

Klubstartliste – Efterårsløbet 5. okt 2025

2025-10-05

Allerød OK

–	Lars Lyngsø	Bane 2 sort	8750 m	Start	8534765
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AMOK

–	Rasmus Blomqvist	Bane 8 blå	3225 m	Start	407152
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AS Feltsport

–	Carsten Elhøj	Bane 4 sort	6275 m	Start	8512075
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Ballerup OK

–	Kasper Thode Schiøtt	Bane 10 gul	3350 m	Start	250044
–	Alice Brødsgaard	Bane 11 hvid	3175 m	Start	1506324
–	Malthe Thode Schiøtt	Bane 11 hvid	3175 m	Start	8529008
–	Anne Marie Thommesen	Bane 2 sort	8750 m	Start	8524528
–	Joakim Ilsing Sørensen	Bane 2 sort	8750 m	Start	8016659
–	Gregers Jørgensen	Bane 3 sort	7975 m	Start	8620940
–	Lars Hanghøj Petersen	Bane 3 sort	7975 m	Start	1290555
–	Peter Nørgaard	Bane 3 sort	7975 m	Start	8050005
–	Morten Schiøtt	Bane 4 sort	6275 m	Start	250063
–	Bent Lishmann Nielsen	Bane 5 sort	5775 m	Start	8529005
–	Claus Cederberg	Bane 5 sort	5775 m	Start	8505432
–	Diana Cederberg	Bane 5 sort	5775 m	Start	8009298
–	Annette Bonde	Bane 6 sort	4850 m	Start	8667751
–	Lise Thode Schiøtt	Bane 6 sort	4850 m	Start	2166688
–	Maiken Andersen	Bane 6 sort	4850 m	Start	8009114
–	Bodil M. Mortensen	Bane 7 blå	4275 m	Start	1071096
–	Ellen Kühn Jensen	Bane 7 blå	4275 m	Start	8533425
–	Hanne Frost	Bane 7 blå	4275 m	Start	1428720
–	Jimmy Hoen	Bane 7 blå	4275 m	Start	2086036
–	Johanne Lind	Bane 8 blå	3225 m	Start	8645166
–	Kirsten Truelsen	Bane 8 blå	3225 m	Start	1406263
–	Poul Gregersen	Bane 8 blå	3225 m	Start	1411619

DSR

–	Kim Clausen	Bane 3 sort	7975 m	Start	407153
–	Christina Bøje	Bane 5 sort	5775 m	Start	2213996

Farum OK

–	Christian Vindegaard Grønberg	Bane 4 sort	6275 m	Start	505023
–	Marianne Holm	Bane 4 sort	6275 m	Start	8640269
–	Vera Mullerova	Bane 4 sort	6275 m	Start	8016642
–	Rikke Zethner-Møller	Bane 5 sort	5775 m	Start	911228
–	Jens Korsholm	Bane 7 blå	4275 m	Start	8667872

–	Kai Beck-Andersen	Bane 7 blå	4275 m	Start	2119100
–	Annlou Husen	Bane 8 blå	3225 m	Start	8645157
–	Ulrik Danneskiold-Samsøe	Bane 8 blå	3225 m	Start	2117593

FIF Hillerød

–	Søren Sloth	Bane 5 sort	5775 m	Start	8500981
–	Emil Olesen	Bane 7 blå	4275 m	Start	8505430
–	Eva Konring Olesen	Bane 7 blå	4275 m	Start	8505429
–	Jens Høgsfeldt	Bane 7 blå	4275 m	Start	8033388
–	Betty Folino	Bane 8 blå	3225 m	Start	8524535

FSK Orientering

–	Kurt Thuesen	Bane 5 sort	5775 m	Start	8512040
–	Inger Jensen	Bane 8 blå	3225 m	Start	8009130
–	Karl Aage Hald	Bane 8 blå	3225 m	Start	407734
–	Lise Kolte	Bane 8 blå	3225 m	Start	2166687

