:44 (34:49)	2:40 (37:29)	5:28 (42:57)
	1:16 (44:13)	1:32 (45:45)	2:58 (48:43)	3:04 (51:47)	3:02 (54:49)
	2:39 (57:28)	2:39 (1:00:07)	2:18 (1:02:25)	1:31 (1:03:56)	5:33 (1:09:29)
	2:26 (1:11:55)	0:17 (1:12:12)			
2.	Emil Gutfelt Overgaard	Køge OK	1:21:09	+8:57	9:08
	2:19 (2:19)	1:35 (3:54)	3:33 (7:27)	3:19 (10:46)	1:49 (12:35)
	1:40 (14:15)	7:02 (21:17)	1:51 (23:08)	2:48 (25:56)	1:01 (26:57)
	3:32 (30:29)	2:36 (33:05)	3:50 (36:55)	2:49 (39:44)	5:36 (45:20)
	1:05 (46:25)	1:22 (47:47)	2:37 (50:24)	4:07 (54:31)	3:20 (57:51)
	2:31 (1:00:22)	2:35 (1:02:57)	4:15 (1:07:12)	4:21 (1:11:33)	6:47 (1:18:20)
	2:32 (1:20:52)	0:17 (1:21:09)			
3.	Anders Vejgaard	Ballerup OK	1:22:23	+10:11	2:29
	2:34 (2:34)	1:39 (4:13)	3:46 (7:59)	3:16 (11:15)	4:36 (15:51)
	2:04 (17:55)	5:24 (23:19)	1:24 (24:43)	3:06 (27:49)	1:31 (29:20)
	3:48 (33:08)	2:03 (35:11)	4:39 (39:50)	2:55 (42:45)	5:52 (48:37)
	1:22 (49:59)	1:49 (51:48)	3:07 (54:55)	4:23 (59:18)	3:30 (1:02:48)
	2:45 (1:05:33)	3:09 (1:08:42)	2:53 (1:11:35)	1:49 (1:13:24)	5:09 (1:18:33)
	3:20 (1:21:53)	0:30 (1:22:23)			
4.	Emil Mejlhede Kinslev	OK ØST Birkerød	1:23:43	+11:31	7:00
	3:01 (3:01)	1:21 (4:22)	4:10 (8:32)	4:53 (13:25)	2:09 (15:34)
	1:33 (17:07)	5:45 (22:52)	1:32 (24:24)	2:58 (27:22)	1:27 (28:49)
	3:32 (32:21)	3:48 (36:09)	4:01 (40:10)	3:08 (43:18)	6:04 (49:22)
	3:22 (52:44)	1:36 (54:20)	3:23 (57:43)	3:42 (1:01:25)	3:28 (1:04:53)
	2:58 (1:07:51)	2:44 (1:10:35)	3:40 (1:14:15)	1:43 (1:15:58)	4:36 (1:20:34)
	2:46 (1:23:20)	0:23 (1:23:43)			
5.	Claus Cederberg	Ballerup OK	1:24:58	+12:46	3:27
	2:47 (2:47)	1:41 (4:28)	4:01 (8:29)	3:31 (12:00)	2:07 (14:07)
	2:33 (16:40)	5:40 (22:20)	1:33 (23:53)	3:42 (27:35)	1:30 (29:05)
	3:37 (32:42)	3:19 (36:01)	5:00 (41:01)	3:35 (44:36)	6:43 (51:19)
	1:26 (52:45)	1:34 (54:19)	4:03 (58:22)	3:59 (1:02:21)	3:45 (1:06:06)
	2:55 (1:09:01)	2:57 (1:11:58)	2:18 (1:14:16)	1:49 (1:16:05)	5:07 (1:21:12)
	3:23 (1:24:35)	0:23 (1:24:58)			
6.	Silas Volfig	Vakant	1:30:29	+18:17	8:39
	3:08 (3:08)	2:02 (5:10)	3:36 (8:46)	3:23 (12:09)	5:02 (17:11)
	1:40 (18:51)	9:29 (28:20)	1:47 (30:07)	4:00 (34:07)	1:23 (35:30)
	3:36 (39:06)	1:12 (40:18)	4:28 (44:46)	3:24 (48:10)	6:16 (54:26)
	1:28 (55:54)	2:12 (58:06)	3:58 (1:02:04)	5:42 (1:07:46)	3:32 (1:11:18)
	3:14 (1:14:32)	3:04 (1:17:36)	2:25 (1:20:01)	2:13 (1:22:14)	4:55 (1:27:09)
	2:58 (1:30:07)	0:22 (1:30:29)			
7.	Christian Olsen	AMOK	1:31:37	+19:25	6:20
	6:26 (6:26)	1:53 (8:19)	3:52 (12:11)	4:14 (16:25)	2:34 (18:59)
	1:46 (20:45)	6:40 (27:25)	1:22 (28:47)	3:08 (31:55)	1:31 (33:26)
	3:21 (36:47)	3:18 (40:05)	4:36 (44:41)	2:51 (47:32)	7:00 (54:32)
	1:47 (56:19)	2:03 (58:22)	3:34 (1:01:56)	4:42 (1:06:38)	3:41 (1:10:19)
	3:49 (1:14:08)	2:51 (1:16:59)	2:48 (1:19:47)	1:57 (1:21:44)	5:20 (1:27:04)
	4:07 (1:31:11)	0:26 (1:31:37)			
8.	Svend Christiansen	PI-København	1:35:00	+22:48	8:04
	3:14 (3:14)	2:11 (5:25)	4:02 (9:27)	4:21 (13:48)	2:21 (16:09)
	1:37 (17:46)	7:14 (25:00)	1:41 (26:41)	3:04 (29:45)	3:20 (33:05)
	4:05 (37:10)	5:15 (42:25)	5:18 (47:43)	3:05 (50:48)	7:41 (58:29)
	1:35 (1:00:04)	1:28 (1:01:32)	3:41 (1:05:13)	3:49 (1:09:02)	3:48 (1:12:50)
	3:49 (1:16:39)	3:12 (1:19:51)	2:54 (1:22:45)	3:33 (1:26:18)	5:10 (1:31:28)
	3:09 (1:34:37)	0:23 (1:35:00)			
9.	Jesper Lægsgaard	Lyngby OK	1:35:58	+23:46	9:35
	2:41 (2:41)	1:51 (4:32)	4:10 (8:42)	5:19 (14:01)	2:20 (16:21)
	1:46 (18:07)	5:59 (24:06)	1:51 (25:57)	3:16 (29:13)	1:51 (31:04)
	4:12 (35:16)	3:03 (38:19)	4:28 (42:47)	7:55 (50:42)	6:41 (57:23)
	1:28 (58:51)	1:59 (1:00:50)	3:22 (1:04:12)	4:24 (1:08:36)	3:40 (1:12:16)
	3:36 (1:15:52)	3:24 (1:19:16)	2:52 (1:22:08)	1:54 (1:24:02)	7:55 (1:31:57)
	3:32 (1:35:29)	0:29 (1:35:58)			

10.	David Warberg Ploug		Ballerup OK	1:38:34	+26:22	2:21
	3:00 (3:00)	2:16 (5:16)	4:54 (10:10)	4:30 (14:40)		2:37 (17:17)
	2:09 (19:26)	7:52 (27:18)	3:03 (30:21)	4:03 (34:24)		2:25 (36:49)
	4:18 (41:07)	1:54 (43:01)	6:04 (49:05)	3:40 (52:45)		7:26 (1:00:11)
	1:55 (1:02:06)	2:24 (1:04:30)	4:00 (1:08:30)	4:44 (1:13:14)		4:04 (1:17:18)
	3:13 (1:20:31)	3:26 (1:23:57)	2:54 (1:26:51)	2:09 (1:29:00)		5:59 (1:34:59)
	3:17 (1:38:16)	0:18 (1:38:34)				
11.	Morten Ploug		Ballerup OK	1:38:47	+26:35	2:32
	2:53 (2:53)	2:19 (5:12)	4:56 (10:08)	4:26 (14:34)		2:41 (17:15)
	2:14 (19:29)	7:46 (27:15)	3:12 (30:27)	4:03 (34:30)		2:15 (36:45)
	4:21 (41:06)	1:58 (43:04)	6:07 (49:11)	3:35 (52:46)		7:23 (1:00:09)
	2:00 (1:02:09)	2:25 (1:04:34)	3:58 (1:08:32)	4:38 (1:13:10)		4:14 (1:17:24)
	3:16 (1:20:40)	3:14 (1:23:54)	3:01 (1:26:55)	2:08 (1:29:03)		6:03 (1:35:06)
	3:15 (1:38:21)	0:26 (1:38:47)				
12.	Jørgen Rolighed		Allerød OK	2:01:23	+49:11	22:24
	10:09 (10:09)	2:20 (12:29)	4:15 (16:44)	6:26 (23:10)		5:09 (28:19)
	2:32 (30:51)	6:41 (37:32)	1:53 (39:25)	4:28 (43:53)		1:51 (45:44)
	4:25 (50:09)	1:37 (51:46)	5:05 (56:51)	6:51 (1:03:42)		8:17 (1:11:59)
	2:09 (1:14:08)	2:09 (1:16:17)	3:58 (1:20:15)	4:50 (1:25:05)		4:17 (1:29:22)
	3:34 (1:32:56)	11:08 (1:44:04)	3:02 (1:47:06)	3:32 (1:50:38)		6:59 (1:57:37)
	3:21 (2:00:58)	0:25 (2:01:23)				
	Jesper Jensen		Farum OK	Ej startet		
	– (–)	– (–)	– (–)	– (–)		– (–)
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	– (–)	– (–)				
bane 10			(9 / 9)	Tid	Efter	Tidstab
1.	Kaya Funder Skovlyst		FIF Hillerød	31:27		1:34
	2:28 (2:28)	2:38 (5:06)	2:39 (7:45)	4:32 (12:17)		2:20 (14:37)
	3:37 (18:14)	3:30 (21:44)	1:22 (23:06)	3:46 (26:52)		3:19 (30:11)
	0:56 (31:07)	0:20 (31:27)				
2.	Christina Staalgaard		OK73	47:03	+15:36	2:04
	6:00 (6:00)	4:22 (10:22)	3:51 (14:13)	5:05 (19:18)		2:51 (22:09)
	5:47 (27:56)	5:06 (33:02)	1:57 (34:59)	5:23 (40:22)		4:38 (45:00)
	1:27 (46:27)	0:36 (47:03)				
3.	Robin Larsen		OK73	48:19	+16:52	4:42
	6:23 (6:23)	5:13 (11:36)	3:55 (15:31)	4:45 (20:16)		2:59 (23:15)
	6:00 (29:15)	4:44 (33:59)	2:12 (36:11)	5:23 (41:34)		4:48 (46:22)
	1:18 (47:40)	0:39 (48:19)				
4.	Jessica Bentgsson		Vakant	49:05	+17:38	4:36
	4:16 (4:16)	4:37 (8:53)	3:57 (12:50)	4:34 (17:24)		4:15 (21:39)
	5:26 (27:05)	4:50 (31:55)	3:28 (35:23)	5:13 (40:36)		6:32 (47:08)
	1:22 (48:30)	0:35 (49:05)				
5.	Nils Lind Petersen		FSK Orientering	50:46	+19:19	4:34
	4:10 (4:10)	4:31 (8:41)	3:53 (12:34)	4:54 (17:28)		2:53 (20:21)
	5:53 (26:14)	5:51 (32:05)	2:26 (34:31)	8:23 (42:54)		5:30 (48:24)
	1:36 (50:00)	0:46 (50:46)				
6.	Jeanette Bjerborg		Køge OK	57:44	+26:17	7:12
	4:37 (4:37)	4:30 (9:07)	5:38 (14:45)	5:57 (20:42)		2:57 (23:39)
	6:41 (30:20)	9:53 (40:13)	1:29 (41:42)	7:19 (49:01)		6:18 (55:19)
	1:29 (56:48)	0:56 (57:44)				
7.	Anne Sørensen		Helsingør SOK	1:00:37	+29:10	3:17
	5:10 (5:10)	5:33 (10:43)	6:11 (16:54)	6:20 (23:14)		3:50 (27:04)
	7:03 (34:07)	7:47 (41:54)	2:51 (44:45)	7:13 (51:58)		6:17 (58:15)
	1:32 (59:47)	0:50 (1:00:37)				
8.	Hanne Pedersen		DSRs O-sektion	1:06:49	+35:22	13:35
	6:06 (6:06)	12:24 (18:30)	4:27 (22:57)	7:57 (30:54)		5:39 (36:33)
	6:29 (43:02)	5:06 (48:08)	2:45 (50:53)	5:59 (56:52)		7:54 (1:04:46)
	1:24 (1:06:10)	0:39 (1:06:49)				
	Hanne Bech		OK73	Ej startet		
	– (–)	– (–)	– (–)	– (–)		– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)
	– (–)	– (–)				
bane 11			(10 / 10)	Tid	Efter	Tidstab
1.	Villy Himmelstrup		Vakant	35:03		3:55

	0:58 (0:58)	2:12 (3:10)	2:28 (5:38)	1:49 (7:27)	2:59 (10:26)
	1:06 (11:32)	4:42 (16:14)	3:24 (19:38)	2:48 (22:26)	1:57 (24:23)
	1:43 (26:06)	1:24 (27:30)	4:00 (31:30)	1:39 (33:09)	1:13 (34:22)
	0:41 (35:03)				
2.	Kvist		OK Skærmén Hareskov	38:52 +3:49	3:49
	1:56 (1:56)	3:04 (5:00)	3:44 (8:44)	2:19 (11:03)	2:44 (13:47)
	1:29 (15:16)	3:19 (18:35)	3:23 (21:58)	2:49 (24:47)	1:23 (26:10)
	2:31 (28:41)	1:29 (30:10)	4:27 (34:37)	2:07 (36:44)	1:39 (38:23)
	0:29 (38:52)				
3.	Sarah Staalgaard		OK73	39:52 +4:49	8:11
	0:51 (0:51)	1:34 (2:25)	2:30 (4:55)	2:14 (7:09)	4:20 (11:29)
	1:34 (13:03)	2:34 (15:37)	3:41 (19:18)	1:40 (20:58)	0:43 (21:41)
	3:22 (25:03)	2:49 (27:52)	4:00 (31:52)	6:08 (38:00)	0:59 (38:59)
	0:53 (39:52)				
4.	Flemming Sørensen		Lyngby OK	40:48 +5:45	7:35
	1:33 (1:33)	1:59 (3:32)	3:07 (6:39)	1:49 (8:28)	2:51 (11:19)
	1:30 (12:49)	2:37 (15:26)	3:17 (18:43)	2:51 (21:34)	4:27 (26:01)
	3:06 (29:07)	2:52 (31:59)	4:18 (36:17)	1:39 (37:56)	1:48 (39:44)
	1:04 (40:48)				
5.	Inge K. Kristoffersen		Ballerup OK	55:27 +20:24	6:13
	1:53 (1:53)	2:54 (4:47)	4:59 (9:46)	3:02 (12:48)	5:18 (18:06)
	2:09 (20:15)	4:25 (24:40)	4:47 (29:27)	5:57 (35:24)	1:29 (36:53)
	2:53 (39:46)	3:15 (43:01)	5:48 (48:49)	2:48 (51:37)	2:19 (53:56)
	1:31 (55:27)				
6.	Hans-Ole Ketting		FSK Orientering	57:32 +22:29	6:54
	1:56 (1:56)	3:07 (5:03)	4:39 (9:42)	3:43 (13:25)	4:28 (17:53)
	2:19 (20:12)	5:35 (25:47)	4:46 (30:33)	6:01 (36:34)	1:39 (38:13)
	2:54 (41:07)	3:17 (44:24)	6:15 (50:39)	2:29 (53:08)	3:00 (56:08)
	1:24 (57:32)				
7.	Edith Lund		FSK Orientering	57:41 +22:38	4:23
	2:04 (2:04)	3:07 (5:11)	4:39 (9:50)	3:37 (13:27)	4:29 (17:56)
	2:27 (20:23)	4:21 (24:44)	5:58 (30:42)	5:54 (36:36)	1:41 (38:17)
	2:52 (41:09)	3:17 (44:26)	6:13 (50:39)	2:45 (53:24)	2:47 (56:11)
	1:30 (57:41)				
8.	Sofie Christiansen		Kildeholm OK	1:14:22 +39:19	13:50
	2:49 (2:49)	3:04 (5:53)	4:36 (10:29)	3:31 (14:00)	4:51 (18:51)
	3:59 (22:50)	6:23 (29:13)	8:17 (37:30)	12:21 (49:51)	1:54 (51:45)
	3:12 (54:57)	3:26 (58:23)	9:06 (1:07:29)	3:01 (1:10:30)	2:29 (1:12:59)
	1:23 (1:14:22)				
	storm Underbjerg		Vakant	Fejlklip	
	2:00 (2:00)	3:18 (5:18)	4:45 (10:03)	2:35 (12:38)	3:54 (16:32)
	3:06 (19:38)	3:34 (23:12)	4:02 (27:14)	4:11 (31:25)	1:20 (32:45)
	– (–)	– (37:39)	5:45 (43:24)	– (–)	– (48:15)
	0:39 (48:54)				
	Monika Frederiksen		OK Skærmén Hareskov	Ej startet	
	– (–)	– (–)	– (–)	– (–)	– (–)
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bane 12		(4 / 4)	Tid	Efter	Tidstab
1.	Oscar Holm	Farum OK	19:36		0:35
	0:44 (0:44)	0:38 (2:03)	0:45 (2:48)		1:17 (4:05)
	0:49 (4:54)	1:00 (7:26)	1:37 (9:03)		1:05 (10:08)
	1:57 (12:05)	1:37 (15:29)	1:11 (16:40)		1:46 (18:26)
	1:10 (19:36)				
2.	Egild Rud Lange	PI-København	27:42 +8:06		3:00
	1:07 (1:07)	0:47 (2:51)	1:07 (3:58)		1:31 (5:29)
	1:12 (6:41)	1:32 (11:48)	2:03 (13:51)		1:00 (14:51)
	2:47 (17:38)	2:29 (22:11)	1:58 (24:09)		2:59 (27:08)
	0:34 (27:42)				
3.	Sara Christiansen	FIF Hillerød	34:21 +14:45		0:46
	1:30 (1:30)	1:15 (3:54)	1:32 (5:26)		2:20 (7:46)
	1:35 (9:21)	1:44 (13:58)	2:45 (16:43)		2:29 (19:12)
	3:18 (22:30)	2:38 (27:51)	1:56 (29:47)		3:20 (33:07)
	1:14 (34:21)				
4.	Johnny Petersen	Vakant	34:42 +15:06		3:07
	1:24 (1:24)	1:13 (3:46)	1:23 (5:09)		1:56 (7:05)
	1:18 (8:23)	1:26 (12:23)	2:49 (15:12)		1:48 (17:00)
	2:56 (19:56)	3:10 (26:03)	2:49 (28:52)		3:19 (32:11)
	2:31 (34:42)				

bane 2		(14 / 14)	Tid	Efter	Tidstab
1.	Anders Olesen	Vakant	54:46		0:00
	1:15 (1:15)	2:33 (3:48)	1:22 (5:10)	1:39 (6:49)	1:35 (8:24)
	3:20 (11:44)	1:48 (13:32)	1:24 (14:56)	2:56 (17:52)	2:31 (20:23)
	1:19 (21:42)	2:53 (24:35)	3:12 (27:47)	1:17 (29:04)	3:26 (32:30)
	1:40 (34:10)	1:44 (35:54)	1:27 (37:21)	1:48 (39:09)	2:26 (41:35)
	2:39 (44:14)	1:16 (45:30)	1:25 (46:55)	1:47 (48:42)	2:08 (50:50)
	2:49 (53:39)	0:45 (54:24)	0:22 (54:46)		
2.	Lukas Becker	Søllerød OK	1:01:43	+6:57	0:00
	1:13 (1:13)	2:44 (3:57)	1:27 (5:24)	1:57 (7:21)	1:39 (9:00)
	3:50 (12:50)	1:54 (14:44)	1:24 (16:08)	3:09 (19:17)	3:07 (22:24)
	1:24 (23:48)	3:36 (27:24)	3:20 (30:44)	1:13 (31:57)	4:10 (36:07)
	1:38 (37:45)	2:26 (40:11)	1:50 (42:01)	2:03 (44:04)	2:52 (46:56)
	2:29 (49:25)	1:30 (50:55)	1:56 (52:51)	1:49 (54:40)	2:22 (57:02)
	3:19 (1:00:21)	0:57 (1:01:18)	0:25 (1:01:43)		
3.	Anne Konring Larsen	FIF Hillerød	1:08:50	+14:04	2:45
	1:33 (1:33)	2:51 (4:24)	1:45 (6:09)	2:22 (8:31)	1:45 (10:16)
	4:10 (14:26)	1:59 (16:25)	1:37 (18:02)	3:07 (21:09)	3:05 (24:14)
	1:26 (25:40)	6:25 (32:05)	3:35 (35:40)	1:24 (37:04)	3:59 (41:03)
	1:35 (42:38)	2:27 (45:05)	1:41 (46:46)	1:57 (48:43)	3:11 (51:54)
	2:59 (54:53)	1:44 (56:37)	2:17 (58:54)	2:01 (1:00:55)	2:46 (1:03:41)
	3:48 (1:07:29)	0:57 (1:08:26)	0:24 (1:08:50)		
4.	Rasmus Holm	Farum OK	1:10:09	+15:23	5:31
	1:26 (1:26)	3:53 (5:19)	1:28 (6:47)	1:54 (8:41)	1:44 (10:25)
	4:02 (14:27)	5:00 (19:27)	1:40 (21:07)	3:09 (24:16)	3:17 (27:33)
	1:15 (28:48)	4:12 (33:00)	4:21 (37:21)	1:24 (38:45)	3:54 (42:39)
	1:48 (44:27)	2:48 (47:15)	1:29 (48:44)	1:57 (50:41)	2:47 (53:28)
	3:08 (56:36)	1:37 (58:13)	1:41 (59:54)	2:03 (1:01:57)	3:34 (1:05:31)
	3:16 (1:08:47)	0:56 (1:09:43)	0:26 (1:10:09)		
5.	Frida Kärner Grooss	Allerød OK	1:11:50	+17:04	4:04
	1:27 (1:27)	3:08 (4:35)	1:37 (6:12)	1:51 (8:03)	1:49 (9:52)
	4:57 (14:49)	3:18 (18:07)	1:36 (19:43)	3:18 (23:01)	3:12 (26:13)
	1:29 (27:42)	4:12 (31:54)	3:55 (35:49)	1:47 (37:36)	4:21 (41:57)
	2:43 (44:40)	2:24 (47:04)	1:46 (48:50)	2:12 (51:02)	3:00 (54:02)
	3:03 (57:05)	1:50 (58:55)	2:12 (1:01:07)	2:07 (1:03:14)	3:54 (1:07:08)
	3:24 (1:10:32)	0:58 (1:11:30)	0:20 (1:11:50)		
6.	Oscar Bæk Christiansen	Søllerød OK	1:11:53	+17:07	7:20
	1:36 (1:36)	4:09 (5:45)	4:08 (9:53)	1:30 (11:23)	1:24 (12:47)
	3:25 (16:12)	4:33 (20:45)	1:22 (22:07)	3:18 (25:25)	3:10 (28:35)
	1:15 (29:50)	3:20 (33:10)	4:06 (37:16)	2:16 (39:32)	3:51 (43:23)
	1:48 (45:11)	2:24 (47:35)	1:45 (49:20)	2:19 (51:39)	3:19 (54:58)
	2:51 (57:49)	2:03 (59:52)	2:04 (1:01:56)	2:12 (1:04:08)	3:08 (1:07:16)
	3:26 (1:10:42)	0:59 (1:11:41)	0:12 (1:11:53)		
7.	Stephen Hall Reusch	OK ØST Birkerød	1:21:04	+26:18	2:30
	1:36 (1:36)	3:47 (5:23)	1:54 (7:17)	2:09 (9:26)	2:27 (11:53)
	4:52 (16:45)	2:40 (19:25)	1:41 (21:06)	4:30 (25:36)	3:29 (29:05)
	1:36 (30:41)	6:49 (37:30)	3:52 (41:22)	1:56 (43:18)	5:05 (48:23)
	2:15 (50:38)	2:46 (53:24)	1:47 (55:11)	2:24 (57:35)	3:35 (1:01:10)
	3:23 (1:04:33)	2:09 (1:06:42)	2:31 (1:09:13)	2:35 (1:11:48)	3:36 (1:15:24)
	4:02 (1:19:26)	1:06 (1:20:32)	0:32 (1:21:04)		
8.	Jesper Vestergaard	Søllerød OK	1:21:18	+26:32	0:48
	1:27 (1:27)	3:35 (5:02)	1:45 (6:47)	2:44 (9:31)	2:20 (11:51)
	5:05 (16:56)	2:36 (19:32)	2:16 (21:48)	4:12 (26:00)	3:40 (29:40)
	1:59 (31:39)	4:09 (35:48)	4:30 (40:18)	1:41 (41:59)	4:57 (46:56)
	1:57 (48:53)	2:36 (51:29)	1:51 (53:20)	2:47 (56:07)	4:04 (1:00:11)
	3:54 (1:04:05)	1:56 (1:06:01)	2:08 (1:08:09)	2:44 (1:10:53)	3:35 (1:14:28)
	4:14 (1:18:42)	1:59 (1:20:41)	0:37 (1:21:18)		
9.	Sebastian I.V. From	Lyngby OK	1:25:49	+31:03	5:52
	1:58 (1:58)	5:21 (7:19)	2:14 (9:33)	2:34 (12:07)	2:13 (14:20)
	5:02 (19:22)	3:09 (22:31)	2:30 (25:01)	4:11 (29:12)	3:45 (32:57)
	1:58 (34:55)	4:00 (38:55)	4:31 (43:26)	3:14 (46:40)	4:45 (51:25)
	2:08 (53:33)	2:38 (56:11)	1:43 (57:54)	2:16 (1:00:10)	3:05 (1:03:15)
	3:55 (1:07:10)	1:51 (1:09:01)	2:14 (1:11:15)	2:24 (1:13:39)	5:49 (1:19:28)
	4:46 (1:24:14)	1:10 (1:25:24)	0:25 (1:25:49)		
10.	Jesper Pedersen	Allerød OK	1:26:17	+31:31	5:48
	1:43 (1:43)	3:31 (5:14)	2:45 (7:59)	2:14 (10:13)	2:34 (12:47)
	8:19 (21:06)	2:58 (24:04)	2:02 (26:06)	4:32 (30:38)	3:35 (34:13)
	1:34 (35:47)	4:47 (40:34)	4:32 (45:06)	2:21 (47:27)	5:07 (52:34)
	2:07 (54:41)	3:21 (58:02)	2:09 (1:00:11)	2:14 (1:02:25)	3:27 (1:05:52)
	3:32 (1:09:24)	1:57 (1:11:21)	3:35 (1:14:56)	2:26 (1:17:22)	2:55 (1:20:17)
	4:34 (1:24:51)	1:00 (1:25:51)	0:26 (1:26:17)		