Herlufsholm OK

–	Claus Børsting	Bane 5 sort	5775 m	Start	1112159
–	Ilsabe Børsting	Bane 7 blå	4275 m	Start	8097145

Holbæk OK

–	Johnny Hansen Boonserm	Bane 7 blå	4275 m	Start	2153445
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Jernbanefritid

–	Gert Krowicki	Bane 10 gul	3350 m	Start	212230
–	Lars Sørensen	Bane 5 sort	5775 m	Start	1402998
–	Allan Grundsøe	Bane 6 sort	4850 m	Start	681771
–	Malene Løkke	Bane 6 sort	4850 m	Start	302132
–	Martin Schwartz	Bane 6 sort	4850 m	Start	343740
–	Niels Aabye	Bane 6 sort	4850 m	Start	8002523

Køge OK

–	Karsten Richardt	Bane 7 blå	4275 m	Start	8657111
–	Tage Ebbensgaard	Bane 7 blå	4275 m	Start	8533410

Lyngby OK

–	Jesper Lægsgaard	Bane 2 sort	8750 m	Start	8009300
–	Henrik Albahn	Bane 3 sort	7975 m	Start	888950
–	Sebastian I.V. From	Bane 3 sort	7975 m	Start	8657106

OK Skærm Hareskov

–	Morten Foverskov				249399
–	Anna Mosbech				444513
–	Ida Mosbech Smith				2074609
–	Charlotte Ager-Woxholt				364986
–	Katrine Jacobsen				8524565
–	Niels Hamborg Jensen				2049230

OK ØST Birkerød

–	Per Windfeld-Hansen	Bane 5 sort	5775 m	Start	8631626
–	Ulla Hooge	Bane 8 blå	3225 m	Start	8657116

OK73

–	Christina Staalgaard	Bane 10 gul	3350 m	Start	2166685
–	Hanne Bech	Bane 10 gul	3350 m	Start	2117590
–	Robin Larsen	Bane 10 gul	3350 m	Start	2166686
–	Karin Hulgaard	Bane 4 sort	6275 m	Start	8533428
–	Camilla Bøgevig Larkai	Bane 5 sort	5775 m	Start	1402038
–	Martin Hjorth	Bane 5 sort	5775 m	Start	1170281
–	Michael Hjorth	Bane 5 sort	5775 m	Start	1170297
–	Hugo Frederiksen	Bane 6 sort	4850 m	Start	8323159
–	Inge Madsen	Bane 8 blå	3225 m	Start	2074617
–	Jørn Andreassen	Bane 8 blå	3225 m	Start	434070
–	Michael Galthen Ibsen	Bane 8 blå	3225 m	Start	1413389

OKR

–	Morten Jensen	Bane 6 sort	4850 m	Start	8506678
–	Anja Andersson	Bane 7 blå	4275 m	Start	1221171

PI-København

–	Svend Christiansen	Bane 1 sort	10925 m	Start	8012040
–	Bruno Stub	Bane 5 sort	5775 m	Start	8626199
–	Line Stub	Bane 7 blå	4275 m	Start	1411289
–	Susan Houmark Stub	Bane 7 blå	4275 m	Start	8681903

Søllerød OK

–	Frede Lillelund	Bane 3 sort	7975 m	Start	8664232
–	Peter Becker	Bane 3 sort	7975 m	Start	8143228
–	Fiona Becker	Bane 4 sort	6275 m	Start	8260918
–	Jakob Døpping	Bane 4 sort	6275 m	Start	8050668
–	Anne Skovbæk	Bane 6 sort	4850 m	Start	8143213
–	Niels Raagaard	Bane 7 blå	4275 m	Start	1407799
–	Ole Berner	Bane 7 blå	4275 m	Start	889253
–	Jørgen Luxhøj	Bane 8 blå	3225 m	Start	1413400

THOK

–	John Cordua	Bane 3 sort	7975 m	Start	8529012
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