11.	Joakim Ilsing Sørensen		Ballerup OK	1:37:09	+42:23	9:18
	2:01 (2:01)	4:05 (6:06)	2:32 (8:38)	2:32 (11:10)		2:20 (13:30)
	5:25 (18:55)	2:46 (21:41)	2:10 (23:51)	4:54 (28:45)		3:54 (32:39)
	2:04 (34:43)	4:48 (39:31)	5:05 (44:36)	5:14 (49:50)		5:14 (55:04)
	5:43 (1:00:47)	3:01 (1:03:48)	2:10 (1:05:58)	3:12 (1:09:10)		4:04 (1:13:14)
	4:03 (1:17:17)	2:21 (1:19:38)	3:33 (1:23:11)	4:26 (1:27:37)		3:27 (1:31:04)
	4:29 (1:35:33)	1:07 (1:36:40)	0:29 (1:37:09)			
12.	Roar Birkedahl Bang		AMOK	1:51:18	+56:32	20:35
	3:36 (3:36)	4:12 (7:48)	3:00 (10:48)	3:05 (13:53)		3:12 (17:05)
	5:40 (22:45)	2:59 (25:44)	2:20 (28:04)	6:00 (34:04)		3:48 (37:52)
	2:09 (40:01)	7:18 (47:19)	4:50 (52:09)	2:14 (54:23)		5:59 (1:00:22)
	2:13 (1:02:35)	3:12 (1:05:47)	6:27 (1:12:14)	2:59 (1:15:13)		3:13 (1:18:26)
	4:36 (1:23:02)	1:55 (1:24:57)	2:17 (1:27:14)	2:39 (1:29:53)		15:38 (1:45:31)
	3:53 (1:49:24)	1:27 (1:50:51)	0:27 (1:51:18)			
13.	Roland Dumong		OK ØST Birkerød	2:36:14	+1:41:28	18:00
	2:53 (2:53)	8:02 (10:55)	3:37 (14:32)	3:54 (18:26)		2:55 (21:21)
	7:26 (28:47)	10:17 (39:04)	3:01 (42:05)	8:11 (50:16)		7:58 (58:14)
	2:30 (1:00:44)	9:59 (1:10:43)	7:23 (1:18:06)	4:12 (1:22:18)		8:15 (1:30:33)
	4:39 (1:35:12)	5:27 (1:40:39)	3:58 (1:44:37)	3:44 (1:48:21)		6:47 (1:55:08)
	5:47 (2:00:55)	2:47 (2:03:42)	12:10 (2:15:52)	4:08 (2:20:00)		6:01 (2:26:01)
	7:03 (2:33:04)	2:17 (2:35:21)	0:53 (2:36:14)			
	Jens Viktor Nørgaard		FIF Hillerød	Ej startet		
	– (–)	– (–)	– (–)	– (–)		– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)
	– (–)	– (–)	– (–)			
bane 3						
1.	Jens Knud Maarup		Allerød OK	51:06		2:05
	1:15 (1:15)	1:59 (3:14)	2:49 (6:03)	3:09 (9:12)		3:53 (13:05)
	1:39 (14:44)	4:59 (19:43)	1:16 (20:59)	2:45 (23:44)		3:17 (27:01)
	1:10 (28:11)	1:51 (30:02)	1:32 (31:34)	3:25 (34:59)		1:09 (36:08)
	1:58 (38:06)	3:33 (41:39)	2:09 (43:48)	1:08 (44:56)		3:22 (48:18)
	2:28 (50:46)	0:20 (51:06)				
2.	Tore Emil Maarup		Allerød OK	52:38	+1:32	0:31
	1:25 (1:25)	2:09 (3:34)	3:02 (6:36)	3:01 (9:37)		1:45 (11:22)
	1:35 (12:57)	5:24 (18:21)	1:20 (19:41)	2:42 (22:23)		3:28 (25:51)
	1:50 (27:41)	1:58 (29:39)	1:43 (31:22)	3:41 (35:03)		1:01 (36:04)
	2:05 (38:09)	4:22 (42:31)	2:35 (45:06)	1:05 (46:11)		3:30 (49:41)
	2:42 (52:23)	0:15 (52:38)				
3.	Irina Kupriyanova		Farum OK	55:40	+4:34	0:42
	1:17 (1:17)	1:56 (3:13)	3:23 (6:36)	3:44 (10:20)		1:57 (12:17)
	1:34 (13:51)	5:26 (19:17)	1:15 (20:32)	3:05 (23:37)		3:26 (27:03)
	1:26 (28:29)	2:08 (30:37)	1:45 (32:22)	3:38 (36:00)		1:10 (37:10)
	2:13 (39:23)	5:10 (44:33)	3:02 (47:35)	1:13 (48:48)		3:40 (52:28)
	2:50 (55:18)	0:22 (55:40)				
4.	Philip Knak		PI-København	57:34	+6:28	5:08
	1:21 (1:21)	2:35 (3:56)	3:16 (7:12)	3:30 (10:42)		1:47 (12:29)
	1:38 (14:07)	5:16 (19:23)	1:10 (20:33)	2:42 (23:15)		3:13 (26:28)
	3:34 (30:02)	1:45 (31:47)	1:37 (33:24)	3:34 (36:58)		1:17 (38:15)
	2:09 (40:24)	4:19 (44:43)	2:44 (47:27)	1:03 (48:30)		6:03 (54:33)
	2:41 (57:14)	0:20 (57:34)				
5.	Vera Mullerova		Farum OK	59:41	+8:35	2:29
	1:26 (1:26)	1:59 (3:25)	3:27 (6:52)	3:50 (10:42)		2:52 (13:34)
	1:43 (15:17)	6:26 (21:43)	1:20 (23:03)	3:07 (26:10)		4:39 (30:49)
	1:21 (32:10)	2:24 (34:34)	1:43 (36:17)	3:39 (39:56)		1:20 (41:16)
	2:15 (43:31)	4:26 (47:57)	2:41 (50:38)	1:28 (52:06)		4:23 (56:29)
	2:49 (59:18)	0:23 (59:41)				
6.	Anton Kupriyanov Hviid		Farum OK	1:00:47	+9:41	2:10
	1:37 (1:37)	2:04 (3:41)	3:33 (7:14)	3:34 (10:48)		2:20 (13:08)
	1:21 (14:29)	6:28 (20:57)	1:04 (22:01)	3:26 (25:27)		3:57 (29:24)
	2:59 (32:23)	1:49 (34:12)	1:56 (36:08)	4:22 (40:30)		1:25 (41:55)
	2:16 (44:11)	5:05 (49:16)	2:47 (52:03)	0:59 (53:02)		4:25 (57:27)
	3:03 (1:00:30)	0:17 (1:00:47)				
7.	Rune Funder		FIF Hillerød	1:03:34	+12:28	5:28
	2:09 (2:09)	2:30 (4:39)	2:54 (7:33)	6:38 (14:11)		2:05 (16:16)
	1:35 (17:51)	7:41 (25:32)	1:42 (27:14)	3:18 (30:32)		3:36 (34:08)
	1:18 (35:26)	2:05 (37:31)	1:41 (39:12)	3:57 (43:09)		1:07 (44:16)
	2:03 (46:19)	5:05 (51:24)	3:01 (54:25)	1:22 (55:47)		4:00 (59:47)
	3:25 (1:03:12)	0:22 (1:03:34)				

8.	Martin Østberg	OK Roskilde	1:07:08	+16:02	2:29
	1:25 (1:25)	4:05 (8:02)	4:25 (12:27)		2:23 (14:50)
	1:49 (16:39)	1:31 (26:18)	4:15 (30:33)		4:09 (34:42)
	1:24 (36:06)	2:03 (40:41)	4:18 (44:59)		1:26 (46:25)
	3:05 (49:30)	3:12 (57:24)	1:29 (58:53)		4:33 (1:03:26)
	3:13 (1:06:39)	0:29 (1:07:08)			
9.	Christian Gudme-Knudsen	OK73	1:12:57	+21:51	4:12
	1:50 (1:50)	3:50 (7:58)	4:01 (11:59)		2:41 (14:40)
	2:28 (17:08)	1:44 (25:19)	3:25 (28:44)		4:21 (33:05)
	2:28 (35:33)	2:16 (40:03)	7:23 (47:26)		1:48 (49:14)
	3:02 (52:16)	3:41 (1:02:15)	1:27 (1:03:42)		5:11 (1:08:53)
	3:34 (1:12:27)	0:30 (1:12:57)			
10.	Frede Lillelund	Søllerød OK	1:13:35	+22:29	3:53
	1:45 (1:45)	3:46 (8:09)	4:44 (12:53)		2:52 (15:45)
	2:07 (17:52)	1:34 (27:34)	5:34 (33:08)		5:01 (38:09)
	2:10 (40:19)	2:29 (45:21)	4:23 (49:44)		1:31 (51:15)
	2:46 (54:01)	3:16 (1:02:32)	1:25 (1:03:57)		5:47 (1:09:44)
	3:25 (1:13:09)	0:26 (1:13:35)			
11.	Svend-Erik Jepsen	Søllerød OK	1:14:09	+23:03	5:46
	1:59 (1:59)	3:45 (8:18)	4:14 (12:32)		2:30 (15:02)
	2:07 (17:09)	1:57 (25:59)	5:06 (31:05)		4:12 (35:17)
	2:05 (37:22)	2:18 (42:33)	7:28 (50:01)		1:30 (51:31)
	4:09 (55:40)	3:53 (1:04:46)	1:38 (1:06:24)		4:03 (1:10:27)
	3:14 (1:13:41)	0:28 (1:14:09)			
12.	Jakob Lind Tolborg	OK73	1:14:39	+23:33	7:08
	1:46 (1:46)	3:44 (8:25)	4:27 (12:52)		5:38 (18:30)
	1:58 (20:28)	1:56 (29:16)	4:03 (33:19)		4:45 (38:04)
	4:13 (42:17)	2:15 (47:41)	4:15 (51:56)		1:42 (53:38)
	2:30 (56:08)	4:02 (1:04:43)	1:30 (1:06:13)		4:52 (1:11:05)
	3:09 (1:14:14)	0:25 (1:14:39)			
13.	Steen Knuhtsen	Søllerød OK	1:15:28	+24:22	5:38
	1:57 (1:57)	3:41 (8:28)	4:32 (13:00)		2:44 (15:44)
	2:41 (18:25)	2:13 (30:19)	5:49 (36:08)		4:54 (41:02)
	2:19 (43:21)	2:07 (48:36)	4:47 (53:23)		1:20 (54:43)
	3:01 (57:44)	2:55 (1:05:31)	1:58 (1:07:29)		3:57 (1:11:26)
	3:32 (1:14:58)	0:30 (1:15:28)			
14.	Peter Becker	Søllerød OK	1:17:23	+26:17	7:44
	1:37 (1:37)	8:08 (12:14)	4:34 (16:48)		2:43 (19:31)
	2:39 (22:10)	2:34 (31:45)	4:38 (36:23)		4:42 (41:05)
	1:50 (42:55)	1:41 (46:52)	5:34 (52:26)		1:29 (53:55)
	2:52 (56:47)	4:29 (1:06:46)	1:42 (1:08:28)		5:10 (1:13:38)
	3:19 (1:16:57)	0:26 (1:17:23)			
15.	Frederik Brønd	Lyngby OK	1:21:08	+30:02	10:38
	1:57 (1:57)	3:29 (11:08)	4:16 (15:24)		7:02 (22:26)
	2:08 (24:34)	2:27 (34:29)	4:14 (38:43)		4:18 (43:01)
	3:26 (46:27)	2:08 (51:24)	4:27 (55:51)		1:44 (57:35)
	2:48 (1:00:23)	3:31 (1:09:38)	1:56 (1:11:34)		5:38 (1:17:12)
	3:32 (1:20:44)	0:24 (1:21:08)			
16.	David Palsgaard	Søllerød OK	1:23:39	+32:33	2:29
	2:35 (2:35)	5:09 (10:10)	5:16 (15:26)		2:56 (18:22)
	1:51 (20:13)	2:11 (31:03)	4:59 (36:02)		5:12 (41:14)
	2:01 (43:15)	2:22 (49:08)	6:04 (55:12)		1:46 (56:58)
	3:22 (1:00:20)	6:26 (1:13:02)	1:32 (1:14:34)		5:21 (1:19:55)
	3:16 (1:23:11)	0:28 (1:23:39)			
17.	Peter Dyrsting	FIF Hillerød	1:26:26	+35:20	4:35
	1:49 (1:49)	5:07 (9:39)	4:45 (14:24)		3:32 (17:56)
	3:30 (21:26)	2:30 (33:31)	3:58 (37:29)		5:05 (42:34)
	2:37 (45:11)	2:25 (50:50)	6:04 (56:54)		1:39 (58:33)
	3:08 (1:01:41)	6:00 (1:13:48)	1:46 (1:15:34)		6:17 (1:21:51)
	3:57 (1:25:48)	0:38 (1:26:26)			
18.	Blassius Chin	AMOK	1:30:43	+39:37	8:50
	2:06 (2:06)	8:16 (13:31)	5:29 (19:00)		3:58 (22:58)
	2:12 (25:10)	2:36 (35:56)	3:42 (39:38)		5:43 (45:21)
	2:51 (48:12)	2:46 (53:49)	5:27 (59:16)		2:07 (1:01:23)
	4:58 (1:06:21)	4:30 (1:16:31)	1:46 (1:18:17)		8:10 (1:26:27)
	3:33 (1:30:00)	0:43 (1:30:43)			
19.	Jakob Døpping	Søllerød OK	1:50:23	+59:17	23:50
	2:58 (2:58)	3:41 (13:09)	6:30 (19:39)		4:40 (24:19)
	2:45 (27:04)	1:38 (36:01)	7:35 (43:36)		18:53 (1:02:29)
	3:01 (1:05:30)	3:11 (1:11:37)	8:15 (1:19:52)		1:54 (1:21:46)
	3:46 (1:25:32)	4:32 (1:38:33)	2:27 (1:41:00)		4:50 (1:45:50)
	4:12 (1:50:02)	0:21 (1:50:23)			

20.	Niels Aabye		Ballerup OK	2:00:32	+1:09:26	14:32
	2:25 (2:25)	3:39 (6:04)	5:55 (11:59)	9:05 (21:04)		4:36 (25:40)
	3:10 (28:50)	11:20 (40:10)	2:41 (42:51)	6:14 (49:05)		6:14 (55:19)
	3:47 (59:06)	3:40 (1:02:46)	2:56 (1:05:42)	7:30 (1:13:12)		2:02 (1:15:14)
	10:39 (1:25:53)	8:08 (1:34:01)	11:18 (1:45:19)	2:04 (1:47:23)		7:21 (1:54:44)
	5:05 (1:59:49)	0:43 (2:00:32)				
	Pascal Timshel		Vakant	Fejlklip		
	2:19 (2:19)	5:22 (7:41)	17:06 (24:47)	5:56 (30:43)		4:30 (35:13)
	3:40 (38:53)	11:17 (50:10)	3:13 (53:23)	5:45 (59:08)		4:21 (1:03:29)
	1:34 (1:05:03)	3:26 (1:08:29)	2:18 (1:10:47)	5:24 (1:16:11)		1:24 (1:17:35)
	2:49 (1:20:24)	– (–)	– (–)	– (–)		– (–)
	– (–)	– (1:32:29)				
bane 4		(20 / 20)		Tid	Efter	Tidstab
1.	Jørgen Lund-Hansen	JDRI	48:34			0:00
	1:22 (1:22)	2:03 (3:25)	5:00 (8:25)	1:45 (10:10)		1:44 (11:54)
	2:27 (14:21)	1:49 (16:10)	1:50 (18:00)	3:41 (21:41)		1:27 (23:08)
	2:39 (25:47)	2:08 (27:55)	3:00 (30:55)	3:05 (34:00)		2:58 (36:58)
	0:52 (37:50)	2:42 (40:32)	3:20 (43:52)	3:21 (47:13)		0:59 (48:12)
	0:22 (48:34)					
2.	Mette Stub	PI-København	50:17	+1:43		0:00
	1:19 (1:19)	2:03 (3:22)	5:13 (8:35)	1:51 (10:26)		2:12 (12:38)
	2:12 (14:50)	1:56 (16:46)	2:04 (18:50)	4:04 (22:54)		1:41 (24:35)
	2:42 (27:17)	2:08 (29:25)	2:59 (32:24)	3:20 (35:44)		3:01 (38:45)
	0:44 (39:29)	2:32 (42:01)	3:32 (45:33)	3:22 (48:55)		0:56 (49:51)
	0:26 (50:17)					
3.	Per Hansen	FSK Orientering	52:24	+3:50		2:46
	1:20 (1:20)	2:44 (4:04)	5:17 (9:21)	3:27 (12:48)		2:12 (15:00)
	2:39 (17:39)	1:58 (19:37)	2:04 (21:41)	3:33 (25:14)		2:13 (27:27)
	2:41 (30:08)	2:01 (32:09)	2:44 (34:53)	3:10 (38:03)		3:30 (41:33)
	0:58 (42:31)	2:16 (44:47)	2:47 (47:34)	3:21 (50:55)		1:04 (51:59)
	0:25 (52:24)					
4.	Marianne Holm	Farum OK	56:03	+7:29		6:53
	1:35 (1:35)	2:02 (3:37)	6:30 (10:07)	1:56 (12:03)		2:06 (14:09)
	2:06 (16:15)	1:52 (18:07)	1:56 (20:03)	5:37 (25:40)		1:41 (27:21)
	2:46 (30:07)	1:58 (32:05)	6:53 (38:58)	3:09 (42:07)		3:10 (45:17)
	1:18 (46:35)	2:04 (48:39)	2:48 (51:27)	3:07 (54:34)		1:02 (55:36)
	0:27 (56:03)					
5.	Dorthe Skovlyst	FIF Hillerød	56:52	+8:18		5:45
	1:28 (1:28)	2:20 (3:48)	4:59 (8:47)	2:01 (10:48)		2:10 (12:58)
	2:16 (15:14)	1:48 (17:02)	1:51 (18:53)	3:39 (22:32)		1:34 (24:06)
	2:44 (26:50)	2:18 (29:08)	3:25 (32:33)	5:26 (37:59)		3:13 (41:12)
	1:44 (42:56)	2:24 (45:20)	6:00 (51:20)	3:55 (55:15)		1:09 (56:24)
	0:28 (56:52)					
6.	Helge Lang Petersen	Farum OK	57:17	+8:43		1:18
	1:25 (1:25)	2:47 (4:12)	5:34 (9:46)	2:19 (12:05)		2:04 (14:09)
	2:26 (16:35)	1:58 (18:33)	2:10 (20:43)	4:01 (24:44)		1:45 (26:29)
	3:11 (29:40)	2:34 (32:14)	3:32 (35:46)	3:49 (39:35)		3:35 (43:10)
	0:46 (43:56)	2:54 (46:50)	4:42 (51:32)	4:03 (55:35)		1:11 (56:46)
	0:31 (57:17)					
7.	Søren Sloth	FIF Hillerød	59:55	+11:21		2:53
	1:23 (1:23)	2:42 (4:05)	6:46 (10:51)	2:10 (13:01)		2:26 (15:27)
	3:14 (18:41)	2:02 (20:43)	2:05 (22:48)	5:07 (27:55)		2:01 (29:56)
	3:04 (33:00)	2:32 (35:32)	4:05 (39:37)	3:50 (43:27)		3:23 (46:50)
	1:30 (48:20)	3:02 (51:22)	3:05 (54:27)	3:58 (58:25)		0:59 (59:24)
	0:31 (59:55)					
8.	Rune Cederberg	Ballerup OK	1:00:06	+11:32		3:19
	2:00 (2:00)	4:14 (6:14)	6:05 (12:19)	2:15 (14:34)		2:07 (16:41)
	2:47 (19:28)	2:10 (21:38)	2:08 (23:46)	4:55 (28:41)		2:03 (30:44)
	2:56 (33:40)	2:37 (36:17)	3:05 (39:22)	3:57 (43:19)		3:42 (47:01)
	0:55 (47:56)	2:15 (50:11)	4:22 (54:33)	4:00 (58:33)		1:06 (59:39)
	0:27 (1:00:06)					
9.	Diana Cederberg	Ballerup OK	1:05:39	+17:05		4:11
	2:07 (2:07)	3:33 (5:40)	6:04 (11:44)	3:22 (15:06)		2:32 (17:38)
	2:53 (20:31)	2:23 (22:54)	2:33 (25:27)	4:48 (30:15)		2:13 (32:28)
	3:16 (35:44)	2:32 (38:16)	4:20 (42:36)	3:55 (46:31)		5:28 (51:59)
	1:42 (53:41)	2:40 (56:21)	3:27 (59:48)	4:22 (1:04:10)		1:01 (1:05:11)
	0:28 (1:05:39)					
10.	Jan Johansen	PI-København	1:06:04	+17:30		3:16

	1:38 (1:38)	2:31 (4:09)	6:21 (10:30)	4:16 (14:46)	2:34 (17:20)
	3:07 (20:27)	2:13 (22:40)	3:06 (25:46)	5:27 (31:13)	2:01 (33:14)
	3:39 (36:53)	2:45 (39:38)	4:03 (43:41)	4:12 (47:53)	3:47 (51:40)
	1:17 (52:57)	2:56 (55:53)	3:55 (59:48)	4:42 (1:04:30)	1:08 (1:05:38)
	0:26 (1:06:04)				
11.	Erik Ellegaard Simonsen	OK ØST Birkerød	1:09:48 +21:14	1:11	
	1:43 (1:43)	3:08 (4:51)	6:58 (11:49)	3:10 (14:59)	2:53 (17:52)
	2:57 (20:49)	2:32 (23:21)	2:47 (26:08)	5:40 (31:48)	2:07 (33:55)
	3:48 (37:43)	2:59 (40:42)	4:18 (45:00)	4:27 (49:27)	4:23 (53:50)
	1:15 (55:05)	3:21 (58:26)	3:43 (1:02:09)	5:46 (1:07:55)	1:19 (1:09:14)
	0:34 (1:09:48)				
12.	Anders Jonsson	Søllerød OK	1:11:21 +22:47	4:43	
	1:57 (1:57)	3:04 (5:01)	6:54 (11:55)	3:39 (15:34)	2:18 (17:52)
	3:37 (21:29)	2:21 (23:50)	3:09 (26:59)	4:44 (31:43)	2:27 (34:10)
	3:33 (37:43)	2:50 (40:33)	3:59 (44:32)	7:02 (51:34)	3:52 (55:26)
	1:37 (57:03)	3:19 (1:00:22)	3:37 (1:03:59)	5:16 (1:09:15)	1:30 (1:10:45)
	0:36 (1:11:21)				
13.	Martin Hjorth	Ballerup OK	1:12:49 +24:15	1:48	
	2:09 (2:09)	3:26 (5:35)	7:48 (13:23)	2:55 (16:18)	2:31 (18:49)
	2:57 (21:46)	2:24 (24:10)	3:11 (27:21)	5:51 (33:12)	2:22 (35:34)
	3:33 (39:07)	2:35 (41:42)	4:55 (46:37)	4:57 (51:34)	4:50 (56:24)
	1:51 (58:15)	3:02 (1:01:17)	4:18 (1:05:35)	5:44 (1:11:19)	1:04 (1:12:23)
	0:26 (1:12:49)				
14.	Niels la Cour Bentzon	Søllerød OK	1:16:57 +28:23	11:39	
	2:08 (2:08)	8:58 (11:06)	9:46 (20:52)	2:25 (23:17)	2:07 (25:24)
	2:45 (28:09)	2:15 (30:24)	2:58 (33:22)	5:21 (38:43)	2:09 (40:52)
	4:44 (45:36)	2:46 (48:22)	4:16 (52:38)	3:45 (56:23)	4:18 (1:00:41)
	2:35 (1:03:16)	2:42 (1:05:58)	4:22 (1:10:20)	4:59 (1:15:19)	1:11 (1:16:30)
	0:27 (1:16:57)				
15.	Michael Hjorth	Ballerup OK	1:17:31 +28:57	6:11	
	2:59 (2:59)	2:54 (5:53)	9:55 (15:48)	3:11 (18:59)	3:24 (22:23)
	3:53 (26:16)	4:17 (30:33)	2:32 (33:05)	5:57 (39:02)	2:37 (41:39)
	3:48 (45:27)	2:45 (48:12)	4:05 (52:17)	4:35 (56:52)	4:25 (1:01:17)
	1:30 (1:02:47)	3:04 (1:05:51)	5:23 (1:11:14)	4:30 (1:15:44)	1:14 (1:16:58)
	0:33 (1:17:31)				
16.	Karina Mejnborg	PI-København	1:22:33 +33:59	17:41	
	2:58 (2:58)	3:12 (6:10)	11:13 (17:23)	1:54 (19:17)	2:15 (21:32)
	3:02 (24:34)	1:58 (26:32)	3:45 (30:17)	6:46 (37:03)	2:26 (39:29)
	2:58 (42:27)	2:20 (44:47)	3:44 (48:31)	4:51 (53:22)	11:03 (1:04:25)
	1:18 (1:05:43)	5:13 (1:10:56)	5:34 (1:16:30)	4:36 (1:21:06)	1:03 (1:22:09)
	0:24 (1:22:33)				
17.	Karin Hulgaard	OK73	1:26:00 +37:26	7:29	
	2:38 (2:38)	4:44 (7:22)	7:48 (15:10)	4:03 (19:13)	3:24 (22:37)
	5:28 (28:05)	2:52 (30:57)	2:55 (33:52)	6:11 (40:03)	2:58 (43:01)
	4:16 (47:17)	3:54 (51:11)	4:14 (55:25)	5:55 (1:01:20)	6:04 (1:07:24)
	2:47 (1:10:11)	3:23 (1:13:34)	5:13 (1:18:47)	5:17 (1:24:04)	1:21 (1:25:25)
	0:35 (1:26:00)				
18.	Lasse Lybek Jensen	Ballerup OK	1:27:43 +39:09	15:30	
	2:27 (2:27)	4:37 (7:04)	12:59 (20:03)	4:34 (24:37)	3:20 (27:57)
	3:46 (31:43)	3:07 (34:50)	3:49 (38:39)	5:10 (43:49)	2:12 (46:01)
	3:30 (49:31)	2:33 (52:04)	5:26 (57:30)	3:52 (1:01:22)	4:34 (1:05:56)
	2:10 (1:08:06)	6:50 (1:14:56)	4:27 (1:19:23)	6:36 (1:25:59)	1:15 (1:27:14)
	0:29 (1:27:43)				
19.	Henning Drejer Olsen	OK73	1:41:53 +53:19	25:26	
	3:49 (3:49)	5:20 (9:09)	16:30 (25:39)	3:18 (28:57)	5:23 (34:20)
	4:31 (38:51)	3:03 (41:54)	5:15 (47:09)	14:00 (1:01:09)	2:55 (1:04:04)
	3:57 (1:08:01)	2:46 (1:10:47)	4:14 (1:15:01)	4:17 (1:19:18)	4:10 (1:23:28)
	2:33 (1:26:01)	3:09 (1:29:10)	6:13 (1:35:23)	4:25 (1:39:48)	1:35 (1:41:23)
	0:30 (1:41:53)				
	Pablo Jensen	Farum OK	Ej startet		
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)				

bane 5		(47 / 47)	Tid	Efter	Tidstab
1.	Claus Odgaard	OK73	46:05		2:02
	3:04 (3:04)	2:41 (5:45)	2:47 (8:32)	1:22 (9:54)	2:00 (11:54)
	1:39 (13:33)	4:31 (18:04)	4:22 (22:26)	1:26 (23:52)	2:10 (26:02)
	4:30 (30:32)	2:41 (33:13)	1:12 (34:25)	1:16 (35:41)	2:24 (38:05)
	2:49 (40:54)	3:37 (44:31)	1:04 (45:35)	0:30 (46:05)	

2.	Hanne Fogh		FSK Orientering	46:18	+0:13	1:30
	1:36 (1:36)	2:55 (4:31)	2:45 (7:16)	1:20 (8:36)		2:12 (10:48)
	1:43 (12:31)	4:07 (16:38)	4:24 (21:02)	1:53 (22:55)		2:08 (25:03)
	4:33 (29:36)	2:56 (32:32)	2:22 (34:54)	0:57 (35:51)		2:22 (38:13)
	2:45 (40:58)	3:58 (44:56)	0:57 (45:53)	0:25 (46:18)		
3.	Rolf Lund		Helsingør SOK	46:50	+0:45	7:17
	1:19 (1:19)	3:12 (4:31)	2:32 (7:03)	1:11 (8:14)		3:11 (11:25)
	1:52 (13:17)	3:23 (16:40)	3:38 (20:18)	1:12 (21:30)		1:57 (23:27)
	3:29 (26:56)	2:43 (29:39)	3:06 (32:45)	1:12 (33:57)		2:06 (36:03)
	3:17 (39:20)	6:13 (45:33)	0:53 (46:26)	0:24 (46:50)		
4.	Kim Clausen		DSRs O-sektion	49:02	+2:57	4:05
	1:29 (1:29)	2:36 (4:05)	2:40 (6:45)	1:15 (8:00)		2:23 (10:23)
	2:11 (12:34)	7:32 (20:06)	5:19 (25:25)	1:21 (26:46)		1:59 (28:45)
	4:29 (33:14)	2:43 (35:57)	1:34 (37:31)	1:02 (38:33)		2:04 (40:37)
	2:57 (43:34)	4:04 (47:38)	1:02 (48:40)	0:22 (49:02)		
5.	Søren Albæk Jensen		AMOK	50:36	+4:31	3:36
	1:36 (1:36)	2:30 (4:06)	2:48 (6:54)	1:29 (8:23)		2:04 (10:27)
	2:53 (13:20)	5:45 (19:05)	4:52 (23:57)	2:14 (26:11)		2:07 (28:18)
	5:07 (33:25)	3:10 (36:35)	1:24 (37:59)	1:09 (39:08)		2:31 (41:39)
	3:47 (45:26)	3:44 (49:10)	0:59 (50:09)	0:27 (50:36)		
6.	Kurt Thuesen		FSK Orientering	52:32	+6:27	3:05
	1:48 (1:48)	4:43 (6:31)	3:06 (9:37)	1:21 (10:58)		2:09 (13:07)
	2:27 (15:34)	4:54 (20:28)	4:52 (25:20)	1:28 (26:48)		2:14 (29:02)
	5:25 (34:27)	4:17 (38:44)	1:24 (40:08)	1:05 (41:13)		2:36 (43:49)
	3:07 (46:56)	4:01 (50:57)	1:05 (52:02)	0:30 (52:32)		
7.	Bruno Stub		PI-København	52:55	+6:50	4:27
	1:54 (1:54)	4:37 (6:31)	3:28 (9:59)	1:24 (11:23)		2:20 (13:43)
	2:20 (16:03)	4:20 (20:23)	5:00 (25:23)	1:28 (26:51)		2:16 (29:07)
	5:23 (34:30)	4:23 (38:53)	1:29 (40:22)	0:56 (41:18)		2:31 (43:49)
	3:04 (46:53)	3:40 (50:33)	1:52 (52:25)	0:30 (52:55)		
8.	Martin Schwartz		DSRs O-sektion	53:15	+7:10	4:03
	1:32 (1:32)	3:10 (4:42)	3:13 (7:55)	1:24 (9:19)		1:51 (11:10)
	1:56 (13:06)	4:36 (17:42)	4:42 (22:24)	1:56 (24:20)		2:03 (26:23)
	5:26 (31:49)	3:18 (35:07)	3:23 (38:30)	1:57 (40:27)		2:30 (42:57)
	3:38 (46:35)	5:28 (52:03)	0:52 (52:55)	0:20 (53:15)		
9.	Mette Filskov		OK Sorø	54:09	+8:04	5:08
	1:32 (1:32)	5:04 (6:36)	3:01 (9:37)	1:23 (11:00)		2:39 (13:39)
	2:08 (15:47)	4:27 (20:14)	4:52 (25:06)	1:32 (26:38)		2:07 (28:45)
	6:26 (35:11)	2:48 (37:59)	3:11 (41:10)	1:21 (42:31)		2:33 (45:04)
	3:29 (48:33)	4:01 (52:34)	1:09 (53:43)	0:26 (54:09)		
10.	Pernille Brunstedt		OK ØST Birkerød	56:35	+10:30	0:00
	1:47 (1:47)	3:03 (4:50)	3:22 (8:12)	1:45 (9:57)		3:04 (13:01)
	2:49 (15:50)	4:59 (20:49)	5:27 (26:16)	1:50 (28:06)		2:35 (30:41)
	6:16 (36:57)	3:44 (40:41)	1:45 (42:26)	1:10 (43:36)		3:10 (46:46)
	3:27 (50:13)	4:35 (54:48)	1:13 (56:01)	0:34 (56:35)		
11.	Henrik Nielsen		Holbæk OK	57:26	+11:21	5:01
	1:43 (1:43)	5:01 (6:44)	3:26 (10:10)	1:34 (11:44)		2:30 (14:14)
	2:54 (17:08)	4:46 (21:54)	5:27 (27:21)	1:47 (29:08)		2:16 (31:24)
	6:32 (37:56)	4:18 (42:14)	1:33 (43:47)	1:29 (45:16)		3:22 (48:38)
	3:03 (51:41)	4:09 (55:50)	1:05 (56:55)	0:31 (57:26)		
12.	Ingrid Nygaard		Søllerød OK	58:26	+12:21	7:29
	1:38 (1:38)	2:31 (4:09)	2:49 (6:58)	1:18 (8:16)		2:26 (10:42)
	2:40 (13:22)	4:16 (17:38)	5:23 (23:01)	2:24 (25:25)		3:31 (28:56)
	9:02 (37:58)	3:51 (41:49)	2:30 (44:19)	1:46 (46:05)		2:27 (48:32)
	3:42 (52:14)	4:33 (56:47)	1:12 (57:59)	0:27 (58:26)		
13.	Per Rasmussen		AMOK	58:55	+12:50	1:44
	2:08 (2:08)	3:34 (5:42)	3:30 (9:12)	1:38 (10:50)		2:52 (13:42)
	2:32 (16:14)	5:18 (21:32)	7:29 (29:01)	1:51 (30:52)		2:36 (33:28)
	5:53 (39:21)	3:46 (43:07)	1:22 (44:29)	1:49 (46:18)		2:46 (49:04)
	3:35 (52:39)	4:30 (57:09)	1:16 (58:25)	0:30 (58:55)		
14.	Leif Pedersen		FSK Orientering	59:03	+12:58	4:43
	1:46 (1:46)	4:21 (6:07)	3:17 (9:24)	1:36 (11:00)		2:26 (13:26)
	2:36 (16:02)	5:15 (21:17)	6:50 (28:07)	1:45 (29:52)		2:43 (32:35)
	5:24 (37:59)	4:53 (42:52)	1:42 (44:34)	2:04 (46:38)		2:45 (49:23)
	3:29 (52:52)	4:05 (56:57)	1:36 (58:33)	0:30 (59:03)		
15.	Rikke Holm		Horsens OK	59:37	+13:32	6:52
	2:16 (2:16)	2:40 (4:56)	3:15 (8:11)	1:33 (9:44)		6:06 (15:50)
	2:05 (17:55)	4:24 (22:19)	5:43 (28:02)	1:38 (29:40)		2:27 (32:07)
	5:37 (37:44)	4:59 (42:43)	2:37 (45:20)	1:53 (47:13)		2:45 (49:58)
	3:19 (53:17)	4:38 (57:55)	1:10 (59:05)	0:32 (59:37)		

16.	Vincent Becker		Søllerød OK	59:53	+13:48	8:51
	3:10 (3:10)	2:27 (5:37)	2:51 (8:28)	1:15 (9:43)		2:31 (12:14)
	2:34 (14:48)	4:16 (19:04)	6:14 (25:18)	1:34 (26:52)		3:35 (30:27)
	8:58 (39:25)	3:56 (43:21)	2:30 (45:51)	1:42 (47:33)		2:23 (49:56)
	4:01 (53:57)	4:17 (58:14)	1:13 (59:27)	0:26 (59:53)		
17.	Leif Sudergaard		Kildeholm OK	1:00:05	+14:00	4:31
	1:40 (1:40)	4:00 (5:40)	3:25 (9:05)	1:37 (10:42)		2:46 (13:28)
	2:52 (16:20)	4:57 (21:17)	5:35 (26:52)	1:49 (28:41)		2:27 (31:08)
	7:17 (38:25)	3:46 (42:11)	1:40 (43:51)	2:55 (46:46)		3:43 (50:29)
	3:17 (53:46)	4:44 (58:30)	1:06 (59:36)	0:29 (1:00:05)		
18.	Ylva Reiten		AMOK	1:00:17	+14:12	7:18
	1:47 (1:47)	2:36 (4:23)	3:07 (7:30)	1:20 (8:50)		2:37 (11:27)
	2:28 (13:55)	4:05 (18:00)	7:19 (25:19)	1:49 (27:08)		2:20 (29:28)
	8:24 (37:52)	4:38 (42:30)	2:07 (44:37)	1:41 (46:18)		2:33 (48:51)
	5:06 (53:57)	4:54 (58:51)	1:04 (59:55)	0:22 (1:00:17)		
19.	Tine Rønn Østergaard		Kildeholm OK	1:01:54	+15:49	4:25
	2:10 (2:10)	2:52 (5:02)	3:50 (8:52)	1:38 (10:30)		2:58 (13:28)
	2:26 (15:54)	5:06 (21:00)	5:53 (26:53)	1:44 (28:37)		2:49 (31:26)
	7:36 (39:02)	3:46 (42:48)	3:19 (46:07)	1:28 (47:35)		2:50 (50:25)
	5:16 (55:41)	4:24 (1:00:05)	1:16 (1:01:21)	0:33 (1:01:54)		
20.	Jens Peter Gundorf		OK ØST Birkerød	1:02:23	+16:18	3:56
	2:05 (2:05)	3:35 (5:40)	3:31 (9:11)	1:54 (11:05)		3:23 (14:28)
	2:53 (17:21)	5:12 (22:33)	7:59 (30:32)	1:57 (32:29)		2:41 (35:10)
	5:57 (41:07)	4:23 (45:30)	1:43 (47:13)	2:01 (49:14)		2:58 (52:12)
	3:36 (55:48)	4:28 (1:00:16)	1:31 (1:01:47)	0:36 (1:02:23)		
21.	Henriette Broman		Allerød OK	1:02:51	+16:46	1:43
	2:04 (2:04)	3:58 (6:02)	3:44 (9:46)	1:41 (11:27)		3:18 (14:45)
	2:48 (17:33)	5:06 (22:39)	6:02 (28:41)	1:58 (30:39)		2:45 (33:24)
	7:28 (40:52)	3:46 (44:38)	1:59 (46:37)	1:53 (48:30)		2:45 (51:15)
	4:08 (55:23)	5:47 (1:01:10)	1:10 (1:02:20)	0:31 (1:02:51)		
22.	Christian Clausen		DSRs O-sektion	1:03:19	+17:14	7:18
	1:48 (1:48)	3:36 (5:24)	5:17 (10:41)	1:33 (12:14)		2:43 (14:57)
	2:32 (17:29)	4:45 (22:14)	5:49 (28:03)	2:16 (30:19)		2:35 (32:54)
	7:18 (40:12)	6:39 (46:51)	1:20 (48:11)	2:36 (50:47)		2:38 (53:25)
	3:21 (56:46)	4:54 (1:01:40)	1:13 (1:02:53)	0:26 (1:03:19)		
23.	Svend W. Frydendahl		DSRs O-sektion	1:06:51	+20:46	4:26
	1:39 (1:39)	3:52 (5:31)	3:34 (9:05)	1:42 (10:47)		2:34 (13:21)
	2:35 (15:56)	5:09 (21:05)	6:51 (27:56)	3:42 (31:38)		3:28 (35:06)
	7:51 (42:57)	4:43 (47:40)	2:14 (49:54)	1:47 (51:41)		3:06 (54:47)
	4:34 (59:21)	5:35 (1:04:56)	1:22 (1:06:18)	0:33 (1:06:51)		
24.	Erik Sørensen		Allerød OK	1:07:35	+21:30	8:48
	2:05 (2:05)	3:37 (5:42)	3:37 (9:19)	1:37 (10:56)		2:20 (13:16)
	3:00 (16:16)	7:46 (24:02)	11:12 (35:14)	2:49 (38:03)		2:40 (40:43)
	6:00 (46:43)	4:27 (51:10)	1:43 (52:53)	1:19 (54:12)		3:03 (57:15)
	3:55 (1:01:10)	4:44 (1:05:54)	1:12 (1:07:06)	0:29 (1:07:35)		
25.	Jens Bentsen		OK ØST Birkerød	1:07:41	+21:36	3:56
	2:41 (2:41)	3:37 (6:18)	3:52 (10:10)	1:52 (12:02)		2:47 (14:49)
	2:30 (17:19)	5:56 (23:15)	6:24 (29:39)	2:54 (32:33)		3:16 (35:49)
	6:18 (42:07)	5:57 (48:04)	2:56 (51:00)	1:51 (52:51)		3:41 (56:32)
	4:00 (1:00:32)	5:02 (1:05:34)	1:30 (1:07:04)	0:37 (1:07:41)		
26.	Gabrielle Savard		Vakant	1:09:59	+23:54	9:55
	2:29 (2:29)	3:30 (5:59)	5:55 (11:54)	2:18 (14:12)		5:55 (20:07)
	3:41 (23:48)	5:07 (28:55)	6:39 (35:34)	2:36 (38:10)		2:38 (40:48)
	8:18 (49:06)	4:20 (53:26)	1:26 (54:52)	2:40 (57:32)		2:53 (1:00:25)
	3:43 (1:04:08)	4:12 (1:08:20)	1:11 (1:09:31)	0:28 (1:09:59)		
27.	Clarence Cort		Vakant	1:12:00	+25:55	14:11
	2:43 (2:43)	2:57 (5:40)	3:25 (9:05)	1:44 (10:49)		5:27 (16:16)
	4:25 (20:41)	4:47 (25:28)	5:47 (31:15)	2:10 (33:25)		2:33 (35:58)
	6:42 (42:40)	7:01 (49:41)	2:22 (52:03)	1:29 (53:32)		2:59 (56:31)
	9:51 (1:06:22)	4:14 (1:10:36)	1:00 (1:11:36)	0:24 (1:12:00)		
28.	Henrik Kleffel		Søllerød OK	1:12:39	+26:34	8:04
	2:00 (2:00)	3:46 (5:46)	4:00 (9:46)	1:36 (11:22)		4:53 (16:15)
	2:47 (19:02)	6:34 (25:36)	9:40 (35:16)	2:20 (37:36)		2:48 (40:24)
	6:25 (46:49)	4:29 (51:18)	3:24 (54:42)	2:22 (57:04)		3:24 (1:00:28)
	5:24 (1:05:52)	4:55 (1:10:47)	1:22 (1:12:09)	0:30 (1:12:39)		
29.	Ole Galde		Tisvilde Hegn OK	1:13:26	+27:21	6:36
	2:23 (2:23)	4:08 (6:31)	3:48 (10:19)	1:52 (12:11)		3:15 (15:26)
	2:41 (18:07)	10:23 (28:30)	6:31 (35:01)	1:54 (36:55)		3:14 (40:09)
	6:56 (47:05)	4:29 (51:34)	4:26 (56:00)	1:47 (57:47)		3:25 (1:01:12)
	4:25 (1:05:37)	5:44 (1:11:21)	1:27 (1:12:48)	0:38 (1:13:26)		

30.	Max Prang		Fredensborg OK	1:14:11	+28:06	10:41
	2:04 (2:04)	4:24 (6:28)	3:40 (10:08)	2:09 (12:17)		7:11 (19:28)
	2:54 (22:22)	5:54 (28:16)	6:12 (34:28)	2:06 (36:34)		5:45 (42:19)
	6:44 (49:03)	7:06 (56:09)	1:25 (57:34)	1:17 (58:51)		3:29 (1:02:20)
	4:38 (1:06:58)	5:12 (1:12:10)	1:26 (1:13:36)	0:35 (1:14:11)		
31.	Claus Wigen		FSK Orientering	1:14:40	+28:35	17:13
	2:27 (2:27)	4:02 (6:29)	3:16 (9:45)	1:30 (11:15)		2:53 (14:08)
	2:35 (16:43)	17:02 (33:45)	7:21 (41:06)	1:41 (42:47)		5:10 (47:57)
	5:37 (53:34)	5:13 (58:47)	2:03 (1:00:50)	1:09 (1:01:59)		3:10 (1:05:09)
	3:24 (1:08:33)	4:36 (1:13:09)	1:03 (1:14:12)	0:28 (1:14:40)		
32.	Michael Remod		DSRs O-sektion	1:14:54	+28:49	17:45
	2:00 (2:00)	11:11 (13:11)	3:36 (16:47)	1:44 (18:31)		5:20 (23:51)
	2:21 (26:12)	4:48 (31:00)	5:45 (36:45)	2:02 (38:47)		2:35 (41:22)
	5:43 (47:05)	10:06 (57:11)	1:56 (59:07)	1:36 (1:00:43)		3:31 (1:04:14)
	4:48 (1:09:02)	4:22 (1:13:24)	1:06 (1:14:30)	0:24 (1:14:54)		
33.	Jan Jakobsen		OK ØST Birkerød	1:22:17	+36:12	8:22
	2:14 (2:14)	4:12 (6:26)	4:44 (11:10)	2:19 (13:29)		5:54 (19:23)
	3:27 (22:50)	6:38 (29:28)	7:33 (37:01)	2:41 (39:42)		3:38 (43:20)
	7:45 (51:05)	8:31 (59:36)	1:52 (1:01:28)	2:34 (1:04:02)		5:16 (1:09:18)
	4:39 (1:13:57)	6:04 (1:20:01)	1:40 (1:21:41)	0:36 (1:22:17)		
34.	Lars Basballe		FSK Orientering	1:30:54	+44:49	18:45
	4:01 (4:01)	4:08 (8:09)	5:33 (13:42)	1:52 (15:34)		4:03 (19:37)
	2:56 (22:33)	5:14 (27:47)	6:30 (34:17)	2:14 (36:31)		8:18 (44:49)
	11:27 (56:16)	5:18 (1:01:34)	3:58 (1:05:32)	3:02 (1:08:34)		3:32 (1:12:06)
	7:03 (1:19:09)	9:47 (1:28:56)	1:23 (1:30:19)	0:35 (1:30:54)		
35.	Ole Gold		Farum OK	1:31:57	+45:52	13:34
	2:13 (2:13)	4:57 (7:10)	4:20 (11:30)	2:10 (13:40)		8:28 (22:08)
	3:33 (25:41)	9:26 (35:07)	7:13 (42:20)	2:26 (44:46)		3:50 (48:36)
	8:07 (56:43)	5:19 (1:02:02)	2:09 (1:04:11)	2:18 (1:06:29)		5:49 (1:12:18)
	8:32 (1:20:50)	8:43 (1:29:33)	1:40 (1:31:13)	0:44 (1:31:57)		
36.	Ronald Clausen		DSRs O-sektion	1:34:56	+48:51	11:07
	2:28 (2:28)	5:14 (7:42)	5:28 (13:10)	2:09 (15:19)		3:33 (18:52)
	3:59 (22:51)	11:57 (34:48)	13:56 (48:44)	2:33 (51:17)		3:33 (54:50)
	9:03 (1:03:53)	5:29 (1:09:22)	2:15 (1:11:37)	2:22 (1:13:59)		4:16 (1:18:15)
	7:26 (1:25:41)	6:54 (1:32:35)	1:38 (1:34:13)	0:43 (1:34:56)		
37.	Linda Østberg		OK Roskilde	1:38:52	+52:47	28:25
	2:18 (2:18)	13:20 (15:38)	4:46 (20:24)	1:46 (22:10)		9:48 (31:58)
	3:44 (35:42)	5:51 (41:33)	6:49 (48:22)	1:44 (50:06)		4:31 (54:37)
	7:09 (1:01:46)	5:07 (1:06:53)	1:40 (1:08:33)	1:43 (1:10:16)		7:43 (1:17:59)
	11:23 (1:29:22)	7:49 (1:37:11)	1:10 (1:38:21)	0:31 (1:38:52)		
38.	Kim Møller		Køge OK	1:44:44	+58:39	8:52
	2:55 (2:55)	5:23 (8:18)	5:58 (14:16)	2:57 (17:13)		4:20 (21:33)
	9:20 (30:53)	8:51 (39:44)	10:24 (50:08)	3:38 (53:46)		4:28 (58:14)
	11:33 (1:09:47)	5:19 (1:15:06)	2:14 (1:17:20)	2:56 (1:20:16)		5:09 (1:25:25)
	8:41 (1:34:06)	7:23 (1:41:29)	2:08 (1:43:37)	1:07 (1:44:44)		
39.	Hugo Frederiksen		OK73	1:48:43	+1:02:38	25:02
	4:28 (4:28)	19:57 (24:25)	6:39 (31:04)	1:59 (33:03)		4:37 (37:40)
	3:54 (41:34)	6:43 (48:17)	8:40 (56:57)	4:02 (1:00:59)		4:51 (1:05:50)
	8:47 (1:14:37)	6:57 (1:21:34)	4:06 (1:25:40)	1:33 (1:27:13)		6:18 (1:33:31)
	6:27 (1:39:58)	6:38 (1:46:36)	1:31 (1:48:07)	0:36 (1:48:43)		
	Jimmy Hoen		Ballerup OK	Fejlklip		
	2:57 (2:57)	10:07 (13:04)	5:28 (18:32)	2:15 (20:47)		3:36 (24:23)
	3:19 (27:42)	5:35 (33:17)	6:48 (40:05)	– (–)		– (46:43)
	8:02 (54:45)	10:00 (1:04:45)	6:07 (1:10:52)	2:46 (1:13:38)		4:24 (1:18:02)
	7:18 (1:25:20)	6:13 (1:31:33)	1:34 (1:33:07)	0:36 (1:33:43)		
	Bjarne B. Jensen		Farum OK	Udgået		
	3:43 (3:43)	6:36 (10:19)	3:54 (14:13)	1:53 (16:06)		2:54 (19:00)
	2:50 (21:50)	5:13 (27:03)	5:27 (32:30)	1:44 (34:14)		2:39 (36:53)
	13:42 (50:35)	– (–)	– (–)	– (–)		– (–)
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	Johan Frydendahl		DSRs O-sektion	Udgået		
	6:00 (6:00)	8:06 (14:06)	5:19 (19:25)	2:22 (21:47)		4:16 (26:03)
	4:09 (30:12)	8:46 (38:58)	– (–)	– (–)		– (–)
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	Morten Tibian		DSRs O-sektion	Udgået		
	1:54 (1:54)	4:59 (6:53)	3:28 (10:21)	1:48 (12:09)		2:34 (14:43)
	2:35 (17:18)	7:55 (25:13)	15:38 (40:51)	2:59 (43:50)		2:29 (46:19)
	9:09 (55:28)	– (–)	– (–)	– (–)		– (–)
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Bjarne Iversen

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Jens Erik Larsen

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Kristen Bonnen

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FSK Orientering

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bane 6**1. Tord Strand**

1:21 (1:21) 3:21 (4:42)
 2:02 (12:07) 1:59 (14:06)
 2:25 (27:10) 1:52 (29:02)
 0:25 (34:55)

(15 / 15)**Norge**

1:24 (6:06)
 3:31 (17:37)
 3:08 (32:10)

Tid

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Efter

1:56 (8:02)
 1:49 (19:26)
 1:33 (33:43)

Tidstab

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2:03 (10:05)
 5:19 (24:45)
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2. Birgitte Birck

1:55 (1:55) 4:38 (6:33)
 3:20 (18:10) 2:15 (20:25)
 3:04 (38:47) 2:26 (41:13)
 0:37 (49:01)

Allerød OK

2:09 (8:42)
 4:29 (24:54)
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3:12 (14:50)
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3. Andreas Kiildsen

1:52 (1:52) 9:24 (11:16)
 2:28 (20:52) 1:46 (22:38)
 3:27 (42:43) 4:14 (46:57)
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 3:32 (26:10)
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2:41 (18:24)
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4. Fiona Becker

1:47 (1:47) 4:45 (6:32)
 2:47 (17:12) 2:25 (19:37)
 3:18 (43:06) 3:47 (46:53)
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Søllerød OK

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2:51 (14:25)
 6:19 (39:48)
 0:53 (53:50)

5. Charlotte Grauert

2:35 (2:35) 5:44 (8:19)
 4:04 (21:54) 2:36 (24:30)
 4:02 (45:50) 4:35 (50:25)
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Ballerup OK

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3:54 (17:50)
 8:27 (41:48)
 1:41 (59:06)

6. Lisa Børsting

2:37 (2:37) 5:31 (8:08)
 3:33 (20:20) 2:41 (23:01)
 5:07 (48:18) 4:40 (52:58)
 0:26 (1:01:58)

Herlufsholm OK

2:19 (10:27)
 4:48 (27:49)
 4:30 (57:28)

1:01:58

+27:03

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3:27 (16:47)
 8:26 (43:11)
 1:12 (1:01:32)

7. Pia Kadziola

2:03 (2:03) 9:20 (11:23)
 3:52 (24:35) 2:50 (27:25)
 4:43 (50:51) 3:16 (54:07)
 0:27 (1:04:13)

Maribo OK

2:19 (13:42)
 5:43 (33:08)
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3:27 (20:43)
 8:40 (46:08)
 1:10 (1:03:46)

8. Hanne N Waltenburg

2:17 (2:17) 5:19 (7:36)
 3:11 (19:21) 2:11 (21:32)
 3:43 (51:58) 4:08 (56:06)
 0:37 (1:05:21)

Kildeholm OK

2:19 (9:55)
 4:46 (26:18)
 4:39 (1:00:45)

1:05:21

+30:26

11:50

3:06 (16:10)
 7:56 (48:15)
 1:00 (1:04:44)

9. Anders Kaag Døpping

2:33 (2:33) 12:02 (14:35)
 4:15 (27:45) 2:33 (30:18)
 5:38 (54:23) 3:43 (58:06)
 0:24 (1:07:49)

Søllerød OK

2:13 (16:48)
 4:29 (34:47)
 3:58 (1:02:04)

1:07:49

+32:54

11:05

2:43 (23:30)
 10:14 (48:45)
 1:15 (1:07:25)

10. Ellen Kühn Jensen

4:11 (4:11) 5:56 (10:07)
 4:51 (25:51) 3:04 (28:55)
 5:16 (53:57) 3:42 (57:39)
 0:39 (1:10:46)

Ballerup OK

2:41 (12:48)
 5:37 (34:32)
 4:32 (1:02:11)

1:10:46

+35:51

6:42

4:06 (21:00)
 10:04 (48:41)
 1:21 (1:10:07)

11.	Maria Iben Sell-Petersen	Allerød OK	1:13:40	+38:45	12:41
	1:49 (1:49)	11:15 (13:04)	2:53 (15:57)	4:01 (19:58)	3:38 (23:36)
	3:34 (27:10)	7:56 (35:06)	5:13 (40:19)	5:23 (45:42)	7:50 (53:32)
	4:45 (58:17)	4:57 (1:03:14)	5:17 (1:08:31)	3:28 (1:11:59)	1:12 (1:13:11)
	0:29 (1:13:40)				
12.	Maiken Andersen	Ballerup OK	1:18:31	+43:36	10:46
	2:24 (2:24)	6:42 (9:06)	2:49 (11:55)	3:58 (15:53)	4:20 (20:13)
	4:54 (25:07)	3:17 (28:24)	5:45 (34:09)	11:39 (45:48)	9:47 (55:35)
	5:19 (1:00:54)	3:46 (1:04:40)	5:38 (1:10:18)	6:04 (1:16:22)	1:20 (1:17:42)
	0:49 (1:18:31)				
13.	Gitte Grauert	Ballerup OK	1:18:46	+43:51	15:26
	2:27 (2:27)	6:31 (8:58)	2:22 (11:20)	3:30 (14:50)	3:51 (18:41)
	4:18 (22:59)	2:49 (25:48)	5:22 (31:10)	13:38 (44:48)	14:06 (58:54)
	6:09 (1:05:03)	3:31 (1:08:34)	5:03 (1:13:37)	3:02 (1:16:39)	1:18 (1:17:57)
	0:49 (1:18:46)				
14.	Else Gudme	OK73	1:27:42	+52:47	19:37
	8:08 (8:08)	7:01 (15:09)	2:22 (17:31)	3:48 (21:19)	3:54 (25:13)
	4:35 (29:48)	6:54 (36:42)	13:24 (50:06)	7:17 (57:23)	11:13 (1:08:36)
	4:50 (1:13:26)	4:24 (1:17:50)	4:35 (1:22:25)	3:17 (1:25:42)	1:29 (1:27:11)
	0:31 (1:27:42)				
	Birgitte Erskov Halland	OK ØST Birkerød	Ej startet		
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)				

bane 7

		(41 / 41)	Tid	Efter	Tidstab
1.	Alexander Johannes Mosbech Smith	OK ØST Birkerød	37:01		1:17
	2:03 (2:03)	2:07 (8:09)	3:16 (11:25)		2:04 (13:29)
	3:02 (16:31)	3:56 (24:58)	2:36 (27:34)		2:06 (29:40)
	2:59 (32:39)	3:10 (35:49)	0:52 (36:41)		
2.	Lene Jensen	Helsingør SOK	44:54	+7:53	6:22
	2:04 (2:04)	2:31 (8:31)	3:02 (11:33)		2:31 (14:04)
	2:26 (16:30)	4:00 (25:16)	2:20 (27:36)		2:13 (29:49)
	9:53 (39:42)	3:21 (43:03)	0:33 (44:54)		
3.	Aksel Andersen	OK Roskilde	45:35	+8:34	2:12
	1:42 (1:42)	3:33 (9:49)	3:43 (13:32)		2:18 (15:50)
	2:32 (18:22)	4:54 (29:17)	3:53 (33:10)		2:56 (36:06)
	4:15 (40:21)	1:19 (45:03)	0:32 (45:35)		
4.	Line Stub	PI-København	47:48	+10:47	7:41
	1:43 (1:43)	9:11 (14:44)	3:31 (18:15)		2:07 (20:22)
	3:07 (23:29)	4:17 (32:56)	3:01 (35:57)		3:46 (39:43)
	2:57 (42:40)	1:07 (47:16)	0:32 (47:48)		
5.	Karsten Richardt	Køge OK	49:31	+12:30	2:09
	2:27 (2:27)	4:34 (11:34)	4:05 (15:39)		2:41 (18:20)
	3:22 (21:42)	5:18 (33:17)	3:28 (36:45)		2:35 (39:20)
	4:57 (44:17)	1:15 (49:03)	0:28 (49:31)		
6.	Bent Johansen	OK73	50:01	+13:00	2:03
	2:00 (2:00)	4:36 (11:26)	3:59 (15:25)		2:38 (18:03)
	3:54 (21:57)	5:00 (33:07)	3:03 (36:10)		3:17 (39:27)
	4:30 (43:57)	4:16 (48:13)	0:36 (50:01)		
7.	Lars Bech Jensen	Ballerup OK	50:21	+13:20	8:14
	2:10 (2:10)	2:29 (8:31)	3:46 (12:17)		5:34 (17:51)
	3:36 (21:27)	4:32 (33:58)	2:22 (36:20)		2:48 (39:08)
	3:57 (43:05)	2:48 (49:21)	1:00 (50:21)		
8.	Jens Høgsfeldt	FIF Hillerød	51:36	+14:35	1:59
	2:12 (2:12)	4:06 (11:41)	4:09 (15:50)		3:02 (18:52)
	2:58 (21:50)	5:31 (33:32)	2:58 (36:30)		3:41 (40:11)
	5:05 (45:16)	1:40 (50:55)	0:41 (51:36)		
9.	Helle Tibian	DSRs O-sektion	53:36	+16:35	11:55
	1:50 (1:50)	4:28 (13:50)	2:43 (16:33)		4:59 (21:32)
	2:19 (23:51)	4:56 (34:02)	2:56 (36:58)		2:26 (39:24)
	8:47 (48:11)	1:30 (53:14)	0:22 (53:36)		
10.	Tove Sonne Andersen	OK ØST Birkerød	54:55	+17:54	4:53
	3:58 (3:58)	3:45 (12:53)	3:57 (16:50)		2:50 (19:40)
	3:36 (23:16)	7:02 (37:01)	4:01 (41:02)		4:06 (45:08)
	3:58 (49:06)	1:21 (54:21)	0:34 (54:55)		
11.	Eva Konring Olesen	FIF Hillerød	56:00	+18:59	1:13

	2:49 (2:49)	5:54 (8:43)	3:42 (12:25)	4:53 (17:18)	3:07 (20:25)
	3:52 (24:17)	7:26 (31:43)	5:50 (37:33)	3:30 (41:03)	3:06 (44:09)
	4:18 (48:27)	5:04 (53:31)	1:52 (55:23)	0:37 (56:00)	
12.	Ole Berner		Søllerød OK	56:17 +19:16	3:05
	2:28 (2:28)	5:18 (7:46)	3:29 (11:15)	4:03 (15:18)	3:12 (18:30)
	4:33 (23:03)	7:23 (30:26)	5:44 (36:10)	3:46 (39:56)	4:06 (44:02)
	4:56 (48:58)	5:18 (54:16)	1:22 (55:38)	0:39 (56:17)	
13.	Annlou Husen		Farum OK	56:31 +19:30	4:48
	2:15 (2:15)	5:22 (7:37)	2:40 (10:17)	4:36 (14:53)	3:10 (18:03)
	4:52 (22:55)	8:24 (31:19)	5:54 (37:13)	3:10 (40:23)	4:55 (45:18)
	4:55 (50:13)	3:45 (53:58)	1:54 (55:52)	0:39 (56:31)	
14.	Gunner Jørgensen		OK73	57:08 +20:07	6:14
	2:19 (2:19)	5:29 (7:48)	7:40 (15:28)	5:40 (21:08)	2:46 (23:54)
	4:05 (27:59)	6:46 (34:45)	5:45 (40:30)	3:04 (43:34)	2:53 (46:27)
	4:51 (51:18)	3:41 (54:59)	1:24 (56:23)	0:45 (57:08)	
15.	Troels Jensen		Horsens OK	58:21 +21:20	4:17
	2:51 (2:51)	5:03 (7:54)	5:31 (13:25)	4:14 (17:39)	3:24 (21:03)
	4:41 (25:44)	7:18 (33:02)	5:47 (38:49)	3:29 (42:18)	3:25 (45:43)
	4:54 (50:37)	4:01 (54:38)	3:02 (57:40)	0:41 (58:21)	
16.	Elsa Bratholm		OK73	59:18 +22:17	8:40
	2:41 (2:41)	4:49 (7:30)	4:27 (11:57)	3:51 (15:48)	2:44 (18:32)
	5:15 (23:47)	5:44 (29:31)	5:47 (35:18)	3:12 (38:30)	3:29 (41:59)
	10:43 (52:42)	4:21 (57:03)	1:37 (58:40)	0:38 (59:18)	
17.	Emil Olesen		FIF Hillerød	59:27 +22:26	11:05
	2:13 (2:13)	5:37 (7:50)	10:52 (18:42)	4:31 (23:13)	5:10 (28:23)
	3:33 (31:56)	5:26 (37:22)	4:52 (42:14)	2:58 (45:12)	3:12 (48:24)
	5:02 (53:26)	3:33 (56:59)	1:53 (58:52)	0:35 (59:27)	
18.	Jørgen Jensen		Helsingør SOK	1:00:58 +23:57	7:50
	2:51 (2:51)	6:17 (9:08)	3:30 (12:38)	4:22 (17:00)	2:51 (19:51)
	6:32 (26:23)	6:48 (33:11)	5:34 (38:45)	3:27 (42:12)	3:08 (45:20)
	8:06 (53:26)	5:32 (58:58)	1:23 (1:00:21)	0:37 (1:00:58)	
19.	Jørn Mouritzen		Fredensborg OK	1:01:18 +24:17	19:54
	1:48 (1:48)	4:12 (6:00)	16:58 (22:58)	3:49 (26:47)	2:14 (29:01)
	7:11 (36:12)	5:20 (41:32)	4:11 (45:43)	2:45 (48:28)	3:28 (51:56)
	3:07 (55:03)	4:27 (59:30)	1:20 (1:00:50)	0:28 (1:01:18)	
20.	Viggo Hansen		Ballerup OK	1:02:19 +25:18	7:07
	2:32 (2:32)	5:59 (8:31)	6:19 (14:50)	4:20 (19:10)	4:15 (23:25)
	5:16 (28:41)	8:05 (36:46)	5:40 (42:26)	2:51 (45:17)	3:40 (48:57)
	5:31 (54:28)	5:49 (1:00:17)	1:27 (1:01:44)	0:35 (1:02:19)	
21.	Jan Kristoffersen		Ballerup OK	1:03:16 +26:15	11:25
	3:53 (3:53)	4:54 (8:47)	3:01 (11:48)	5:02 (16:50)	5:55 (22:45)
	6:31 (29:16)	6:24 (35:40)	5:35 (41:15)	3:44 (44:59)	2:54 (47:53)
	8:07 (56:00)	5:29 (1:01:29)	1:21 (1:02:50)	0:26 (1:03:16)	
22.	Knud Lykking		OK73	1:03:53 +26:52	8:53
	6:14 (6:14)	7:53 (14:07)	4:52 (18:59)	4:59 (23:58)	3:09 (27:07)
	3:23 (30:30)	7:18 (37:48)	6:00 (43:48)	3:10 (46:58)	4:14 (51:12)
	4:25 (55:37)	5:49 (1:01:26)	1:43 (1:03:09)	0:44 (1:03:53)	
23.	Christina Bøje		DSRs O-sektion	1:05:00 +27:59	6:40
	2:59 (2:59)	10:03 (13:02)	4:12 (17:14)	4:41 (21:55)	2:57 (24:52)
	4:17 (29:09)	7:07 (36:16)	7:12 (43:28)	4:44 (48:12)	4:32 (52:44)
	5:09 (57:53)	5:04 (1:02:57)	1:36 (1:04:33)	0:27 (1:05:00)	
24.	Line Bisgaard		Ballerup OK	1:06:05 +29:04	11:01
	2:53 (2:53)	6:05 (8:58)	3:00 (11:58)	4:01 (15:59)	4:36 (20:35)
	6:39 (27:14)	7:36 (34:50)	5:34 (40:24)	3:25 (43:49)	4:23 (48:12)
	4:54 (53:06)	10:53 (1:03:59)	1:29 (1:05:28)	0:37 (1:06:05)	
25.	Majken Maarup		Allerød OK	1:07:46 +30:45	12:02
	2:49 (2:49)	6:09 (8:58)	5:12 (14:10)	3:50 (18:00)	4:34 (22:34)
	4:17 (26:51)	6:03 (32:54)	6:11 (39:05)	4:00 (43:05)	5:59 (49:04)
	4:32 (53:36)	12:03 (1:05:39)	1:38 (1:07:17)	0:29 (1:07:46)	
26.	Jørgen Christian Nielsen		FIF Hillerød	1:10:59 +33:58	12:56
	2:28 (2:28)	5:35 (8:03)	13:09 (21:12)	4:39 (25:51)	3:00 (28:51)
	4:16 (33:07)	11:06 (44:13)	6:48 (51:01)	3:25 (54:26)	4:15 (58:41)
	4:59 (1:03:40)	5:10 (1:08:50)	1:31 (1:10:21)	0:38 (1:10:59)	
27.	Marianne Lykking		OK73	1:13:11 +36:10	4:16
	3:22 (3:22)	8:15 (11:37)	4:38 (16:15)	6:28 (22:43)	4:46 (27:29)
	4:42 (32:11)	10:03 (42:14)	7:35 (49:49)	5:27 (55:16)	3:25 (58:41)
	6:14 (1:04:55)	5:33 (1:10:28)	1:52 (1:12:20)	0:51 (1:13:11)	
28.	Lena Hamborg		DSRs O-sektion	1:17:49 +40:48	15:16

	4:39 (4:39)	13:09 (17:48)	8:55 (26:43)	5:13 (31:56)	5:13 (37:09)
	4:03 (41:12)	7:35 (48:47)	7:23 (56:10)	3:39 (59:49)	4:25 (1:04:14)
	5:07 (1:09:21)	6:12 (1:15:33)	1:49 (1:17:22)	0:27 (1:17:49)	
29.	Ole Christiansen		Farum OK	1:18:48 +41:47	11:22
	2:53 (2:53)	6:00 (8:53)	5:04 (13:57)	6:10 (20:07)	7:30 (27:37)
	4:21 (31:58)	10:11 (42:09)	12:46 (54:55)	5:41 (1:00:36)	3:53 (1:04:29)
	5:51 (1:10:20)	5:32 (1:15:52)	2:02 (1:17:54)	0:54 (1:18:48)	
30.	Kurt Jespersen		FSK Orientering	1:20:01 +43:00	16:08
	2:54 (2:54)	13:07 (16:01)	10:25 (26:26)	6:17 (32:43)	4:23 (37:06)
	3:08 (40:14)	7:59 (48:13)	7:09 (55:22)	5:55 (1:01:17)	3:36 (1:04:53)
	5:15 (1:10:08)	6:45 (1:16:53)	2:33 (1:19:26)	0:35 (1:20:01)	
31.	Per Christoffersen		Ballerup OK	1:20:16 +43:15	8:06
	3:24 (3:24)	8:41 (12:05)	7:39 (19:44)	6:41 (26:25)	3:16 (29:41)
	4:51 (34:32)	10:43 (45:15)	9:43 (54:58)	4:45 (59:43)	5:06 (1:04:49)
	5:50 (1:10:39)	6:54 (1:17:33)	1:44 (1:19:17)	0:59 (1:20:16)	
32.	Kuno Rasmuassen		Ballerup OK	1:20:33 +43:32	14:18
	3:13 (3:13)	6:31 (9:44)	13:53 (23:37)	5:25 (29:02)	4:12 (33:14)
	4:00 (37:14)	10:58 (48:12)	7:31 (55:43)	6:16 (1:01:59)	5:02 (1:07:01)
	5:08 (1:12:09)	5:53 (1:18:02)	1:41 (1:19:43)	0:50 (1:20:33)	
33.	Bent Hasholt		OK73	1:21:13 +44:12	16:32
	2:46 (2:46)	10:41 (13:27)	4:39 (18:06)	6:00 (24:06)	3:38 (27:44)
	2:57 (30:41)	8:51 (39:32)	12:29 (52:01)	3:59 (56:00)	3:28 (59:28)
	13:25 (1:12:53)	6:06 (1:18:59)	1:32 (1:20:31)	0:42 (1:21:13)	
34.	Betty Folino		FIF Hillerød	1:21:48 +44:47	15:19
	5:16 (5:16)	6:20 (11:36)	11:54 (23:30)	5:12 (28:42)	4:32 (33:14)
	4:18 (37:32)	8:00 (45:32)	9:10 (54:42)	3:51 (58:33)	5:24 (1:03:57)
	9:09 (1:13:06)	6:02 (1:19:08)	2:01 (1:21:09)	0:39 (1:21:48)	
35.	Lis Hasholt		OK73	1:22:45 +45:44	10:35
	3:47 (3:47)	8:13 (12:00)	10:52 (22:52)	5:25 (28:17)	5:08 (33:25)
	4:37 (38:02)	8:49 (46:51)	8:03 (54:54)	6:13 (1:01:07)	4:52 (1:05:59)
	6:11 (1:12:10)	7:52 (1:20:02)	1:53 (1:21:55)	0:50 (1:22:45)	
36.	Lars Olsen		OK Roskilde	1:25:16 +48:15	6:04
	3:33 (3:33)	7:53 (11:26)	6:43 (18:09)	6:31 (24:40)	5:49 (30:29)
	5:46 (36:15)	10:21 (46:36)	8:26 (55:02)	4:57 (59:59)	6:16 (1:06:15)
	9:34 (1:15:49)	6:20 (1:22:09)	2:00 (1:24:09)	1:07 (1:25:16)	
37.	Susanne Christiansen		Farum OK	1:26:44 +49:43	16:47
	3:04 (3:04)	6:29 (9:33)	17:34 (27:07)	6:41 (33:48)	4:25 (38:13)
	4:52 (43:05)	9:19 (52:24)	10:46 (1:03:10)	4:13 (1:07:23)	5:21 (1:12:44)
	5:57 (1:18:41)	5:55 (1:24:36)	1:33 (1:26:09)	0:35 (1:26:44)	
38.	Jytte Sørensen		FSK Orientering	1:32:42 +55:41	32:11
	2:52 (2:52)	30:29 (33:21)	3:19 (36:40)	5:39 (42:19)	5:26 (47:45)
	9:25 (57:10)	6:57 (1:04:07)	5:58 (1:10:05)	5:31 (1:15:36)	3:59 (1:19:35)
	4:57 (1:24:32)	5:46 (1:30:18)	1:44 (1:32:02)	0:40 (1:32:42)	
39.	Ole Brusch		FSK Orientering	1:51:07 +1:14:06	16:37
	4:02 (4:02)	14:22 (18:24)	4:58 (23:22)	9:10 (32:32)	5:21 (37:53)
	10:47 (48:40)	12:05 (1:00:45)	10:48 (1:11:33)	4:47 (1:16:20)	10:00 (1:26:20)
	9:52 (1:36:12)	10:59 (1:47:11)	2:45 (1:49:56)	1:11 (1:51:07)	
	Karl Aage Hald		FSK Orientering	Fejlklip	
	2:29 (2:29)	6:04 (8:33)	7:05 (15:38)	5:20 (20:58)	3:13 (24:11)
	3:43 (27:54)	7:41 (35:35)	– (–)	– (–)	– (–)
	– (50:23)	5:59 (56:22)	1:36 (57:58)	0:43 (58:41)	
	Erik Roslyng		FSK Orientering	Ej startet	
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	

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		(24 / 24)	Tid	Efter	Tidstab
1.	Søs Munch Nilsson	OK Sorø	39:30		1:51
	3:14 (3:14)	2:09 (7:36)	3:59 (11:35)		2:35 (14:10)
	2:43 (16:53)	4:13 (22:57)	5:33 (28:30)		2:14 (30:44)
	2:19 (33:03)	1:12 (38:50)	0:40 (39:30)		
2.	Biger Hoff	Søllerød OK	41:23 +1:53		0:54
	3:53 (3:53)	2:41 (9:17)	4:45 (14:02)		3:02 (17:04)
	3:02 (20:06)	3:30 (25:30)	4:07 (29:37)		2:48 (32:25)
	2:23 (34:48)	1:13 (40:46)	0:37 (41:23)		
3.	Susan Houmark Stub	PI-København	44:39 +5:09		3:30
	4:12 (4:12)	2:31 (9:51)	4:36 (14:27)		2:36 (17:03)
	2:17 (19:20)	4:08 (25:31)	4:01 (29:32)		2:30 (32:02)
	6:03 (38:05)	1:20 (44:06)	0:33 (44:39)		

4.	Annelise Hansen	3:01 (7:40)	FIF Hillerød	53:10 +13:40	6:40
	4:39 (4:39)	3:21 (11:01)		7:42 (18:43)	3:17 (22:00)
	2:58 (24:58)	4:18 (32:17)		3:59 (36:16)	3:40 (39:56)
	4:04 (44:00)	1:30 (52:34)		0:36 (53:10)	
5.	Elin Holm Jensen	3:04 (8:26)	Horsens OK	54:51 +15:21	4:07
	5:22 (5:22)	3:25 (11:51)		6:12 (18:03)	3:12 (21:15)
	2:52 (24:07)	6:38 (33:18)		6:24 (39:42)	3:01 (42:43)
	3:58 (46:41)	1:34 (54:01)		0:50 (54:51)	
6.	Ulla Hooge	2:37 (8:09)	OK ØST Birkerød	56:22 +16:52	19:07
	5:32 (5:32)	2:21 (10:30)		4:10 (14:40)	2:27 (17:07)
	1:51 (18:58)	5:38 (26:23)		2:57 (29:20)	2:06 (31:26)
	1:52 (33:18)	1:14 (55:55)		0:27 (56:22)	
7.	Claus Mikkelsen	3:21 (12:28)	Herlufsholm OK	58:40 +19:10	6:20
	9:07 (9:07)	3:28 (15:56)		6:13 (22:09)	3:57 (26:06)
	4:08 (30:14)	4:33 (37:56)		4:39 (42:35)	3:20 (45:55)
	2:57 (48:52)	1:38 (57:49)		0:51 (58:40)	
8.	Inge Madsen	4:27 (17:23)	OK73	1:01:32 +22:02	10:46
	4:37 (34:17)	2:53 (20:16)		5:59 (26:15)	3:25 (29:40)
	3:32 (54:21)	4:51 (41:25)		5:52 (47:17)	3:32 (50:49)
		1:24 (1:00:52)		0:40 (1:01:32)	
9.	Kristine Bihrmann	4:53 (11:04)	OK73	1:01:37 +22:07	3:03
	6:11 (6:11)	3:24 (14:28)		6:25 (20:53)	4:04 (24:57)
	3:12 (28:09)	5:52 (37:05)		5:04 (42:09)	4:05 (46:14)
	4:29 (50:43)	1:43 (1:00:28)		1:09 (1:01:37)	
10.	Frank Sandgreen	3:40 (11:04)	FSK Orientering	1:01:44 +22:14	9:28
	7:24 (7:24)	3:06 (14:10)		5:50 (20:00)	8:19 (28:19)
	2:50 (31:09)	4:42 (38:28)		5:11 (43:39)	6:01 (49:40)
	3:35 (53:15)	1:39 (1:00:48)		0:56 (1:01:44)	
11.	Leo Mathiesen	4:56 (11:07)	FSK Orientering	1:05:11 +25:41	2:22
	6:11 (6:11)	3:54 (15:01)		6:43 (21:44)	4:44 (26:28)
	3:56 (30:24)	6:10 (41:07)		6:04 (47:11)	3:59 (51:10)
	4:00 (55:10)	1:44 (1:04:23)		0:48 (1:05:11)	
12.	Lise Kolte	4:14 (11:34)	FSK Orientering	1:06:23 +26:53	6:01
	7:20 (7:20)	4:14 (15:48)		7:26 (23:14)	3:55 (27:09)
	3:48 (30:57)	5:05 (40:04)		7:07 (47:11)	3:24 (50:35)
	4:30 (55:05)	1:42 (1:05:28)		0:55 (1:06:23)	
13.	Bente Keil	4:48 (11:39)	Lyngby OK	1:06:37 +27:07	4:13
	6:51 (6:51)	3:56 (15:35)		7:38 (23:13)	5:32 (28:45)
	4:48 (33:33)	6:11 (42:24)		5:21 (47:45)	4:24 (52:09)
	3:24 (55:33)	1:50 (1:05:55)		0:42 (1:06:37)	
14.	Ilsabe Børsting	4:50 (10:42)	Herlufsholm OK	1:12:40 +33:10	10:56
	5:52 (5:52)	4:23 (15:05)		14:15 (29:20)	3:48 (33:08)
	3:59 (37:07)	6:51 (49:39)		5:56 (55:35)	4:09 (59:44)
	3:16 (1:03:00)	1:05 (1:12:11)		0:29 (1:12:40)	
15.	Bent Mortensen	3:18 (9:33)	OK73	1:14:27 +34:57	15:15
	6:15 (6:15)	3:29 (13:02)		7:51 (20:53)	9:17 (30:10)
	5:50 (36:00)	11:20 (50:06)		4:38 (54:44)	3:50 (58:34)
	3:20 (1:01:54)	2:00 (1:13:20)		1:07 (1:14:27)	
16.	Liselotte Andersen	5:28 (12:33)	Ballerup OK	1:17:30 +38:00	13:07
	7:05 (7:05)	7:48 (20:21)		7:02 (27:23)	6:50 (34:13)
	3:32 (37:45)	12:46 (53:46)		5:46 (59:32)	4:16 (1:03:48)
	3:27 (1:07:15)	1:52 (1:16:23)		1:07 (1:17:30)	
17.	Holger Karlsmose	5:02 (11:07)	Farum OK	1:18:07 +38:37	11:38
	6:05 (6:05)	4:40 (15:47)		6:21 (22:08)	10:07 (32:15)
	3:53 (36:08)	10:47 (49:55)		6:19 (56:14)	4:22 (1:00:36)
	4:26 (1:05:02)	3:08 (1:17:08)		0:59 (1:18:07)	
18.	Anne-Marie Bech	4:54 (14:22)	FSK Orientering	1:22:46 +43:16	14:03
	9:28 (9:28)	4:03 (18:25)		10:11 (28:36)	4:35 (33:11)
	10:13 (43:24)	5:35 (51:50)		7:11 (59:01)	5:12 (1:04:13)
	4:11 (1:08:24)	1:52 (1:21:55)		0:51 (1:22:46)	
	Inger Jensen	5:47 (17:42)	FSK Orientering	Fejlklip	
	11:55 (11:55)	– (–)		– (–)	– (–)
	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)		– (48:46)	
	Poul Gregersen	4:42 (12:40)	Ballerup OK	Fejlklip	
	7:58 (7:58)	5:39 (18:19)		9:57 (28:16)	7:24 (35:40)
	4:45 (40:25)	– (–)		– (–)	– (–)
	– (–)	– (–)		– (1:26:48)	

Birger Hoff

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Jytte Eltang

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Louise Belmonte

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1. Magne Funder Skovlyst

1:27 (1:27) 2:41 (4:08)
 2:09 (13:21) 2:04 (15:25)
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FIF Hillerød

2:49 (6:57)
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Tidstab

1:34

2:06 (9:03) 2:09 (11:12)
 3:02 (19:48) 1:55 (21:43)
 4:40 (34:20) 0:48 (35:08)

2. Amalie Broman

2:05 (2:05) 3:20 (5:25)
 2:18 (17:05) 2:25 (19:30)
 3:07 (30:15) 5:52 (36:07)
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3. Lærke Konring Larsen

1:41 (1:41) 4:40 (6:21)
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4. Signe Elin Gram

2:53 (2:53) 3:17 (6:10)
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5. Pierre Skipper

2:22 (2:22) 4:48 (7:10)
 3:16 (23:07) 2:34 (25:41)
 4:00 (45:52) 3:59 (49:51)
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Ballerup OK

4:45 (11:55)
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4:23 (16:18) 3:33 (19:51)
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6. Kirsten Lange

3:15 (3:15) 4:40 (7:55)
 3:23 (23:12) 5:08 (28:20)
 6:54 (49:23) 4:28 (53:51)
 0:30 (1:07:22)

Allerød OK

5:50 (13:45)
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3:33 (17:18) 2:31 (19:49)
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 7:20 (1:05:46) 1:06 (1:06:52)

7. Asger Brejnrod

3:18 (3:18) 4:11 (7:29)
 7:11 (26:02) 4:58 (31:00)
 13:47 (55:27) 4:47 (1:00:14)
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Vakant

5:58 (13:27)
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2:45 (16:12) 2:39 (18:51)
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8. Thomaas Bonde

4:17 (4:17) 4:12 (8:29)
 7:10 (26:56) 4:57 (31:53)
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Vakant

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9. Eva Volfing

3:09 (3:09) 4:33 (7:42)
 5:13 (38:09) 3:36 (41:45)
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Vakant

16:09 (23:51)
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10. Christina Nilsson

5:04 (5:04) 5:54 (10:58)
 4:48 (39:30) 6:04 (45:34)
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Vakant

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11. Ivan Martinez

Vakant

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	8:39 (8:39)	15:38 (24:17)	11:02 (35:19)	3:27 (38:46)	2:35 (41:21)
	3:33 (44:54)	3:03 (47:57)	3:38 (51:35)	15:24 (1:06:59)	8:47 (1:15:46)
	6:03 (1:21:49)	5:14 (1:27:03)	2:26 (1:29:29)	5:39 (1:35:08)	1:13 (1:36:21)
	0:36 (1:36:57)				
12.	Mette Lykke Hansen	Amager OK	1:38:39	+1:03:12	38:49
	36:23 (36:23)	4:20 (40:43)	5:48 (46:31)	5:00 (51:31)	2:20 (53:51)
	3:45 (57:36)	5:02 (1:02:38)	4:23 (1:07:01)	6:01 (1:13:02)	4:05 (1:17:07)
	3:53 (1:21:00)	4:46 (1:25:46)	3:59 (1:29:45)	6:54 (1:36:39)	1:12 (1:37:51)
	0:48 (1:38:39)				
13.	Erik Andersen	OK73	1:51:36	+1:16:09	26:00
	3:23 (3:23)	6:34 (9:57)	4:40 (22:24)		3:00 (25:24)
	5:57 (31:21)	9:47 (41:08)	7:49 (1:00:42)		5:11 (1:05:53)
	8:43 (1:14:36)	7:56 (1:22:32)	20:31 (1:49:07)		1:29 (1:50:36)
	1:00 (1:51:36)				
	Anders Thilqvist	OK Skærmø Hareskov	Ej startet		
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